



475

People admitted for
Primary Treatment

206

People admitted for Detox -
102 adults & 104
young people

549

People admitted
to community based
Continuum of Care
Programme

Annual Report 2022

Aiséirí provides a unique suite of addiction treatment services for adults, young people, and their families.

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ABOUT AISÉIRÍ

Aiséirí is a 12-step treatment programme. We are one of Ireland's longest-established addiction treatment services. Our four centres of excellence combine experience and expertise that provide us with a comprehensive understanding of the complexity of addiction. With a high success rate for lifetime recovery, Aiséirí has changed thousands of lives, not just those of addicts but those of the families and loved ones who also suffer because of addiction.

Throughout our four Centres, we provide, detox, rehabilitation, secondary treatment, and a sober living programme for people who have suffered mentally, emotionally, physically, and spiritually as a result of alcohol, drug, and gambling abuse. We provide a two-year Continuum of Care Programme Support Programme for residents and family members after residential treatment is complete. We also support people who have completed secondary treatment to access meaningful work, education, and training through our special Community Employment Programme.

Aiséirí means resurrection or new beginnings and our work is dedicated to bringing about change in people's lives, transforming their dependence on alcohol, drugs, and gambling, and helping them move away from the destructive impact it has had on themselves, their families, and communities and to move towards living a meaningful life in recovery.

STRATEGIC OBJECTIVES

To deliver and enhance addiction treatment and recovery services in line with international best practices in terms of quality and effectiveness.

To progress and implement a HR strategy that values, respects, and enhances the professional development of all staff and volunteers.

To improve the current services through continuous research and development.

To ensure the long-term financial sustainability of Aiséirí.

To develop a robust governance and management structure.

ABOUT AISÉIRÍ

Services for Adults

Aiséirí Cahir

- Residential Detoxification
- Residential Primary Treatment

Aiséirí Wexford

- Residential Primary Treatment

Aiséirí Waterford

- Residential Secondary Treatment & Sober Living
- Aiséirí Progression Programme (Education & Training) Loved Back to Life Social Enterprise

Continuum of Care

- Two-year post-residential treatment support in the community

Support for Families

- Family Day is every Wednesday in Aiséirí Primary treatment
- Family conferences on a needs basis
- 2-year Continuum of Care Concerned Persons Group.

Services for Young People

- Aiséirí Aislinn, Co. Kilkenny
- Residential Detoxification
- Residential Primary Treatment
- Two year post-residential treatment support in the community
- Family Day is every Wednesday in Aiséirí Primary Treatment
- Family conferences on a needs basis
- 2-year Continuum of Care Recovery Support Programme



SERVICES PROVIDED

Residential Detoxification

The detoxification programme is a minimum of one week. The detoxification service provides medical, nursing and clinical support to adults and young people during detoxification. This period of treatment provides psychosocial education and other relevant supports to prepare the individual for treatment.

Aiséirí provides benzodiazepine, alcohol, opioid and symptomatic detoxification from non-physically dependent substances. Medication may be administered to a client if deemed necessary upon the medical professional assessment. The medication regime can be prescribed for a number of days on a titrated dose. During this period, the clients are closely observed through objective and subjective assessments by the nursing and clinical team. When the client has safely finished their detox regime, they then move on to the therapeutic treatment programme

Primary treatment is a 28-day (for adults) 42-day (for young people) six-week, 12-step programme. It provides the client with the knowledge, understanding and tools to live an abstinence-based life and to make healthy choices. It promotes and supports each person's wellbeing in recovery. A range of the following 14 therapies are incorporated into the Resident's Treatment: One-to-One Counselling, Group Therapy, Psychodrama, Creative Art, Education, Recreational Therapy, Behavioural Therapy, Holistic Therapy, EMDR, Peer Groups, Crisis Intervention, Motivational Interviewing, Meditation, Interagency Conferences, Family Conferences, and Health Promotion. Preparation for Independent Living, Social Skills, and Life Skills are also offered as tools for the clients in preparation for their life in recovery.



SERVICES PROVIDED

Secondary Treatment

Céim Eile provides both men and women with the opportunity to extend their treatment journey. Secondary Treatment is for those who need additional time, support and treatment to gain the skills and confidence to build a life in early recovery. Clients in need of additional treatment are identified based on need in primary treatment. Following assessment, they may be offered a place in secondary treatment based on suitability, need and availability.

Secondary treatment provides residents the opportunity to solidify their recovery in a new supportive environment, explore challenges, identity, consequence, hopes, fears, motivations & learn new life skills. Secondary Treatment is for a six month period. Paralleling international best practice, we provide gender-specific treatment settings.

Sober Living, The Progression Programme and The Social Enterprise can also be accessed by referral on a needs basis.

Continuum of Care

Adults, Young people and their families are also provided with a continuum of care plan upon completion of the primary treatment. This runs once weekly for two years and as a result of Covid-19 is now in a hybrid model which runs on zoom and/or in person.

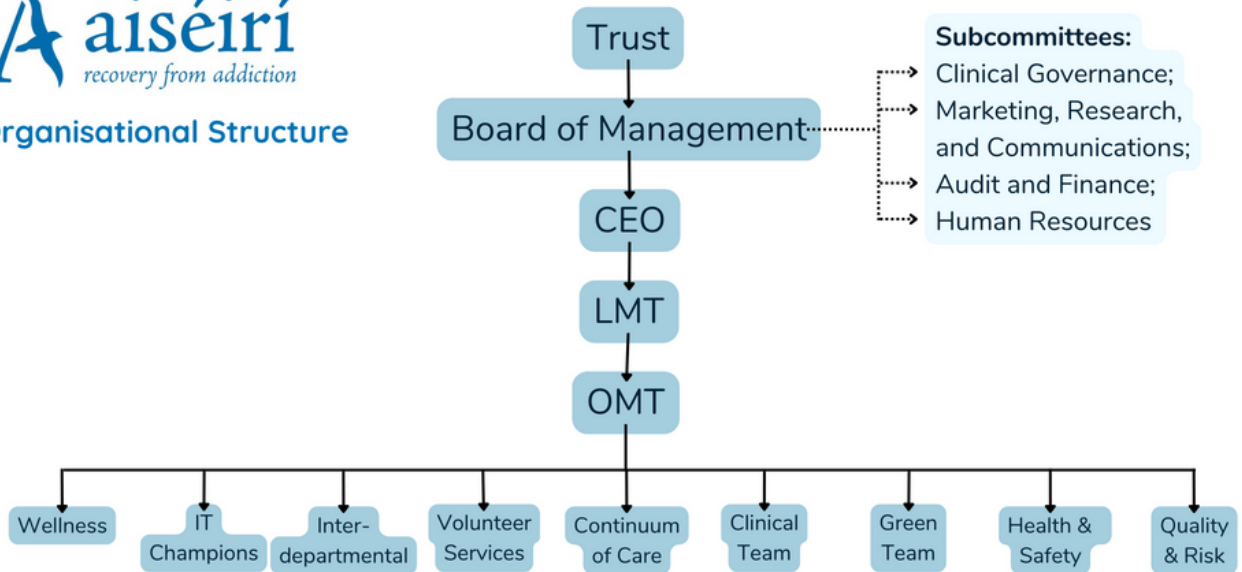
The online continuum of care appears to suit the young people and engagement has increased significantly since its introduction.



ORGANISATIONAL STRUCTURE



Organisational Structure



Board of Directors

Tom O’Dwyer	Chairperson	Marie Ahern	Board Member
Catherine O’Callaghan	Board Member	Nicola Connery	Board Member
Anne Cuffe	Board Member	Matthew Breen	Board Member
Stephen Costello	Board Member	Peter Finnegan	Board Member
Ronan Fawsitt	Board Member	Paul Murray	Board Member
Marie Walsh	Board Member		

TRUST

- Jerome Casey
- Sr. Eileen Fahey
- Sr. Veronica Mangan
- Cyril Darcy
- Bríd Bates
- Maureen Fahey



VISION, MISSION, VALUES

VISION

Aiséirí believes in the priceless potential of people and that recovery from addiction is possible for everyone.



MISSION

Aiséirí provides community and residential services to help young people, adults and families overcome addiction and lead meaningful lives in recovery.

VALUES



Hope

By promoting abstinence, we inspire hope for recovery in a safe, non-judgemental environment.



Recovery

We believe everyone has the potential to recover and have a fulfilled, worthwhile future, transforming their lives and that of their families.



Compassion

Compassion leads us to empathise with our clients as we journey with them in trust and confidence.



Excellence

Our innovative, evidence-based therapies are delivered with a quality that seeks the highest standards at all times.



Respect

We honour the unique dignity of each person as we support them in addressing their needs.

ATTITUDE OF GRATITUDE

Aiséirí would like to offer our sincere gratitude to our partners, funders and supporters. The impact of your support has aided us in helping young people, men and women, their families and their communities to move forward in recovery. From state agencies, local organisations to individuals, we would like to say **Thank You** for being a significant part of this journey.



An tSeirbhís Phromhaidh
The Probation Service



An Roinn Coimirce Sóisialaí
Department of Social Protection



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



An Ghníomhaireacht um
Leanaí agus an Teaghlach
Child and Family Agency



**RETHINK
IRELAND**



kcetb

Bord Oideachais agus Oiliúna
Chill Chainnigh agus Cheatharlach
Kilkenny and Carlow
Education and Training Board

CHAIRPERSON STATEMENT

TOM O'DWYER

As hoped 2022 saw an end to the Covid 19 global pandemic and the Irish Government removed most Covid 19 restrictions on 22nd January 2022. The Health (Preservation and Protection and Other Emergency Measures in the Public Interest) Act 2020 ended on 31st March 2022.

Society gradually returned to a form of normality with masks and face coverings applicable only in certain health and care facilities. The pervasive effects of the Pandemic will no doubt remain however for some time to come and have changed many aspects of our society and how health and social services are managed and delivered.

The additional costs of running our services with lingering Covid 19 staff absences and costly agency replacements brought significant pressure on our financial situation at the end of 2022 and required emergency funding from the HSE for which the Board is extremely grateful. It enabled our services to continue to operate and once again I am proud to acknowledge that Aiseiri was the only residential service of its type to remain open throughout the entire Pandemic. This was acknowledged by the HSE in terms of the additional funding provided at the end of 2022. I am delighted to say that this additional funding was incorporated as part of our core funding for 2023 placing the organisation on a sound financial footing as we head into a new era post pandemic.

