



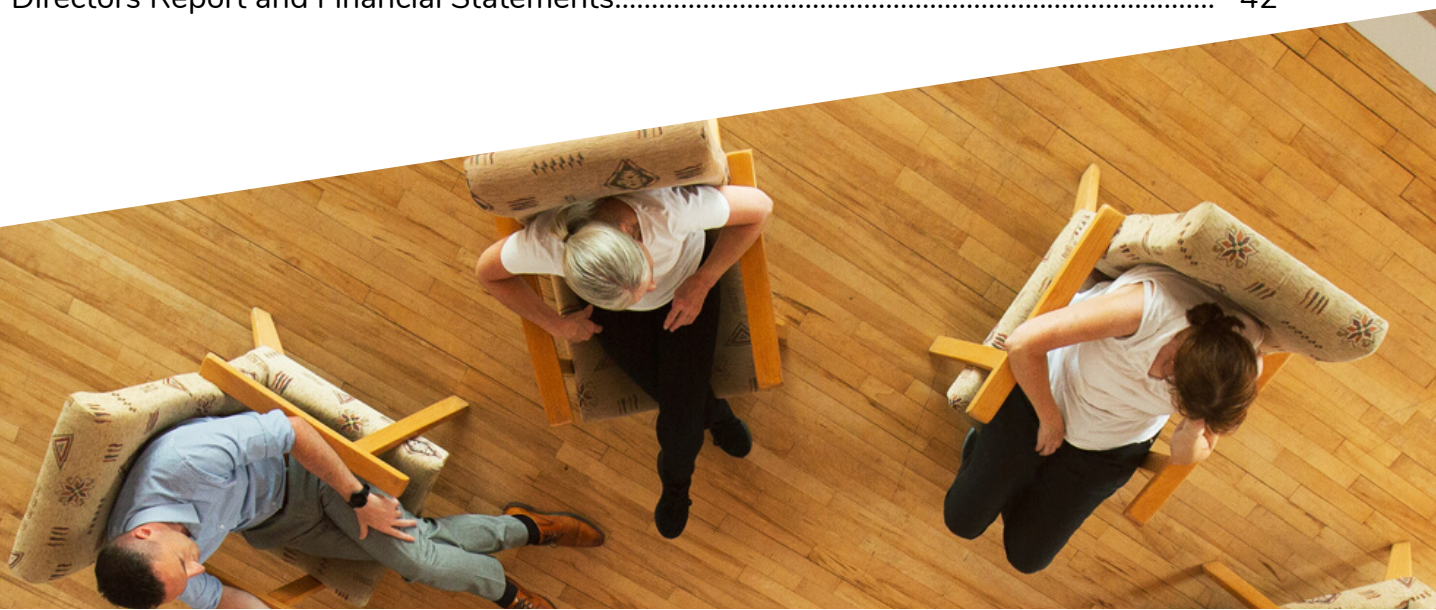
Recovery From Addiction

AISEIRÍ ANNUAL REPORT
2021



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ABOUT AISÉIRÍ

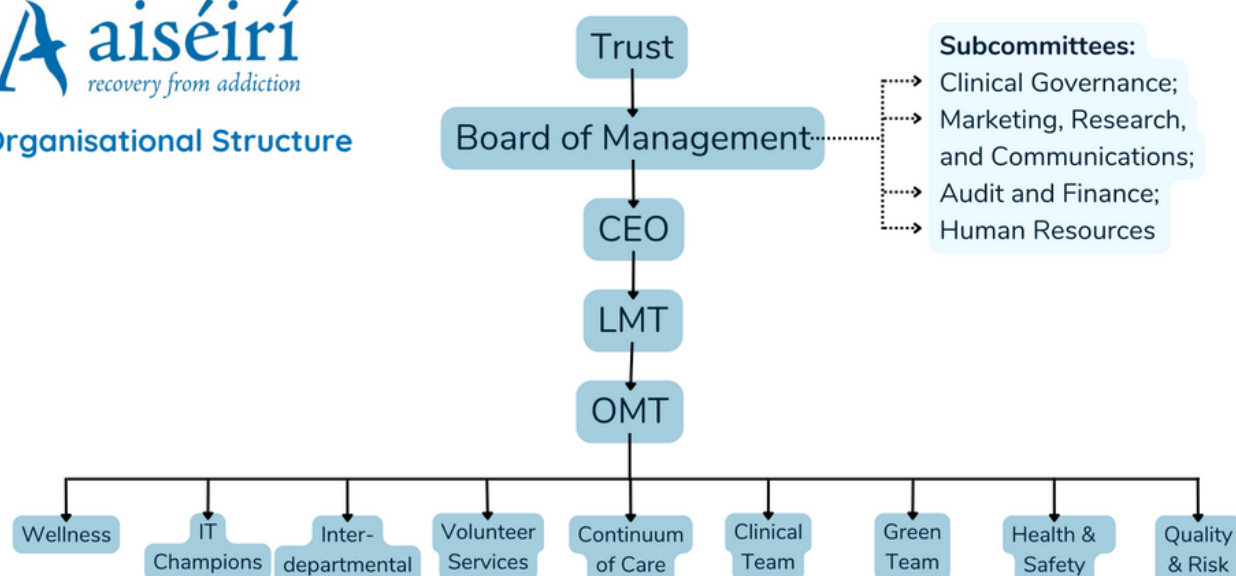
Aiséirí is a 12 step treatment programme. We are one of Ireland's longest established addiction treatment services. Our four centres of excellence combine experience and expertise that provide us with a comprehensive understanding of the complexity of addiction. With a high success rate for lifetime recovery, Aiséirí has changed thousands of lives, not just those of addicts but those of the families and loved ones that also suffer because of addiction.