As I referenced in my Chairman's Statement last year, the existence of the Covid-19 pandemic did not diminish the incidence of addiction in our society and indeed much of the demonstrative evidence continues to suggest lockdowns and social isolation was a challenge for many people.

The year 2021 had seen our highest number of admissions to date, with 452 being admitted for primary treatment. This figure was actually surpassed in 2022 with 475 admitted for treatment.

I am delighted to report that our celebration events, staff days and medallion days returned to an in person format as we progressed through 2022. While extraordinary measures adopted for such celebrations during the period of the pandemic were successful, there is no doubt that a return to in-person meetings and celebrations of our client's achievements was greatly appreciated by all involved.

The significant expansion of our Information Technology Systems and increased digital engagement facilities and methodologies, which were a necessary part of our service delivery for families and outreach activities during the Pandemic, place us now in a strong position as we look ahead and give us the necessary digital platform for the future.

Our Board of Directors also returned to in person meeting in 2022 and I want to take this opportunity to acknowledge the ongoing commitment and engagement of my fellow Directors and indeed the invaluable support of our Trustees.

As advised in my last Statement, 2022 saw significant work undertaken on a new Strategic Plan for the organisation. The return to in person meetings and consultations facilitated a thorough examination of our future priorities and it is hoped that the new Strategic Plan will be published in mid-2023, hopefully to coincide with the 40th Anniversary of the establishment of Aiseiri by Sr Eileen Fahey, in Cahir in 1983.

Once again, I want to acknowledge and thank our stakeholders and funders who have continued to support us and without whose help and financial support we could not operate. I also want to acknowledge at this time the many organisations, agencies and businesses that support us in different ways. Aiséirí has built up a presence and reputation over the years and this is reflected in community support which manifests itself in lots of different ways.

None of this would be possible of course without the input of a truly dedicated staff team in Aiséirí, lead by a dynamic and progressive Management Team. On behalf of the Directors and Trustees, I want to thank all the staff for their huge contribution to our services and the changes they help bring to the lives of so many people each year. When we come to write the history of the period of the Pandemic there will be much reflection on how as a country and society we responded to the fears, the challenges and the opportunities. I hope that it will be acknowledged that throughout this period, Aiséirí continued to develop, move forward and keep the focus on providing a quality addiction treatment service for our clients, their families and communities.

All of the activity in Aiséirí is underpinned and guided by our vision: we believe in the priceless potential of people and that recovery from addiction is possible for everyone. That is the guiding force that drives all of our activities and initiatives.

Tom O'Dwyer
Chairperson



CEO STATEMENT

MARY HENNESSY

Reflecting on 2022, I would like to firstly acknowledge all the clients and their family members who have come through the doors of Aiséirí over this past year. Your strength, resilience and commitment to recovery keeps hope alive and makes every day so meaningful for the staff teams in Aiséirí.

For me, the Medallion Days and Celebration Days were the highlights of the year, as we returned to in person events post covid. Visiting each of our four Centres and meeting past clients who are celebrating a year of recovery alongside family members is the essence of what our organisation is all about. I was so inspired by one young woman in Aiséirí Aislinn Adolescent Treatment Centre on Medallion Day, who said; ‘treatment in Aiséirí has not just been life changing, it has been lifesaving’. I will always remember that young woman talking about her hopes, goals and aspirations as her family looked on with pride.

Each year, I like to take the opportunity, at this time, to thank all the staff teams across the different departments. The work is not always easy and I want you to know that you are appreciated every day. I am inspired by the energy, commitment and enthusiasm that you demonstrate on a daily basis.

Promoting connection throughout the teams was a strong theme of 2022 within Aiséirí – as we were still feeling the wrath of the implications of Covid 19. This was done through our Staff Wellness Programme in its new format. We enjoyed new partnerships and innovations through support from the Gambling Awareness Trust and Rethink Ireland and continued to enjoy excellent relationships with the network of organisations, companies, funders, businesses and individuals who are true advocates for recovery – thank you to all of you.

In the latter part of 2022, our Social Enterprise was established and this will create further opportunities for our clients as they move forward on their recovery journey. On the theme of connection, we looked towards our peers in Ukraine as the war unfolded we considered those working on their recovery in the face of such adversity.

We connected with a 12 step treatment centre in Dnipro and enjoyed building a relationship with the staff and clients and learning about the similarities and differences of our treatment centres in an Irish context and a Ukrainian context. We held a day of solidarity for in Aiséirí, Cahir, had numerous zoom calls, shared videos and recordings. The whole experience has been fun and educational and we look forward to fostering this relationship further over the coming years.

2022 was a year of grounding and embedding a new management team structure. It was my first full year in the position of CEO and the first full year of the Leadership Management Team and Operation Management Team Structure. Aiséirí also changed from a Company Limited by Shares to a Company limited by Guarantee.

In Aiséirí, we have always prided ourselves on our commitment to strengthening our services and our innovative approaches to adapting to the needs of our clients and new trends emerging. So, as we began the process of devising our Key Priorities for our Strategy 2024 – 2028, we are motivated and confident in the knowledge that recovery works. We will continue the process of preparing our Strategic Plan throughout 2023, which includes consultation and dialogue with all our stakeholders. I would like to emphasise my gratitude to the Board of Directors, Leadership Management Team and Frank Munnely, Wavestone, for their commitment and leadership throughout this process and I look forward to continuing this throughout 2023. The launch of this plan will coincide with celebrating 40 years since Sr Eileen Fahey opened the doors of Aiséirí Cahir. We will also celebrate 25 years since Sr Veronica Mangan opened Aiséirí Aislinn Adolescent Treatment Centre.

Aiséirí is operating in an environment in which many changes have taken place in the patterns and prevalence of gambling, drug and alcohol use in Ireland and the manner in which the health care system is responding to these changes. We will continue to face adversities. However, Aiséirí is an outward looking and progressive organisation and I look forward to rising to these challenges alongside the Board, Trustees, Management Team and all of our staff members to continue changing the lives of those who are struggling due to addiction.

Mary Hennessy

CEO

QUALITY AND GOVERNANCE

Aiséirí is committed to maintaining the highest standard of governance in all of our activities. Aiséirí is a registered charity and is also a designated activity company limited by shares. Our purpose and objectives are laid out in our Memorandum of Association. Aiséirí's audited accounts are fully compliant with FRS 102, the financial reporting standard applicable in the UK and Republic of Ireland. Aiséirí complies with the Governance Code for Community, Voluntary and Charitable organisations in Ireland.

Governance Code

We confirm that a review of our organisation's compliance with the principles in the Code was conducted and was based on an assessment of our organisational practice against the recommended actions for each principle:

Principle 1. Leading our organisation.

Principle 2. Exercising control over our organisation.

Principle 3. Being transparent and accountable.

Principle 4. Working effectively.

Principle 5. Behaving with integrity.

We confirm that our organisation is committed to the standards outlined in these principles. We commit to reviewing our organisational practice against the recommended actions for each principle every year.

We are accredited by CHKS.

CHKS is a leading provider of healthcare intelligence and quality improvement services. CHKS assurance services combine data analysis with site assessments to benchmark care standards against national quality standards, and highlights areas of good practice and opportunities for improvement.



CHKS STANDARDS 2022

Excerpts from CHKS Feedback

Leadership, Governance and Financial Management: Aiséirí, as an organisation, is well-led and leaders has the capability and skills to provide an effective and efficient service to the clients. They understand and manage the priorities and issues the organization faces especially in Q1 due to Covid pandemic pressures. Leaders are actively involved in decision-making to support a safe and responsive approach to staffing and to provide uninterrupted services.

The organisation continuously seeks innovative ways of working and identifies areas where the services can be improved. Leaders piloted a 'Ukraine partnership' under which, Aiseiri contacted centres in Ukraine that provide a 12-step addiction programme. In addition to providing great learning experience for the clients and staff, it was a gesture of solidarity shown to people of Ukraine at time of political crisis and this was a huge boost to staff morale.

Senior leaders are visible and approachable to clients and staff. Integrated governance strategies are in place. Clearly defined reporting mechanisms are in place through various committees and working groups, providing the board with the assurance of safe and effective organisation. Overall, the evidence reviewed and discussed confirms strong leadership and effective governance across the organisation.

Risk Management and Internal Management (Quality) System Well-embedded systems are in place to minimise risks. Staff are trained in identifying and escalating risks. Non-clinical risk assessments are carried out each month by on-site staff and on a yearly basis by a health and safety officer at each of the four sites. Clinical risk assessment is done during screening at the time of admission and any issues related to clinical risk are discussed at a Clinical governance sub-committee which has representation from psychologists, nurses, and doctors. The Incident management system is well-developed and reporting mechanisms have recently been revised to align with the HSE incident reporting system. Learning from incidents is shared across sites through managers' meetings as evidenced during the interviews. Aiseiri maintains an organisational risk register which is monitored within the governance framework and is regularly reviewed.



EXCERPTS FROM CHKS FEEDBACK

Aiseiri has a well embedded process for management of documents. All the documents reviewed are in date and are subjected to regular audits. As discussed during the interviews, the organisation is in the process of further consolidating document control, so that only one and the final version is available to the staff.

Audits are carried out as scheduled and action plans are implemented. One of the examples cited for improvement actions resulting from audits was provision of locked cabinets for storing patients' property. Aiseiri is a learning organisation and has a big focus on continuous quality improvement.

The QI initiative was prompted from client evaluations, which also evidences that Aiseiri is sensitive to the needs of clients and strives to provide the highest level of services. In summary, Aiseiri demonstrated that clear assurance systems are in place for management of risk with regular monitoring.

Management of Equipment and Facilities The evidence seen verifies that there are well embedded processes in place to ensure equipment is procured, installed, tested, calibrated, and serviced in line with manufacturer's instructions and the organisation maintains oversight of all these processes. Due to the nature and complexity of the equipment used, checks are completed at service level on a daily basis and results of checks are reported as required.

Customer Focus

It is evident that Aiseiri is a patient/ client centric organisation. Client evaluations are regularly collected and analysed to prompt improvements. An example of such an improvement given during interviews was incorporating well being measures such as yoga, meditation, Pilates etc, within the structure of the programme. The organisation is currently working on ways to improve the quality of feedback received such as sending feedback forms after 7-10 days of discharge to make evaluations more reflective.

Competent and Capable Workforce

“ It is clear from the evidence provided and the interviews on-site that the staff at Aiseiri are very efficient and resilient in their roles and exhibit strong team ethics. Staff take pride in their leaders and are proactive in supporting clients in every possible way. The organisation provides a range of staff benefits to promote staff wellbeing. ”

2022 IMPACT AT A GLANCE

475

Admissions into residential primary treatment

369 adults & 106 young people

206

Admissions into residential detox

102 adults & 102 young people

60

Admissions into residential secondary treatment & sober living

594

Admissions into the continuum of care programme

75%

Of graduates from the progression programme achieved their desired work/educational goal

475

The highest number of admissions to primary treatment to date

2022 IN PICTURES



ABOVE LEFT: Ukraine Solidarity Day
ABOVE RIGHT: Social Enterprise Establishment.

BELOW LEFT: Sara Cassidy, Head of Clinical Services, Gerry Carroll Head of Recovery Support Services and Mary Hennessy, CEO, at Aislinn Medallion Day 2022.

BELOW RIGHT. Mark Ronan and Gillian O'Brien Wexford Medallion Day.



2022 IN PICTURES

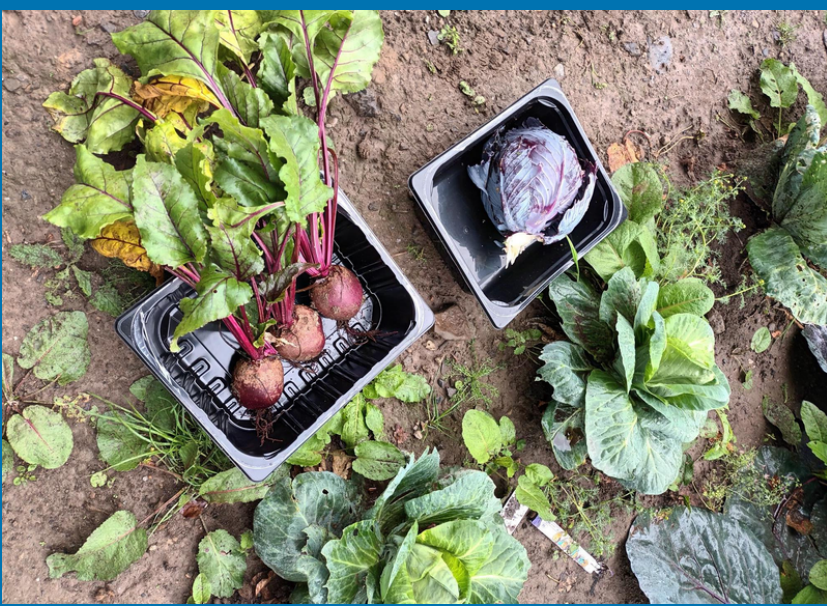


ABOVE & BELOW LEFT: Art & horticulture programme by the young people in Aislinn

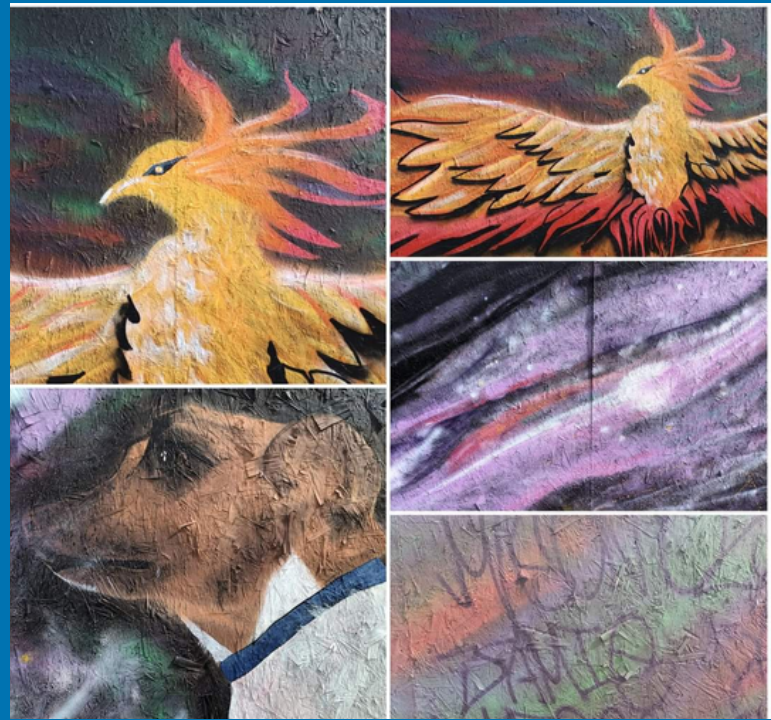


TOP RIGHT: The Progression Programme wins the Aontas Star Award for Social Inclusion.

BOTTOM RIGHT: The Sailing into Wellness Programme is always a highlight for the Ceim Eile residents and ex-residents.



2022 IN PICTURES



ABOVE LEFT: Medallion Day celebrations across the organisation.
ABOVE RIGHT: Waterford clients create a mural with Ben Hennessy, local artist.

BELOW LEFT: Mcdonald's supports the pilot of the Vocational Programme for Aislinn.
BELOW RIGHT: A gratitude morning event as part of Recovery Month



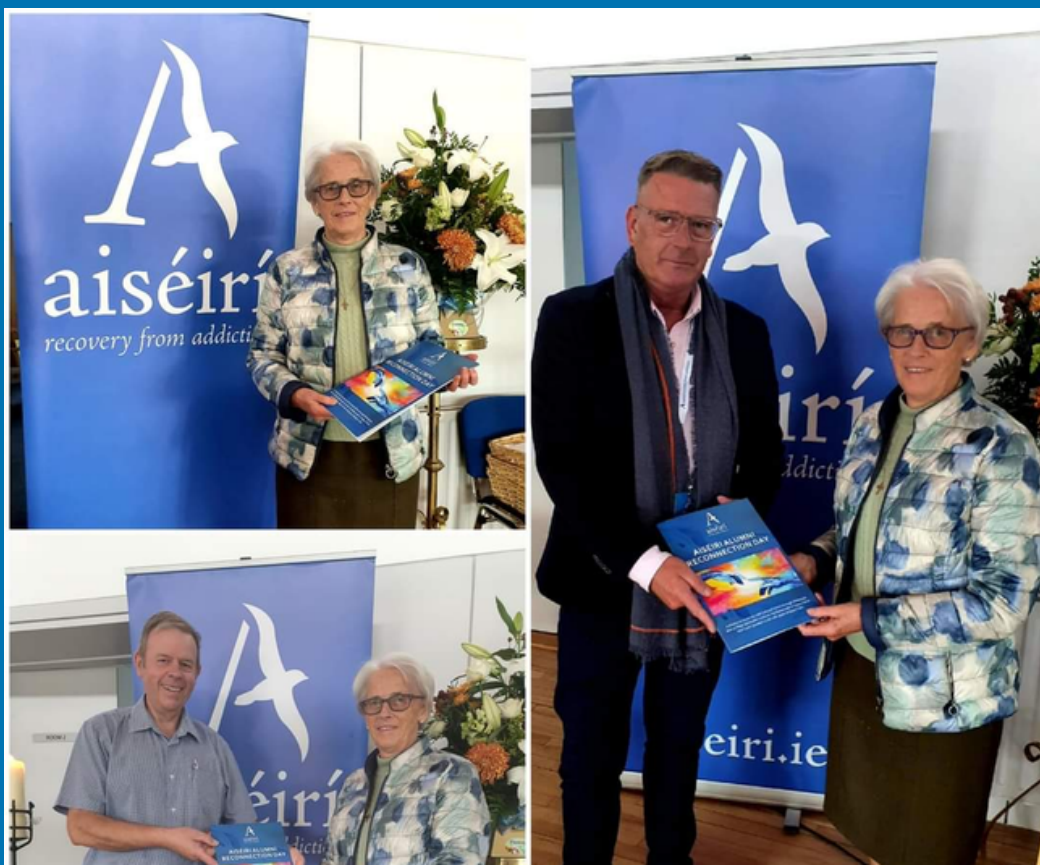
- Opening
Welcome and Introduction
Lighting of Candle of Hope.
for those who fought

2022 IN PICTURES



ABOVE LEFT: Staff member, Peter walks the Camino to raise funds for Aiséirí Wexford.
ABOVE RIGHT: Connecting with nature in the annual SII am Chroi Retreat.

BELOW LEFT: Foundress, Sr Eileen Fahey, with Gerry Carroll and John Tobin at the Alumni Day, Cahir.



CENTRE/SERVICES INSIGHTS 2022

Aiséirí Cahir

There was 211 admissions for primary treatment and 102 clients admitted for detox. Aiséirí Cahir, had the highest number of admissions since its establishment of Aiséirí Cahir in 1983.

We want to highlight our team is committed to whole family recovery. So while an individual is in treatment, we recognize the loved ones of this individual also need healing. We want to highlight that we are here to help not only the addict but their family too.

We can safely detox clients from alcohol, opiates, benzodiazepines, cannabis, cocaine, and various prescription drugs such as Lyrica & Zimovane.

Family Days happen every Wednesday and continue to be conducted using a hybrid model, as were all our Continuum Of Care Groups. These groups returned to in-person, but can also be conducted remotely where needed, using online platforms and teleconferences. Returning to in-person groups was a real highlight but so was continuing with the hybrid and online options that we got used to during Covid. Using online platforms and teleconferences removed access barriers for a lot of people.

I wish to take this opportunity to sincerely thank all staff for their hard work, dedication, and patience, it is remarkable how many lives have improved as a result of the services we provide in Aiséirí.

John Tobin
Operations Manager, Cahir



CENTRE/SERVICES INSIGHTS 2022

Aiséirí Wexford

There was 158 admissions in 2022. Alcohol was still the most abused substance, with cocaine use ever increasing. Sadly, we lost a small number of clients due to their addiction. Peter Brady our maintenance person, took on a monumental challenge of walking the entire Camino way (approx. 780km) and raised over €20,000 in the process! Thanks to Peter, we now have a brand-new sitting room and dining area.

We are also very proud of Claudia Jackman who passed her final accountancy exams. The challenges of 2022 centred mostly around medical support for clients in our care and our difficulties in accessing local GPs and dentists, at relatively short notice. We are looking forward to 2023 and what the year might bring. We have already planned to launch an annual alumni day, as Covid taught us how precious relationships are and staying in touch. We also plan to hold this year's wellness day here in Wexford. This will give us another opportunity to show off our wonderful grounds and scenic views. As always, we continue to look forward to meeting new friends and strengthen our community of recovery in the year ahead.

Clients having to community detox, and pre-treatment, can also be a barrier to accessing our service and further strengthens the need for an on-site detox unit.