Throughout our four Centres we provide, detox, rehabilitation, secondary treatment and a sober living programme for people who have suffered mentally, emotionally, physically and spiritually as a result of alcohol, drug and gambling abuse. We provide a two-year Continuum of Care programme for residents and family members after residential treatment is complete. We also support people who have completed secondary treatment to access meaningful work, education, and training through our special Community Employment Programme

Aiséirí means resurrection or new beginnings and our work is dedicated to bringing about change in people's lives, in transforming their dependence on alcohol, drugs and gambling and helping them move away from the destructive impact it has had on themselves, their families and communities and to move towards living a meaningful life in recovery.



ORGANISATIONAL STRUCTURE



Board of Directors

Tom O'Dwyer	Chairperson	Marie Ahern	Board Member
Catherine O'Callaghan	Board Member	Nicola Connery	Board Member
Anne Cuffe	Board Member	Matthew Breen	Board Member
Stephen Costello	Board Member	Peter Finnegan	Board Member
Ronan Fawsitt	Board Member	Jo O'Mara	Board Member
Marie Walsh	Board Member		

Trust

Sr Veronica Mangan
 Brid Bates
 Cyril Darcy
 Maureen Fahey
 Ciaran Lynch
 Jerome Casey

VISION

Aiséirí believes in the priceless potential of people and that recovery from addiction is possible for everyone.

MISSION

Aiséirí provides community and residential services to help young people, adults and families overcome addiction and lead meaningful lives in recovery.

VALUES

Hope

By promoting abstinence, we inspire hope for recovery in a safe, non-judgemental environment.

Compassion

Compassion leads us to empathise with our clients as we journey with them in trust and confidence.

Respect

We honour the unique dignity of each person as we support them in addressing their needs.

Recovery

We believe everyone has the potential to recover and have a fulfilled, worthwhile future, transforming their lives and that of their families.

Excellence

Our innovative, evidence-based therapies are delivered with a quality that seeks the highest standards at all times.



Who is
AISÉIRÍ?

STRATEGIC OBJECTIVES

- 1.To deliver and enhance addiction treatment and recovery services in line with international best practice in terms of quality and effectiveness.
- 2.To progress and implement a HR strategy which values, respects and enhances the professional development of all staff and volunteers.
- 3.To improve the current services through continuous research and development.
- 4.To ensure the long term financial sustainability of Aiséirí.
- 5.To develop a robust governance and management structure.



ATTITUDE OF GRATITUDE - ACKNOWLEDGEMENT FOR OUR SUPPORTERS & FUNDERS

Aiséirí would like to offer our sincere gratitude to our partners, funders and supporters. The impact of your support has aided us in helping young people, men and women, their families and their communities to move forward in recovery. From state agencies, local organisations to individuals, we would like to say Thank You for being a significant part of this journey.

- HSE
- Probation Services
- Tusla
- Pobal
- Carlow Kilkenny ETB
- Waterford Wexford ETB
- Local Area Partnerships
- DSP



CHAIRPERSON STATEMENT

TOM O'DWYER

As expected 2021 proved to be another very challenging year for our services in Aiséirí.

The global pandemic continued to affect all elements of society and made the provision of services to our clients all the more difficult. The additional financial costs associated with sick leave cover and the availability of staff to cover critical shortages in our staff teams were just some of the challenges faced by the service. I am proud of how our staff responded yet again and Aiséirí residential services remained open throughout the year.

I believe we were the only residential addiction service to achieve this during the pandemic and it is, in no small measure, due to the dedication, skills, resilience and commitment of all our staff and management team.

The existence of the Covid-19 pandemic did not diminish the incidence of addiction in our society and indeed much of the demonstrative evidence continues to suggest lockdowns and social isolation was a trigger to addiction for a certain cohort of people.

The year 2021 saw our highest number of admissions to date, with 452 being admitted for primary treatment.

Though we could not host our celebration events, staff days and medallion days in our usual fashion, it was very evident to me that the true spirit of Aiséirí has remained strong and we have found new ways to reach out and to connect and support clients in all stages of their journeys through addiction. The year saw a significant expansion of our Information Technology Systems and increased digital engagement facilities and methodologies has enabled us to bring about a very welcome increase in family engagement and involvement.

In the period ahead we all hope to be able to return to a level of normality in our lives and social interactions but for the moment our Board of Directors continues to hold meetings virtually and will begin in-person meetings when public health

advice allows. I am grateful to my fellow Directors for their ongoing commitment and engagement.

A progressive development in 2021 was the appointment of Mary Hennessy as Chief Executive Officer, and further work is underway on the restructuring of the management team to best deliver efficient and effective services and promote and deliver on our strategic initiatives.

In that regard I am pleased to advise that work on a new Strategic Plan will get underway in the year ahead, but progress no doubt will be determined by any continuing restrictions the Covid-19 pandemic will apply to, for instance, in-person meetings and consultations which are crucial to initiatives of this nature.

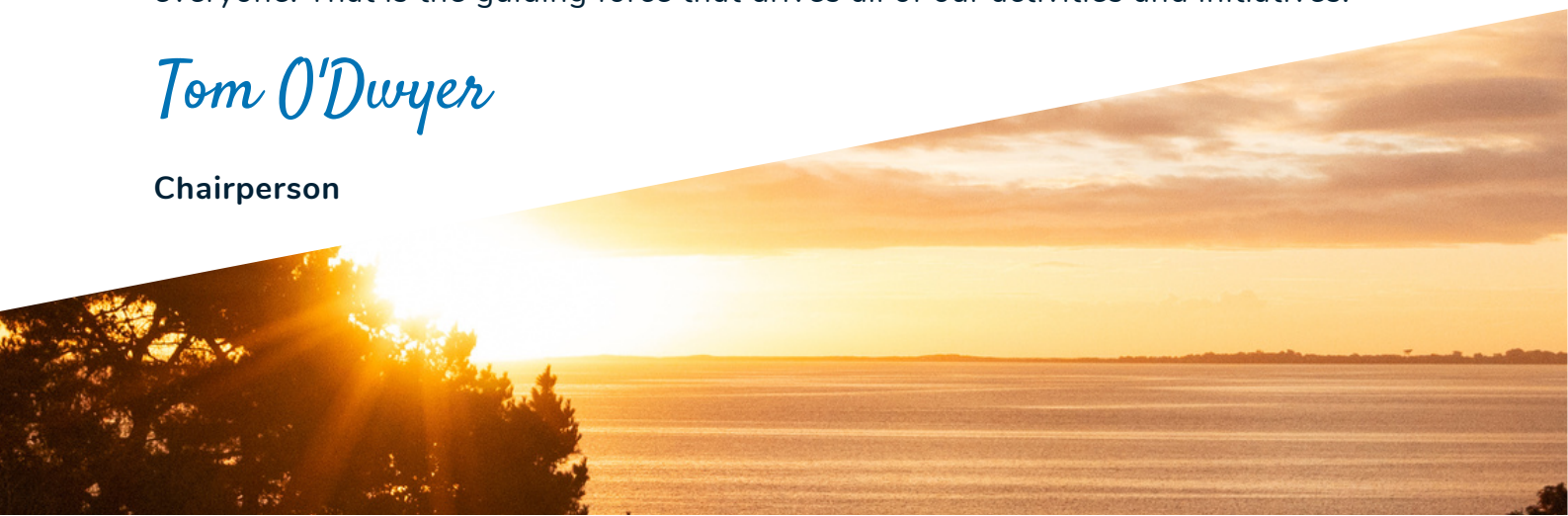
Our stakeholders and funders have continued to support us and acknowledge the efforts made to remain open during the pandemic. I want to take this opportunity to thank them and to stress the need for additional financial support to meet the increased costs of service delivery at this time.