I want to highlight the hard work and professionalism of all our staff team. Each and every member contributes in their own unique way to help make our centre a safe, peaceful and ultimately a life-changing experience.

David Curtin
Operations Manager, Wexford



CENTRE/SERVICES INSIGHTS 2022

Aiséirí Aislínn Adolescent Centre

106 young people were admitted into residential treatment for addiction, and 104 admissions for detox. The primary addiction of those seeking help was cannabis and drug use was the main reason for referral to Aislínn.

In 2022, young people also presented for treatment due to polysubstance misuse including alcohol, cocaine, benzodiazepines, and opiates. There is an increase in young people who have a dual diagnosis of mental health issues and addiction issues. Predominant diagnoses are anxiety, ADHD, PTSD, and depression. Young people who require a medication review also increased in 2022 to approximately 75%.

Consultant Child Psychiatrist, Dr Bobby Smyth is onsite bi-weekly to assess and monitor this. Trauma and adverse childhood events are often significant issues for young people seeking treatment. EMDR therapy is used for young people who have suffered severe trauma in their lives.

Family work is an integral part of treatment Aislínn maintained their support families throughout treatment, and on into their continuum of care. This is an area of treatment that Aiséirí intends to attribute additional resources to in the future.

Aislínn can be a very busy place where transformational work is carried out every day – well done to the young people and thank you and well done to the staff team. This would not be possible without your extraordinary efforts.

Gareth Duffy
Operations Manager, Aislínn



CENTRE/SERVICES INSIGHTS 2022

Aiséirí Ceim Eile & Sober Living, Waterford

60 people were admitted to Secondary Treatment and Sober Living Waterford. 58% were male and 42% female. Drug use was the main reason for referral.

The presenting challenge for Ceim Eile is that addiction is changing and the staff team must rise to and adapt to these changes. Age, gender, mental health, complex traumas, eating disorders, and fractured family relationships, are all part of the working week in Ceim Eile.

EMDR was introduced as a therapy this year and is proving very effective for clients working through trauma. The staff team are committed to upskilling and evolving to meet the presenting issues of our residents.

As Residents move through our programme of recovery and on into the wider community they have an instinctual desire to come back and help in a voluntary capacity with those in the early stages of their journey.

This is done through the fellowship meetings and return as guest speakers, sponsoring new residents, going through the 12-Steps and the big book, bringing new residents to these meetings, and introducing them into their new surroundings.

I look forward to witnessing, and being part of this continued success and growth of Aiseiri Ceim Eile, Waterford, as we strive to make a profound and long lasting difference in the lives of our residents and their families. My gratitude to the team who go above and beyond every day.

Moss Dowling
Operations Manager, Ceim Eile



CENTRE/SERVICES INSIGHTS 2022

Aiséirí Progression Programme, Waterford

There are 27 places in the Special CE Scheme. 75% of participants exit into full time education or employment. The Aiseiri Progression Programme received the AONTAS Star Award winner for Social Inclusion for the second year running. This national recognition emphasises the success of the programme and positioning it amongst the best adult education programmes in the country.

Funders such as WWETB through Reach funding, Skillnet Waterford in the provision of Special Purpose Awards in Training and Development as well as the DSP, BTEI and IYF ensured our programme was in a position to deliver a high standard of support to each of our participants.

Two additional supervisors, Noirín Breen and Marilyn Geraghty to support our participants in their progression towards their career goals.

For the residential education programme for Aiseiri Ceim Eile, The Progression Programme launched its QQI certified Outdoor Programme in conjunction with Shielbaggin Outdoor Education Centre.

This programme complemented a range of vocational training and certified education offered to residents of Ceim Eile. As well as this, holistic and creative programmes ensured our residents had the opportunity to experience a wide range of learning during their time in Ceim Eile.

In collaboration with local artist Ben Hennessey, the residents of Aiseiri Ceim Eile created a Mural for Ballybeg. This piece, funded by WWETB, demonstrated the creativity and teamwork of our residents as well as their sense of belonging in both their community of Ballybeg and in Waterford City.

Participants and staff of the Progression Programme trained and certified in auricular acupuncture. As well as this, four Participants trained as competent crew members with Sailing into Wellness

CENTRE/SERVICES INSIGHTS 2022

The Progression Programme started the pilot vocational training in Aislinn Kilkenny funded by the Irish Youth Foundation and McDonalds. Further developments included increasing members of our Employers Network

We look forward to 2023 with planned adventures to walk a segment of the Camino as a fundraiser and many other events which will bring together our wonderful community of residents and ex residents.

I cannot thank the staff of The Progression Programme enough for their dedication to working with the men and women in our service.

Mick Fortune

Operations Manager, The Progression Programme

Loved Back to Life Social Enterprise, Waterford

In Q4 of 2022 'Loved Back to Life' Social Enterprise was formed. With thanks to funding from Pobal Kickstart, a Social Enterprise Position was created for a 12-month period. This followed previous funding, whereby Pobal Kickstart funding was secured to conduct a thorough feasibility study in the city to collaborate with all stakeholders to identify a viable business opportunity for the Social Enterprise.

Furniture upcycling was the identified venture. 'Loved Back to Life' was the term one client used to explain her experience of treatment in Aiséirí. We thought this was an ideal concept and name for our Social Enterprise.

The overall goal of the programme is to provide meaningful work and training opportunities for clients who are most removed from the workplace. This programme is the next phase of development for our Waterford services. It reflects the needs and recommended responses as outlined in national policy and strategy and also to our own clients. To set up the Project, a skilled and appropriate tutor was sought and secured. Marianne Heaphy trading as 'The Revamp Tramp', one of Ireland's foremost furniture up-cyclers, was secured for this pivotal role.

CENTRE/SERVICES INSIGHTS 2022

With thanks to support from Waterford City and County Council, a suitable premises was secured for a nominal fee. This is an ideal location to house the project. We will take possession of this building late in January 2023.

We have linked with Waterford City and County Council, Environmental Officer and with her support we have developed a partnership approach with local Civic Waste and commercial waste operators in the City. Salvaging furniture from these sources will interruption of the flow of furniture to landfill.

Loved Back to Life will commence full activities in the first quarter of 2023. I look forward to developing Loved Back to Life further and working with the participants of the Project in 2024.

Ray Power,
Operations Manager, Loved Back to Life

Continuum of Care

There was 594 admissions into the Continuum of Care Programme. Of these, 326 were clients who completed residential treatment, 193 were family members and 30 were external incoming clients.

The main objectives of 2022 were to respond to the post pandemic needs of our clients. This involved opening many new in-person groups throughout the country. Our current trends indicate that while there is a preference for in-person groups, in practice on-line groups continue to provide a service that might not otherwise be possible for many people, particularly family members. The creation of the hybrid model of Continuum of Care is demonstrating that a much broader spectrum of people can now access support for their journey of recovery with Aiséirí.

We have restructured our recovery programme to adapt to the changing needs of our clients, with the inclusion of specialised training. 24 volunteers successfully completed the QQI level 6 awarded facilitator training which also includes Mental Health First Aid certified by Mental Health Ireland.

CENTRE/SERVICES INSIGHTS 2022

We celebrated the first post-pandemic Facilitator Training Graduation Ceremony with 35 facilitators presented with their awards from Professor Denis Ryan – President of ICHAS. Our volunteers were upskilled this year in the 12-Step Model of Recovery and enjoyed a heart-warming Spiritual Wellness Day.

A review of our model of Role Support was undertaken and updated in line with best practices in Supervision. Aiséirí Role Support has achieved clinical supervision recognition by the ACI (Addiction Counsellors of Ireland). Role Support is delivered in line with the Procter Model of Supervision. The purpose of role support is to provide a forum for Aiséirí Facilitators, which offers (i) educational opportunities, (ii) support, (iii) governance, and (iv) administrative oversight of Continuum of Care facilitation. Integral to this process is ensuring best practice in adherence to the Aiséirí Facilitator Code of Ethics. Role support is delivered monthly on and on-line platform.

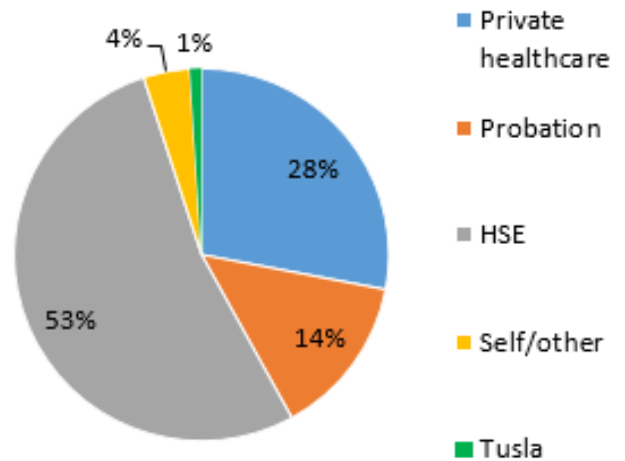
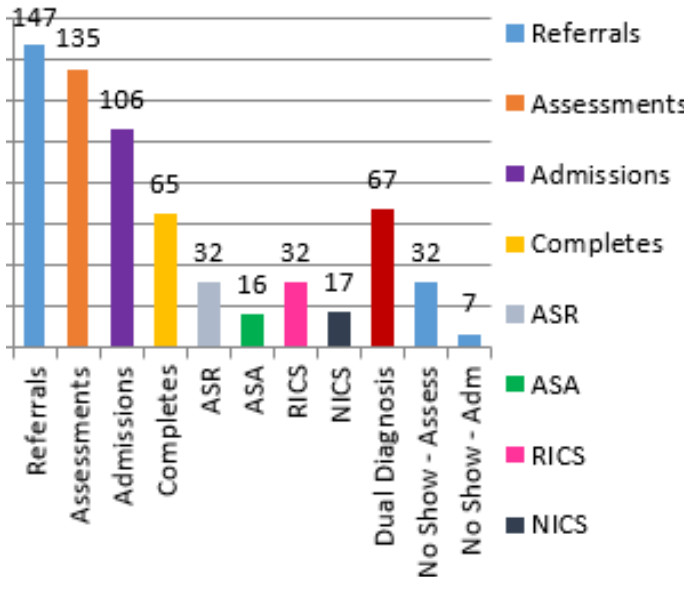
Our volunteer facilitators are at the heart of the Continuum of Care programme. I want to acknowledge the immeasurable impact the volunteer facilitators have and thank them for their hard work.

Helen O'Brien,
Continuum of Care Manager

The Continuum of Care Team at the volunteer accreditation night in collaboration with ICHAS.