I also want to acknowledge at this time the many organisations, agencies and businesses that support us in different ways. Aiséirí has built up a presence and reputation over the years and this is reflected in community support which manifests itself in lots of different ways. In a year that will be remembered for its challenges, we have continued to develop, move forward and keep the focus on providing a quality addiction treatment service for our clients, their families and communities.

All of the activity in Aiséirí is underpinned and guided by our vision: we believe in the priceless potential of people and that recovery from addiction is possible for everyone. That is the guiding force that drives all of our activities and initiatives.

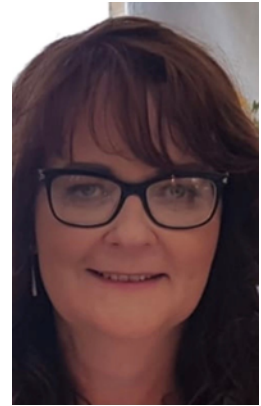
Tom O'Dwyer

Chairperson



CEO STATEMENT

MARY HENNESSY



Over its almost forty-year service, Aiséirí has seen countless periods of difficulty, adaptation, and transformation. 2021 was not without its challenges and it would be dismissive not to acknowledge Covid 19 and what it presented for us throughout the year.

Founded in 1983 by Sr Eileen Fahey, Aiséirí was born from the idea of combining 12 Step programme with a wealth of clinical wisdom and experience. It has transformed the lives of thousands of addicts and their families since its humble beginnings, without judgement, shame or stigma.

The programme works and we can look back at 2021 knowing that despite challenges and adversity, we will move forward, one day at a time.

A Message to all Staff

Firstly, I would like to take this opportunity to offer my deepest gratitude to each and every member of our team for their resilience, patience, and dedication. You all provided exemplary levels of care and wellbeing to our clients and their family members during a uniquely challenging time, both for the organisation and the world. Your commitment to this life-saving work is the reason Aiséirí is able to provide the excellent level of care it does - 24 hours a day, 365 days a year – and meet each of our clients with the compassion, dignity, and hope they need to live fulfilling lives in recovery.

Without you all, Aiséirí could not have become the force for good that it is today, and thousands could not have received the life-changing care they did. 2021 was a challenging year, a true test of teamwork and adaptability. Yet, I have no doubt in my mind that the troubles we faced, and continue to face, will only strengthen our organisation for many years to come, and enable us to continue saving lives, and changing Ireland for the better, one individual at a time.

I would like to thank the Board of Directors and the Trustees for being the

safeguarding of Aiséirí and for their guidance. To the management team, thank you for your leadership and keeping the teams grounded during turbulence. My utmost appreciation as always goes to each and every staff members across each department. It takes a whole community of skills, knowledge and experience to create such an incredible organisation of healing and recovery. I am wholeheartedly grateful to you each and every day.

Management Team Developments

2021 was a pivotal year for development and change within the team. In my own role, I moved from ACEO into the position of CEO and established a new management structure. A Leadership Management Team was founded consisting of a team of three, Head of Clinical Services, Head of Recovery Support Services and Head of Development & Compliance. Already, we have begun working towards defining our Strategic Plan and organisational objectives for the period 2023 – 2025. We are highly motivated by this and the scope and potential of Aiséirí in the field of Addiction Recovery.

The Operational Management Team Structure was established in the latter part of the year. They will manage each Centre/Service of the Organisation and be supported by the Leadership Management Team. In 2022, we look forward to embedding this structure to best lead the organisation and most imperatively, ensure an excellent quality of care and service to men, women, young people and their families who are struggling with addiction.

Culture & Equity

It is my vision to continue to strive towards an organisation with a culture of equality and inclusion. We worked in partnership with The Irish Centre for Diversity and in early 2021, we received our Bronze Award. This involved taking a number of actions including the development of our Diversity & Inclusion Policy. The Management team also participated in Diversity & Inclusion Training. Thank you to The Irish Centre for Diversity for their expert and engaging guidance.

We took guidance from our collaboration with Pobal & The Irish Prison Service on recruitment to strive to ensure that Aiséirí is an equal employer for all and act as a role model to other employers who will potentially recruit our clients.

We worked with the Institute of Psychology in 2021 to begin the process of developing a Staff Wellness Programme. This will be evaluated in January 2022 and the development of this Programme will be a priority in 2022.

Of critical importance, is to create a culture where employees feel valued and appreciated, where a culture of wellness and inclusion can thrive and where Aiséirí is a healthy and welcoming work place for all.

Client Trends

There has been an increase in clients presenting to treatment with a dual diagnosis, i.e. mental health and addiction issues. Clients are particularly vulnerable where poly-substance misuse has occurred.

With regards to specific substances, there has been an increase in alcohol and cocaine dependency. Cannabis, synthetic substances, and cannabis vape are now more prevalent in the adolescent and young adult presentations. Crack cocaine, and crystal meth are also becoming more visible in clients' history of drug misuse. Lastly, while opiate presentations have stabilised, benzodiazepine dependency is widespread across the lifespan.

The increase in demand for treatment of females is continuing to steadily present across the country. Individuals on probation are now a prominent referral in comparison to recent years.

Service Development, Client Engagement & Recovery Capital.

It is evident that the clients and their families are the centre of all the activities at Aiséirí. To ensure and increase client engagement, online forums such as Microsoft Teams, Zoom meetings & What's app groups have been used as a sustainable way to engage with families and clients, more effectively. This helps combat the barrier of access and transport, but also ensures continuation of services despite Covid 19 outbreaks and restrictions.

In terms of new service development, building recovery capital opportunities for our clients is the focus and thanks to a new collaboration with the Irish

Prison Service and Pobal funding, we are now a step closer to forming a Social Enterprise. An extensive feasibility study was conducted in Waterford City with all stakeholders including clients, staff, local organisations and businesses. The study was conducted by Eamon Connolly, Method Consultants, who produced a comprehensive and SMART Report to inform the next steps of this journey.

The next phase of this is underway and we have applied once again for Pobal Kickstart Funding, to employ a Social Enterprise Manager, who will lead this project from the predevelopment phase to execution. This Project will be based in Waterford City and will complement the existing services of Céim Eile and The Aiséirí Progression Programme in terms of providing opportunity for meaningful work, education and social connections for those in early recovery.

One Day at a Time.

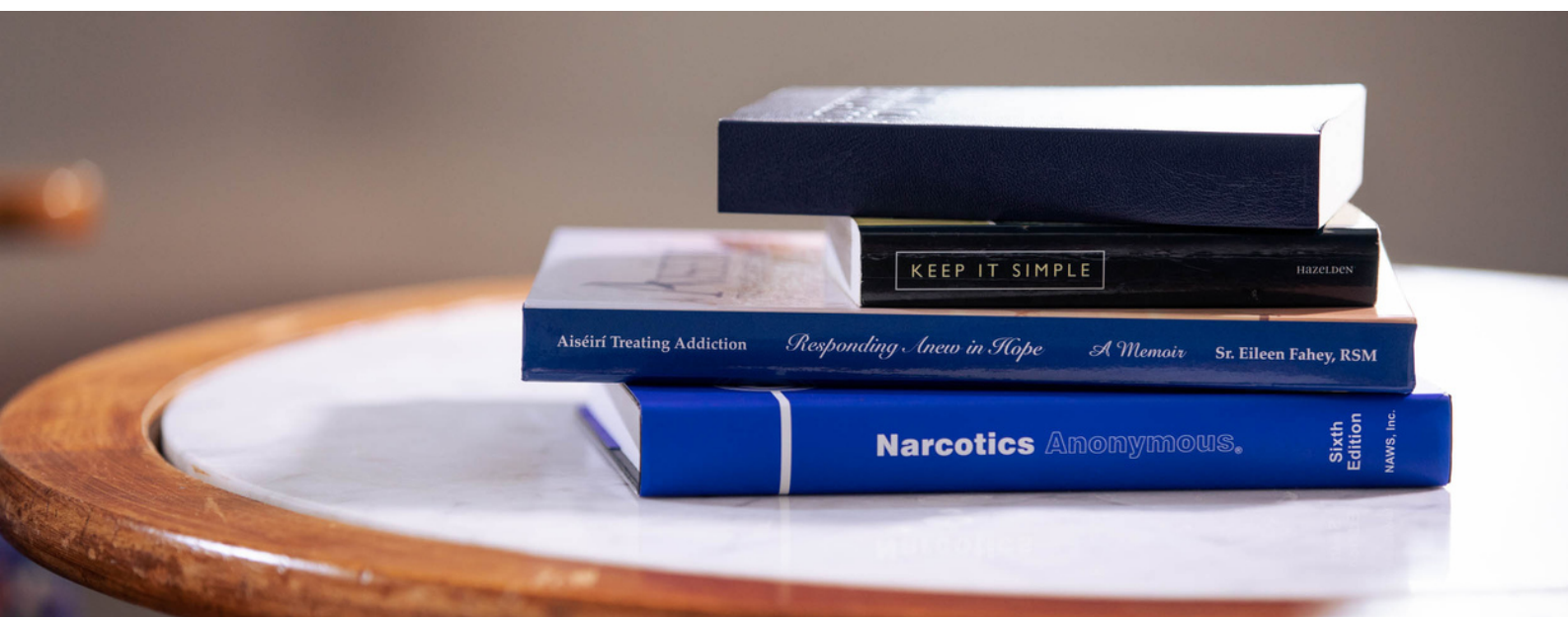
Considering the developments within the service over the past year, we can see a recovery community thriving and surviving the most adverse of conditions. This fills me with great hope for what is yet to come.