ACCUMULATED ACTIVITY REPORT 2022: AISLINN



Aiseiri Aislinn		
Total Admissions	106	
Detox	104	98%
House	2	2%
Gender Profile		
Male	93	90%
Female	11	10%
Main reason referral		
Drugs	71	67%
Alcohol	7	7%
Gambling	0	0%
Multiple Addictions	27	26%

Definitions:

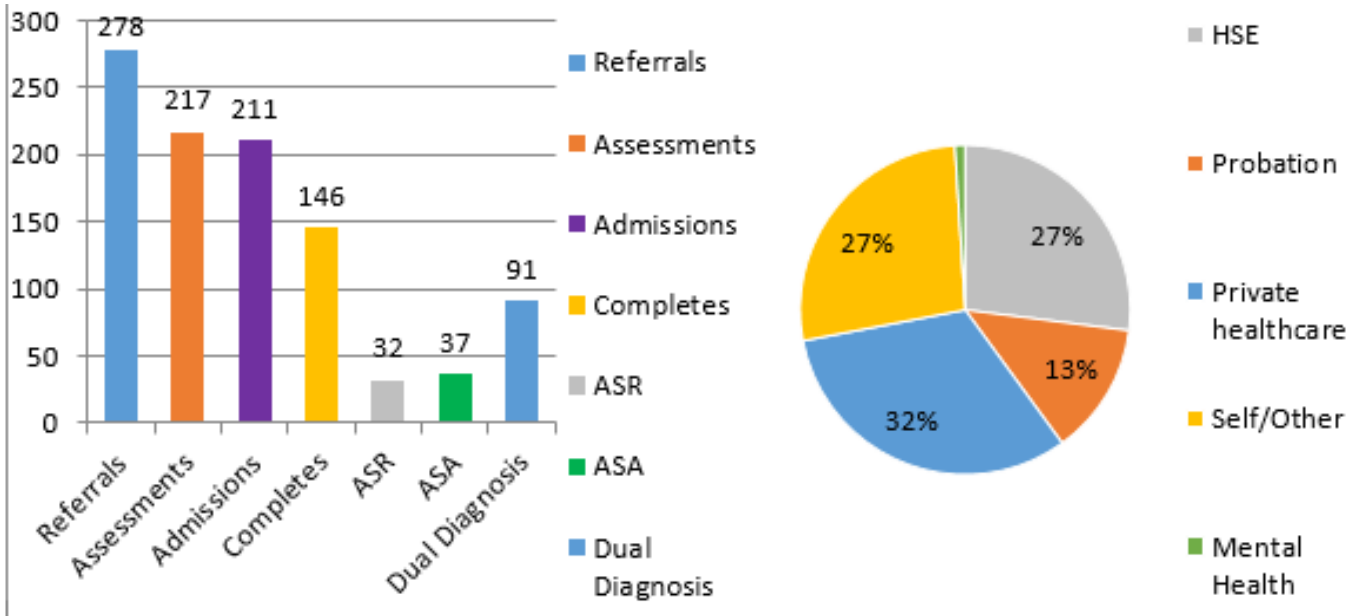
RICS – Retained in care system

NICS – Not in care system

ASR – At staff request

ASA – Against staff advice

ACCUMULATED ACTIVITY REPORT 2022: CAHIR



Aiseiri Cahir		
Total Admissions	211	
Detox	102	48%
House	109	52%
Gender Profile		
Male	159	74%
Female	54	26%
Main reason referral		
Drugs	93	44%
Alcohol	84	40%
Gambling	2	1%
Multiple Addictions	32	215%

Definitions:

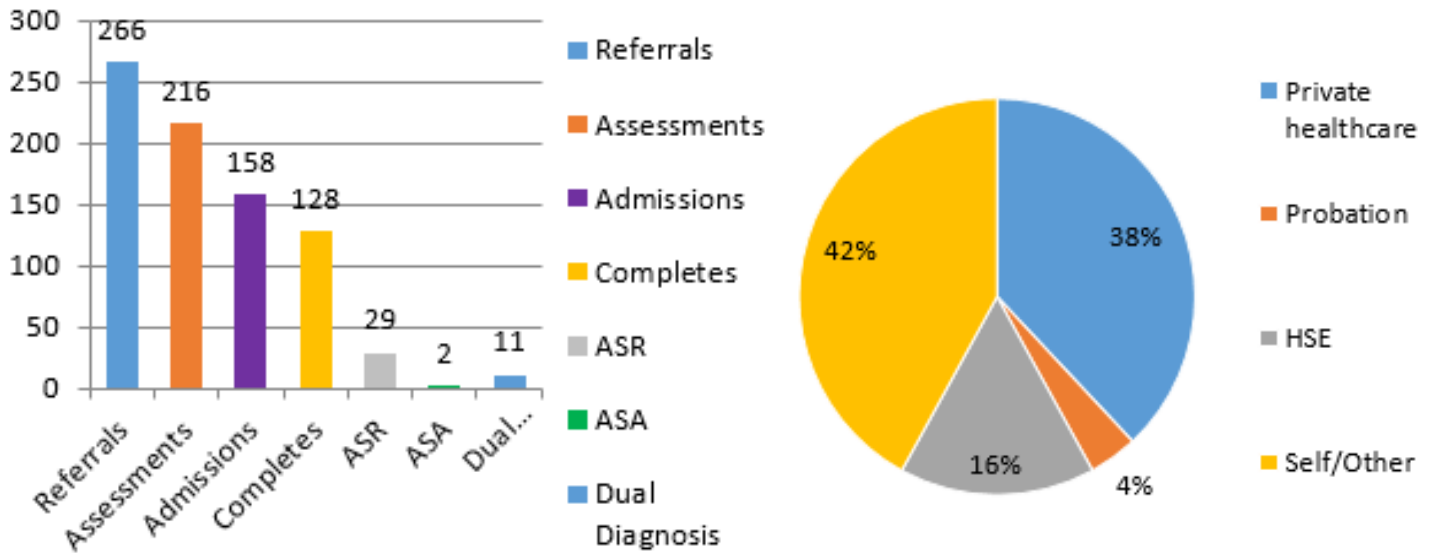
RICS – Retained in care system

NICS – Not in care system

ASR – At staff request

ASA – Against staff advice

ACCUMULATED ACTIVITY REPORT 2022: WEXFORD



Aiseiri Wexford		
Total Admissions	158	
Detox		
House	158	100%
Gender Profile		
Male	116	73%
Female	42	27%
Main reason referral		
Drugs	27	17%
Alcohol	66	42%
Gambling	8	5%
Multiple Addictions	57	36%

Definitions:

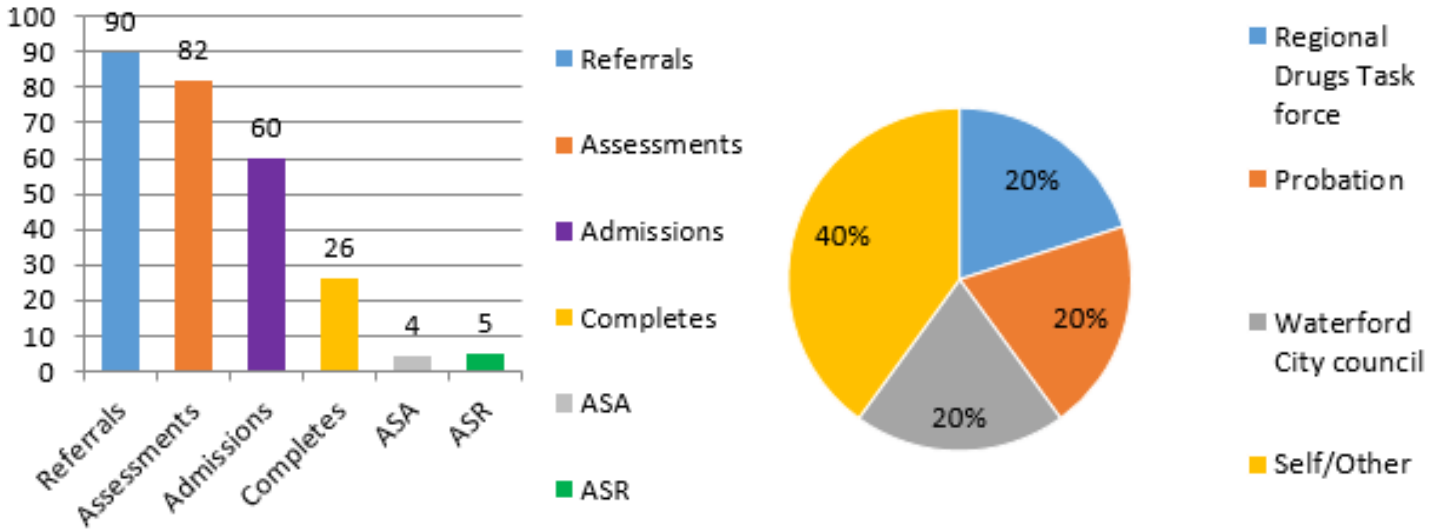
RICS – Retained in care system

NICS – Not in care system

ASR – At staff request

ASA – Against staff advice

ACCUMULATED ACTIVITY REPORT 2022: CEIM EILE



Aiseiri Waterford		
Total Admissions	60	
House	60	100%
Gender Profile		
Male	35	58%
Female	25	42%
Main reason referral		
Drugs	35	58%
Alcohol	20	33%
Gambling	0	0%
Multiple Addictions	5	9%

Definitions:

RICS – Retained in care system

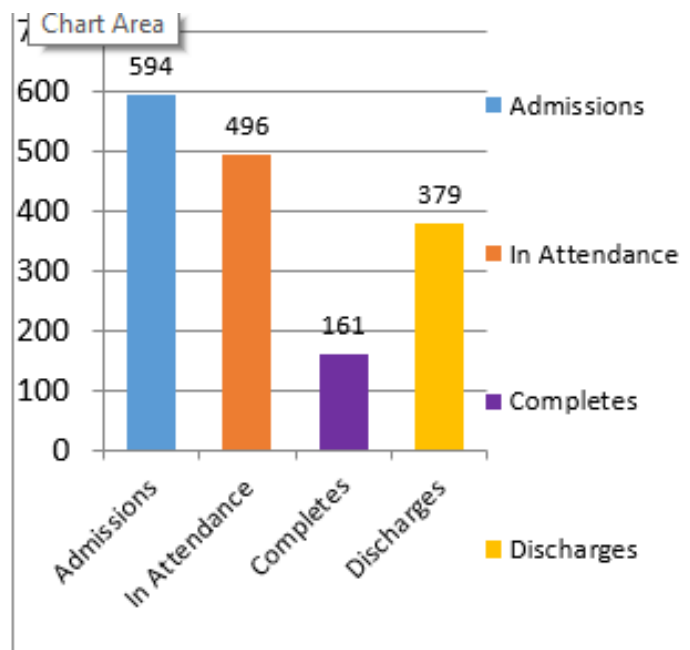
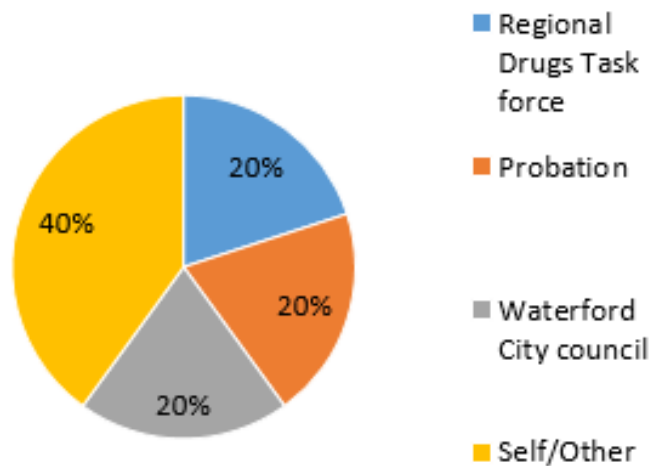
NICS – Not in care system

ASR – At staff request

ASA – Against staff advice

ACCUMULATED ACTIVITY REPORT 2022: CONTINUUM OF CARE

Continuum of Care	
Total Admissions	549
Client	326
Family Member	193
External Incoming Clients	30
Gender Profile	323
Males Under 18	26
Males Over 18	200
Females Under 18	7
Females Over 18	89
Main reason referral	330
Drugs	86
Alcohol	122
Gambling	7
Multiple Addictions	115



Definitions:

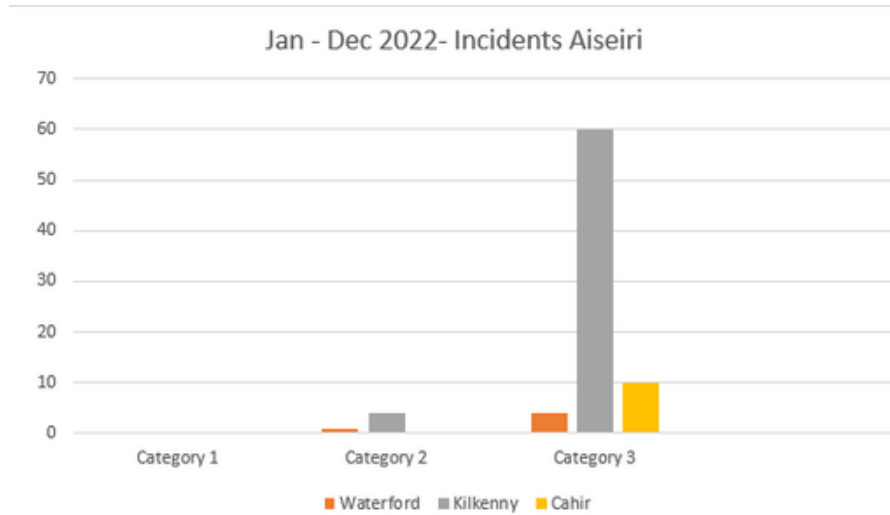
RICS – Retained in care system

NICS – Not in care system

ASR – At staff request

ASA – Against staff advice

ACCUMULATED ACTIVITY REPORT 2022



Near Miss e.g. Nearly fell over spillage	category 3
No injury e.g. Wrong medication given but no harm occurred	
Injury/Illness requiring first aid/not requiring first aid	
Injury requiring medical treatment	Category 2
Long-term disability	Category 1
Permanent incapacity (inc. psychological)	
Death	

Aiséirí Cahir Company Limited
by Guarantee (Previously
known as Aiséirí Cahir
Designated Activity Company)

Directors' report and financial statements

Year ended 31 December 2022

Registered number: 506175

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Directors' report and financial statements

<i>Contents</i>	<i>Page</i>
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Independent auditor's report to the members of Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity)	6
Income and expenditure account and other comprehensive income	9
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Statement of changes in equity	11
Cash flow statement	12
Notes forming part of the financial statements	13

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Directors and other information

Directors	Catherine O'Callaghan Nicola Connery Marie Walsh Marie Ahearne Ronan Fawsitt Peter Finnegan Stephen Costello Anne Cuffe Thomas O'Dwyer Matthew Breen Paul Murray (appointed 5 January 2022)
Secretary	Mary Hennessy
Registered office	Townspark Cahir Co. Tipperary
Auditor	KPMG Chartered Accountants 1 Stokes Place St. Stephen's Green Dublin 2
Bankers	Bank of Ireland Cahir
CHY (Revenue) number	CHY 20096
Registered charity number	20079550
Registered company number	506175

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Directors' report

The directors present their annual report together with the audited financial statements of Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) ("Aiséirí") for the year ended 31 December 2022.

Principal activities and business review (including principal risks and uncertainties)

Aiséirí is a service agency that is informed by values and motivated to a mission; it believes in the priceless potential of people, and that recovery from addiction is possible for everyone.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) is a wholly owned subsidiary of Aiséirí, ('the Corporation'), and is responsible for the day to day management of the four treatment and support units – Aiséirí Aislinn in Ballyragget, Co. Kilkenny; Aiséirí Cahir in Co. Tipperary; Aiséirí Wexford at Roxborough, Co. Wexford; and Aiséirí Ceim Eile in Waterford City. Aiséirí Cahir assists and supports adults over the age of 21 years who have addictions to alcohol, drugs and gambling to achieve and sustain recovery. The centre in Cahir provides a residential detoxification service to those that need this. In common with Cahir, Aiseiri Wexford provides residential rehabilitation to adults who want to recover from addiction. In Aislinn Ballyragget we provide and deliver detoxification and residential treatment to young people in the age range 15 – 21 years. In Ceim Eile, in Waterford, we provide Continuing Care, if required, for clients following completion of their residential treatment programme. Continuing Care is a second-level service that focuses on practical vocational and living skills development and makes supported accommodation available to clients in recovery who need this.

By bringing these four treatment centres together, we are now able to provide comprehensive care (from detox services to sober housing over a year long period) for clients and their families who are dealing with addiction.

The Chief Executive, with the support of the staff and under the direction of the Board, has the brief for ensuring that the services of Aiséirí evolve in a manner that best meets the changing needs and circumstances of the clients, while ensuring that the service operates in a financially prudent way.

The statement of income and expenditure and balance sheet at 31 December 2022 combine the results of the four treatment centres.

The directors consider any events that could lead to a withdrawal of grant aid and/or contributions and donations as the principal financial risk faced by the Company.

A decision was taken by the shareholders, following the recommendation of the Board, to re-register the Company, pursuant to Part 20 of the Companies Act 2014, from a Designated Activity Company to a Company Limited by Guarantee. This company structure is adopted by a large number of charitable organisations and this will also facilitate the merger of the Company with the Aiséirí Trust (registered charity number: 20013479) in the future. The re-registration to a Company Limited by Guarantee took place on 24 January 2023.

Results for the year and dividends

In the year ending 31 December 2022 the Company recorded a deficit of €193,421 (2021: €497,502) and achieved net assets of €877,349 (2021: €1,070,770).

No dividends or transfers to reserves are recommended by the directors.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Directors' report *(continued)*

Going concern

The Company has net current liabilities of €1,489,312 (2021: €1,182,121). The directors believe that sufficient financial resources are available to enable the Company to meet its obligations as they fall due, covering a period of not less than 12 months from the date of approval of the financial statements. In forming their view, the directors continue to adopt the going concern basis in preparing these financial statements. The directors considered the following factors in reaching this decision:

- The Company received support funding from the HSE subsequent to year-end; and
- The directors are in the process of amalgamating Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) with Aiséirí (Trust) which will provide further funds to the Company.

Directors, secretary and their interests

The directors and secretary who held office at the date of approval of the financial statements are listed on page 1.

During the year, Paul Murray was appointed to the Board.

The directors did not have any interest in the shares of the Company at 31 December 2022.

Accounting records

The directors believe that they have complied with the requirement of Section 281 to 285 of the Companies Act 2014 with regard to keeping adequate accounting records by employing accounting personnel with appropriate expertise and by providing adequate resources to the financial function. The accounting records of the Company are maintained at the Company's offices at Townspark, Cahir, Co. Tipperary.

Relevant audit information

The directors believe that they have taken all necessary steps to make themselves aware of any relevant audit information and have established that the Company's statutory auditor is aware of that information. In so far as the directors are aware, there is no relevant audit information of which the Company's statutory auditor is unaware.

Post balance sheet events

There have been no significant events affecting the Company since the balance sheet date that require disclosure in or adjustment to these financial statements.

Political contributions

The Company has made no disclosable political or charitable contributions during the year.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Directors' report *(continued)*

Auditor

In accordance with Section 383(2) of the Companies Act 2014, the auditor, KPMG, Chartered Accountants, will continue in office.

On behalf of the board



Thomas O'Dwyer
Director



Peter Finnegan
Director

31 August 2023

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Statement of directors' responsibilities in respect of the directors' report and the financial statements

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law they have elected to prepare the financial statements in accordance with FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the Company and of its profit or loss for that year.

In preparing the financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- assess the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and
- use the going concern basis of accounting unless they either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

The directors are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the assets, liabilities, financial position and profit or loss of the Company and enable them to ensure that the financial statements comply with the Companies Act 2014. They are responsible for such internal controls as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, and have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the Company and to prevent and detect fraud and other irregularities. The directors are also responsible for preparing a directors' report that complies with the requirements of the Companies Act 2014.

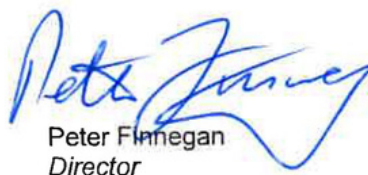
The directors are responsible for the maintenance and integrity of the corporate and financial information included on the Company's website. Legislation in the Republic of Ireland concerning the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

On behalf of the board

On behalf of the board



Thomas O'Dwyer
Director



Peter Finnegan
Director

31 August 2023



KPMG

Audit
1 Stokes Place
St. Stephen's Green
Dublin 2
D02 DE03
Ireland

Independent auditor's report to the members of Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) ('the Company') for the year ended December 31, 2022 set out on pages 9 to 23, which comprise the income and expenditure account and other comprehensive income, the balance sheet, the statement of changes in equity, the cash flow statement and related notes, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland issued in the United Kingdom by the Financial Reporting Council.

In our opinion:

- the financial statements give a true and fair view of the assets, liabilities and financial position of the Company as at December 31, 2022 and of its surplus for the year then ended;
- the financial statements have been properly prepared in accordance with FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland; and
- the financial statements have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.



KPMG

Audit
1 Stokes Place
St. Stephen's Green
Dublin 2
D02 DE03
Ireland

**Independent auditor's report to the members of Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)
(continued)**

Other information

The directors are responsible for the other information presented in the Annual Report together with the financial statements. The other information comprises the information included in the directors' report. The financial statements and our auditor's report thereon do not comprise part of the other information. Our opinion on the financial statements does not cover the other information and, accordingly, we do not express an audit opinion or, except as explicitly stated below, any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether, based on our financial statements audit work, the information therein is materially misstated or inconsistent with the financial statements or our audit knowledge. Based solely on that work we have not identified material misstatements in the other information.

Based solely on our work on the other information undertaken during the course of the audit, we report that:

- we have not identified material misstatements in the directors' report;
- in our opinion, the information given in the directors' report is consistent with the financial statements; and
- in our opinion, the directors' report has been prepared in accordance with the Companies Act 2014.

Our opinions on other matters prescribed by the Companies Act 2014 are unmodified

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by Sections 305 to 312 of the Act are not made. We have nothing to report in this regard.

Responsibilities of directors for the financial statements

As explained more fully in the directors' responsibilities statement set out on page 5, the directors are responsible for: the preparation of the financial statements including being satisfied that they give a true and fair view; such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error; assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and using the going concern basis of accounting unless they either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.



KPMG

Audit
1 Stokes Place
St. Stephen's Green
Dublin 2
D02 DE03
Ireland

Independent auditor's report to the members of Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) (continued)

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A fuller description of our responsibilities is provided on IAASA's website at <https://iaasa.ie/publications/description-of-the-auditors-responsibilities-for-the-audit-of-the-financial-statements/>.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the Company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

Ryan McCarthy
for and on behalf of
KPMG
Chartered Accountants, Statutory Audit Firm
1 Stokes Place
St. Stephen's Green
Dublin 2
D02 DE03

6 September 2023

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Income and expenditure account and other comprehensive income for the year ended 31 December 2022

	<i>Note</i>	2022 €	2021 €
Income	3	5,739,039	5,347,926
Expenses		(5,932,460)	(5,853,569)
		<hr/>	<hr/>
Net operating loss		(193,421)	(505,643)
		<hr/>	<hr/>
Other income			
Government grants	4	-	8,141
		<hr/>	<hr/>
Loss for the year		(193,421)	(497,502)
		<hr/> <hr/>	<hr/> <hr/>

There are no recognised gains or losses other than the surplus for the year and accordingly no statement of other comprehensive income is presented.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Balance sheet as at 31 December 2022

	Note	2022 €	2021 €
Tangible assets	7	2,842,786	2,766,159
Current assets			
Stocks	8	32,780	19,159
Debtors	9	603,292	699,224
Cash at bank and in hand	10	166,448	82,070
		802,520	800,453
Creditors: amounts falling due within one year	11	(2,291,832)	(1,982,574)
Net current liabilities		(1,489,312)	(1,182,121)
Total assets less current liabilities		1,353,474	1,584,038
Creditors: amounts falling due after one year	12	(476,125)	(513,268)
Net assets		877,349	1,070,770
Financed by			
Share capital	15	2	2
Accumulated deficit		(386,048)	(192,627)
Capital contribution		1,263,395	1,263,395
Total accumulated funds		877,349	1,070,770

On behalf of the board


Thomas O'Dwyer
Director


Peter Finnegan
Director

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Statement of changes in equity for the year ended 31 December 2022

	Share capital €	Capital contribution €	Accumulated surplus/ (deficit) €	Total €
At 1 January 2021	2	1,263,395	304,875	1,568,272
Loss for the year	-	-	(497,502)	(497,502)
Total comprehensive loss for the year	-	-	(497,502)	(497,502)
At 31 December 2021	2	1,263,395	(192,627)	1,070,770
Loss for the year	-	-	(193,421)	(193,421)
Total comprehensive loss for the year	-	-	(193,421)	(193,421)
Balance at 31 December 2022	2	1,263,395	(386,048)	877,349

The accompanying notes form an integral part of the financial statements.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Cash flow statement

for the year ended 31 December 2022

	Note	2022 €	2021 €
Cash flows from operating activities			
(Deficit) for the year		(193,421)	(497,502)
<i>Adjustments for:</i>			
Depreciation of tangible fixed assets		133,496	119,371
Amortisation of government grants		24,900	(28,748)
(Increase) in stock		(13,621)	(2,264)
Decrease in trade and other debtors		95,932	134,885
Increase in trade and other creditors		247,215	46,429
		<hr/>	<hr/>
Net cash inflow/(outflow) from operating activities		294,501	(227,829)
		<hr/>	<hr/>
Cash flows from investing activities			
Acquisition of tangible fixed assets		(210,123)	(141,866)
		<hr/>	<hr/>
Net cash (used in) investing activities		(210,123)	(141,866)
		<hr/>	<hr/>
Net increase/(decrease) in cash equivalents		84,378	(369,695)
Net cash at beginning of year	10	82,070	451,765
		<hr/>	<hr/>
Net cash at end of year	10	166,448	82,070
		<hr/> <hr/>	<hr/> <hr/>

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes

forming part of the financial statements

1 Structure and operations

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) was incorporated on 17 November 2011. The objectives of the Company are:

- (a) to provide and manage a centre or centres for the treatment, detoxification, care and rehabilitation of persons who are chemically dependent on alcohol and drugs, and to supply services for the treatment, care and rehabilitation of persons who are compulsive gamblers and to provide the appropriate support for such persons and their families based on fostering the dignity, self-worth and spiritual development of each individual;
- (b) to carry on research into all aspects of chemical dependencies and addictions including their treatment and to provide educational services and information relating to such matters;
- (c) to establish, operate and maintain hostels, sheltered accommodation and such other amenities for both men and women as are necessary to offer settlement.

2 Accounting policies

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) ("the Company") is a company limited by shares and incorporated, domiciled and registered in Ireland. The registered number of the Company is 506175 and the address of its registered office is Townspark, Cahir, Co. Tipperary.

These financial statements were prepared in accordance with Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* ("FRS 102"). There have been no material departures from the Standards. The presentation currency of these financial statements is Euro. The Company looks to the Charities Statement of Recommended Practice ("Charities SORP") for guidance in preparing its financial statements, however the Company does not apply the Charities SORP.

The accounting policies set out below have, unless otherwise stated, been applied consistently to all periods presented in these financial statements.

Judgements made by the directors, in the application of these accounting policies that have significant effect on the financial statements and estimates with a significant risk of material adjustment in the next year are disclosed in note 17.

The financial statements are prepared on the historical cost basis.

Going concern

The directors believe that sufficient financial resources are available to enable the Company to meet its obligations as they fall due, covering a period of not less than 12 months from the date of approval of the financial statements. In forming their view, the directors continue to adopt the going concern basis in preparing these financial statements. The directors considered the following factors in reaching this decision:

- The Company received support funding from the HSE subsequent to year-end; and
- The directors are in the process of amalgamating Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) with Aiseiri (Trust) which will provide further funds to the Company.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

2 Accounting policies (continued)

Basic financial instruments

Trade and other debtors/creditors

Trade and other debtors are recognised initially at transaction price plus attributable transaction costs. Trade and other creditors are recognised initially at transaction price less attributable transaction costs. Subsequent to initial recognition they are measured at amortised cost using the effective interest method, less any impairment losses in the case of trade debtors. If the arrangement constitutes a financing transaction, for example if payment is deferred beyond normal business terms, then it is measured at the present value of future payments discounted at a market rate of interest for a similar debt instrument.

Cash and cash equivalents

Cash and cash equivalents comprise cash balances and call deposits. Bank overdrafts that are repayable on demand and form an integral part of the Company's cash management are included as a component of cash and cash equivalents for the purpose only of the cash flow statement.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses.

Where parts of an item of tangible fixed assets have different useful lives, they are accounted for as separate items of tangible fixed assets, for example land is treated separately from buildings.

Leases in which the entity assumes substantially all the risks and rewards of ownership of the leased asset are classified as finance leases. All other leases are classified as operating leases.

The entity assesses at each reporting date whether tangible fixed assets (including those leased under a finance lease) are impaired.

Depreciation is charged to the income and expenditure account on a reducing balance basis over the estimated useful lives of each part of an item of tangible fixed assets. Leased assets are depreciated over the shorter of the lease term and their useful lives. The estimated useful lives are as follows:

- leasehold improvements 2%
- fixtures and fittings 10%
- machinery and equipment 10%
- motor vehicles 20%
- technology and software 20%

Depreciation methods, useful lives and residual values are reviewed if there is an indication of a significant change since the last annual reporting date in the pattern by which the Company expects to consume an asset's future economic benefits.

Government grants

Government grants are included within accruals and deferred income in the balance sheet and credited to the profit and loss account over the expected useful lives of the assets to which they relate or in periods in which the related costs are incurred.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes *(continued)*

2 Accounting policies *(continued)*

Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost is based on the first-in first-out principle and includes expenditure incurred in acquiring the stocks.

Impairment excluding stocks

Non-financial assets

The carrying amounts of the entity's non-financial assets, other than stocks are reviewed at each reporting date to determine whether there is any indication of impairment. If any such indication exists, then the asset's recoverable amount is estimated. The recoverable amount of an asset or cash-generating unit is the greater of its value in use and its fair value less costs to sell.

Employee benefits

Defined contribution plans

A defined contribution plan is a post-employment benefit plan under which the Company pays fixed contributions into a separate entity and has no legal or constructive obligation to pay further amounts. Obligations for contributions to defined contribution pension plans are recognised as an expense in the income and expenditure account in the periods during which services are rendered by employees.

Provisions

A provision is recognised in the balance sheet when the entity has a present legal or constructive obligation as a result of a past event, that can be reliably measured and it is probable that an outflow of economic benefits will be required to settle the obligation. Provisions are recognised at the best estimate of the amount required to settle the obligation at the reporting date.