I am proud to lead this Organisation as CEO and I look forward to continuing on this journey with you.

Kind Regards,

Mary Hennessy

CEO





GOVERNANCE AND QUALITY

Aiséirí is committed to maintaining the highest standard of governance in all of our activities. Aiséirí is a registered charity and is also a designated activity company limited by shares. Our purpose and objectives are laid out in our Memorandum of Association. Aiséirí's audited accounts are fully compliant with FRS 102, the financial reporting standard applicable in the UK and Republic of Ireland. Aiséirí complies with the Governance Code for Community, Voluntary and Charitable organisations in Ireland.

We are accredited by CHKS.

CHKS is a leading provider of healthcare intelligence and quality improvement services. CHKS assurance services combine data analysis with site assessments to benchmark care standards against national quality standards, and highlights areas of good practice and opportunities for improvement.

In 2021, the Aiséirí Organisation has demonstrated a high level of quality across all four centres. We achieved full compliance in all standards and throughout all four sites.

CHKS STANDARDS 2021

The following standards were reviewed and audited by CHKS in 2021, Aiséirí was fully compliant in all standards.

- Standard 1 – Leadership & Service Management
- Standard 2 – Quality & Governance
- Standard 3 – Financial Management
- Standard 4 – Human Resources
- Standard 5 - Education, training and development of staff
- Standard 6 – Risk management
- Standard 7 – Health and safety
- Standard 8 – Fire safety
- Standard 9 – Waste management
- Standard 10 – Clinical risk management and patient safety
- Standard 11 – Resuscitation
- Standard 14 – Infection prevention and control
- Standard 16 – Patient pathway
- Standard 17 – Patient rights and needs
- Standard 18 – Information for patients
- Standard 19 – Clinical Records
- Standard 20 - Access, environments and facilities management
- Standard 21 – Security
- Standard 22 – Catering services
- Standard 24 – Reception & Administrative services
- Standard 25 – Service governance
- Standard 50 - Addiction treatment service - residential and day care
- Standard 61 - Supportive housing



EXCERPTS FROM CHKS FEEDBACK

Leadership, Governance and Financial Management

The evidence reviewed and discussed verifies that the leadership at Aiséirí is actively engaged in the quality improvement process and are continuously seeking initiatives to provide better services to the clients and improve the profile of the organisation at a national level.

Clearly defined reporting mechanisms confirm that Aiséirí is an effective and safe organisation and strives to meet the set objectives. The organisation strives towards excellence and innovation which is demonstrated by the fact that remote working has been quickly adopted across the spectrum of services following the pandemic and the working styles have been adapted seamlessly across all the services. The organisation also won the 'Aontas Star' award for adult learning initiatives that support social inclusion in 2021.

The leadership looks after and promotes the welfare of the staff. An Employee Assist programme (which includes counselling sessions, workshops etc.) has been rolled out to support the staff in their respective roles and to enhance the spiritual, physical, and mental wellbeing of its people.