Reserves

General funds

General funds represent accumulated surpluses and deficits that are available for use at the discretion of the Company.

Designated funds are those part of the Company's unrestricted funds designated by the directors to be used for a particular purpose in the future. The directors have the power to reallocate such funds.

Restricted funds

Restricted funds represent donations received which can only be used for particular purposes. Such purposes are within the overall aims of the Company. Such funds are included separately on the face of the income and expenditure account and in reserves.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

2 Accounting policies (continued)

Income

The operating income comprises the following income streams:

- grants received from public bodies for the maintenance and care of service users;
- maintenance income from service users;
- aftercare income relating to the provision of aftercare services;
- fundraising and donations from individuals and public bodies;
- rental income; and
- other income.

Income from fees charged for services provided is recorded as operating income in the period in which it is received, except where fees charged are covered under a policy of health insurance when they are accrued as income on provision of the service. Contributions and donations are recorded as income in the year in which they are received. In the case the income is received in the form of guaranteed donations, the income is recorded in the year in which all conditions relating to the donation have been met. No value is attributed to the provision of services free of charge to the Company. Other items of income and expenditure are recorded on an accruals basis.

Expenses

Operating lease

Payments (excluding costs for services and insurance) made under operating leases are recognised in the income and expenditure account on a straight-line basis over the term of the lease.

Interest receivable and interest payable

Interest income and interest payable are recognised in the income or expenditure account as they accrue, using the effective interest rate method.

3 Income	2022 €	2021 €
Grants (see overleaf)	3,259,031	3,266,062
Maintenance	1,927,361	1,519,270
Aftercare	166,329	178,511
Fundraising and donations	129,002	105,952
Rental income	189,552	193,226
Other	67,764	84,905
	<hr/>	<hr/>
	5,739,039	5,347,926
	<hr/>	<hr/>

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

3 Income (continued)

The following amounts were granted to Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) during the year:

	2022 €	2021 €
Probation and Welfare Services (a), (b)	429,750	641,000
HSE & S. ER Drug Task Force (a)	2,777,468	2,534,562
Other grants (c)	51,813	90,500
	<u>3,259,031</u>	<u>3,266,062</u>

(a) This income is included within operating income as these monies relate to the maintenance of persons treated by the Company.

(b) The Department of Justice and Equality Reform through the Probation Service and Irish Youth Justice Service provided a grant as set out under Schedule 1 of the annual funding agreement for the purpose of providing detox and residential treatment programmes. The funds are applied to payroll, administration, direct and indirect costs. Funding in the amount of €429,750 in 2022 (2021: €641,000) was granted for a 12 month period and restricted in accordance with the terms and conditions of the funding agreement.

(c) In 2022, other grants relate to funding received from Pobal and the Department of Rural and Community Development of €51,813 (2021: €90,500).

4 Other operating income

	2022 €	2021 €
Government grants	-	8,141
	<u>-</u>	<u>8,141</u>

In the prior period, the entity availed of the temporary wage subsidy scheme.

5 Taxation

In accordance with Section 207 of the Taxes Consolidation Act 1997, the Company is not liable to taxation on income earned provided the income is applied solely for charitable purposes. In accordance with the first schedule of the VAT Act 1972, the Company is engaged in an exempt supply. The Corporation is therefore not entitled to recover VAT on inputs.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

6 Employees and remuneration	2022 Number	2021 Number
The average number of employees during the year was:		
Total employees	98	98
The number of staff comprises of the four treatment centres.		
The staff costs are comprised of:		
	2022 €	2021 €
Wages and salaries	3,767,622	3,670,090
Social welfare costs	392,471	395,166
Retirement benefits	107,049	111,256
	4,267,142	4,176,512

One employee earned in excess of €70,000 (2021: €69,000) during the year.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

7 Tangible assets	Leasehold improvements €	Fixtures and fittings €	Machinery and equipment €	Motor vehicles €	Technology and software €	Total €
Cost						
At beginning of year	3,985,080	1,091,725	260,735	18,800	422,782	5,779,122
Additions	52,268	56,434	5,924	-	95,497	210,123
At 31 December 2022	4,037,348	1,148,159	266,659	18,800	518,279	5,989,245
Depreciation						
At beginning of year	1,681,161	817,494	220,881	18,295	275,132	3,012,963
Charge for the year	47,124	33,065	4,577	101	48,629	133,496
At 31 December 2022	1,728,285	850,559	225,458	18,396	323,761	3,146,459
Net book value						
At 31 December 2022	2,309,063	297,600	41,201	404	194,518	2,842,786
At 31 December 2021	2,303,919	274,231	39,854	505	147,650	2,766,159

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

7 Tangible assets (continued)

On 1 January 2013 the treatment centres of Aiséirí Wexford Limited, Céim Eile Company Limited by Guarantee and Aislinn Adolescent Addiction Treatment Centre Company Limited by Guarantee were amalgamated with the treatment centre in Cahir operated by Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company).

The premises in Cahir are owned by the Sisters of Mercy and had been leased to Aiséirí Cahir in 1983 for 99 years. This lease was transferred to Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) on 1 January 2013.

On 1 January 1988, Aiséirí Wexford entered into a 35 year lease agreement with the HSE – South Eastern Area under the terms of which it has obtained use of its premises. The Company is not entitled to compensation for improvements or additions made to the premises during the period of the lease. The premises will revert to the HSE – South Eastern Area if the Company ceases to operate its treatment centre. This lease was transferred to Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) on 1 January 2013. The directors note this lease is to expire on 31 December 2022 and are in negotiation with the HSE – South Eastern Area to extend this lease for further 25 years.

The lease in Céim Eile Limited by Guarantee is with the Good Shepherd Community and is due to expire on 31 January 2024. The Company is in discussion with the Good Shepherd Community to extend this lease. This lease was transferred to Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) on 1 January 2013.

The lease in Aislinn Adolescent Addiction Treatment Centre Company Limited by Guarantee was also with the Sisters of Mercy entered into in 1999 for a term of 99 years. This lease was transferred to Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company) on 1 January 2013.

8 Stock	2022	2021
	€	€
Consumables	32,780	19,159
	<hr/>	<hr/>
9 Debtors	2022	2021
	€	€
Trade debtors	542,305	623,921
Accrued income	35,858	37,266
Prepayments	25,129	18,828
Other debtors	-	19,209
	<hr/>	<hr/>
	603,292	699,224
	<hr/>	<hr/>

Trade debtors are stated net of a provision for impairment of €55,850 (2021: €61,108).

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

10 Cash and cash equivalents	2022	2021
	€	€
Cash and cash equivalents	166,448	82,070
	<u> </u>	<u> </u>
11 Creditors: amounts falling due within one year	2022	2021
	€	€
Trade creditors	192,984	253,877
Other creditors and accruals	667,723	331,204
PAYE	784,902	691,163
Deferred income	-	60,107
Due to Aiséirí (a)	646,223	646,223
	<u> </u>	<u> </u>
	2,291,832	1,982,574
	<u> </u>	<u> </u>
 (a) Amounts due to Aiséirí relates to working capital loan received which is interest free, unsecured and is repayable on demand.		
12 Creditors: amounts falling due after more than one year	2022	2021
	€	€
Deferred income government grants (see note 14)	476,125	501,025
Provisions	-	12,243
	<u> </u>	<u> </u>
	476,125	513,268
	<u> </u>	<u> </u>
13 Operating leases		
Non-cancellable operating lease rentals are payable as follows:		
	2022	2021
	€	€
Less than one year	31,833	31,312
Between one and five years	23,243	56,077
More than five years	-	-
	<u> </u>	<u> </u>
	55,076	87,389
	<u> </u>	<u> </u>

During the year €7,820 was recognised as an expense in the profit and loss account in respect of operating leases (2021: €35,518). The Company has a number of non-cancellable leases for a term of 99 years, these leases have an annual rent of €Nil.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes (continued)

14 Government grants	2022 €	2021 €
At beginning of year	501,025	529,773
Amortised during the year	(24,900)	(28,748)
	<hr/>	<hr/>
At end of year	476,125	501,025
	<hr/>	<hr/>

Capital grants relate to the following:

- The Aislínn Addiction Treatment Centre received various government grants of €1m which are amortised €24,900 annually. The net book value of these grants at 31 December 2022 was €476,125 (2021: €501,025).

15 Share capital	2022 €	2021 €
Authorised		
500,000 ordinary shares of €1.00 each	500,000	500,000
	<hr/>	<hr/>
Allotted, issued and fully paid		
2 ordinary shares of €1.00 each	2	2
	<hr/>	<hr/>

16 Related party transactions

There have been no related party transactions in the current or preceding accounting periods.

17 Accounting estimates and judgements

Key sources of estimation and uncertainty and critical accounting judgement in applying the Company's accounting policies

Recoverability of debtors

The Company made judgements when assessing the impairment of its debtors. Outstanding balances have been grouped on the basis of similar risk characteristics such as past-due status, and impairment has been reviewed with reference to historical loss experience updated for current conditions.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Notes *(continued)*

18 Post balance sheet events

There have been no significant events since the balance sheet date which would require disclosure in or amendment of these financial statements.

19 Approval of financial statements

The board of directors approved these financial statements on 31 August 2023.

Appendix

The following information does not form part of the audited statutory financial statements and is included solely for the information of management.

Aiséirí Cahir Company Limited by Guarantee (Previously known as Aiséirí Cahir Designated Activity Company)

Appendix 1: Operating expenses for the year ended 31 December 2022

	Note	2022 €	2021 €
Operating expenses			
Salaries		4,267,142	4,176,511
Food		269,352	230,043
Household		103,950	82,940
Repairs and maintenance		177,753	167,644
Rent and rates		43,696	44,334
Motor travel		44,841	28,393
Oil, heat and gas		173,896	126,164
Staff training		35,866	56,470
Insurance		114,968	90,214
Telephone		50,215	19,455
Advertising, stationery and printing		31,817	49,810
Other treatment costs		184,650	370,292
Bank fees		15,061	9,609
Professional fees		51,083	72,188
Sundry expenses		175,877	148,579
Supervisory costs		23,415	29,790
Bad debt written off		53,400	53,400
Amortisation of grant		(24,900)	(28,748)
Depreciation		133,496	120,918
Subscriptions		6,882	5,563
		<u>5,932,460</u>	<u>5,853,569</u>

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Céim Eile: X91 FH61V

CHY 20096

COMPANY NO. 506175

CHARITY NO. 20079550

HOPE COMPASSION RESPECT RECOVERY EXCELLENCE