Overall, the evidence reviewed and discussed confirms strong leadership and effective governance at Aiséirí.

Risk Management and Internal Management (Quality) System

Evidence and interviews have clearly highlighted that risk management processes are well defined and well embedded. Staff are seen to be appropriately trained on incident reporting and risk assessment processes.

Actions arising from risk management activities are well managed, as evident from the onsite interviews.

The centre manager holds regular community meets and focus group discussions with the clients to identify and resolve any issues as quickly as possible. As per the evidence provided, there have been no complaints in the past year. The clients are given enough information on how to raise a complaint if they wish to.

Audits are carried out as scheduled and audit findings are closed in a timely manner.

In summary, Aiséirí demonstrates a robust risk, health and safety framework, and quality management systems are in place with regular monitoring.

CHKS FURTHER FEEDBACK

Management of Equipment and Facilities

Regular checks and calibration of the monitoring equipment is carried out at defined intervals.

Overall, the premises and surroundings ensure a safe and supportive environment for care services being provided.

Aiséirí was highly praised for:

Innovative thinking around communicating with clients, using technology communication systems, both pre-admission and post discharge from the centre. This has ensured that clients are fully supported. This means of communication has also ensured that family members continue to be involved in recovery.

The excellent information provided to residents in the **'My Recovery Plan'** document, which is developed between the resident, the continuum of care counsellor and the key worker.

The quality of the in-service objectives and **induction** and patient information.

The comprehensive **discharge advice** provided to residents.

GOVERNANCE

Governance Code

We confirm that a review of our organisation's compliance with the principles in the Code was conducted and was based on an assessment of our organisational practice against the recommended actions for each principle:

Principle 1. Leading our organisation.

Principle 2. Exercising control over our organisation.

Principle 3. Being transparent and accountable.

Principle 4. Working effectively.

Principle 5. Behaving with integrity.

We confirm that our organisation is committed to the standards outlined in these principles. We commit to reviewing our organisational practice against the recommended actions for each principle every year.



TREATMENT FOR YOUNG PEOPLE

Treatment for Young People

Our Treatment Centre in Aiséirí Aislinn, Ballyragget, Co. Kilkenny, is for young people aged 15 – 21 years. The services we provide for young people are:

- Residential Detox
- Residential Primary Treatment
- Continuum of Care Programme

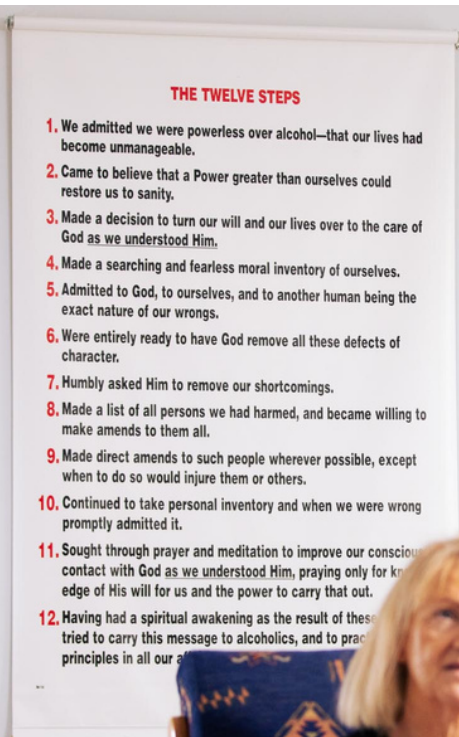
Residential Detoxification – The detoxification programme is a minimum of one week. The detoxification service provides medical, nursing and clinical support to young people during detoxification. This period of treatment provides psychosocial education and other relevant supports to prepare the young person for treatment. Aiséirí Aislinn provides benzodiazepine, alcohol, opioid and symptomatic detoxification from non-physically dependent substances. Medication may be administered to a client if deemed necessary upon the medical professional assessment. The medication regime can be prescribed for a number of days on a titrated dose. During this period, the clients are closely observed through objective and subjective assessments by the nursing and clinical team. When the client is safely finished their detox regime, they then move onto the therapeutic treatment programme.



TREATMENT FOR YOUNG PEOPLE

Addiction Treatment – This is a six-week 12 step programme. It provides the young person with the knowledge, understanding and tools to live an abstinence-based life. It promotes and supports the young person's wellbeing in recovery. A range of the following 14 therapies are incorporated into the Resident's Treatment: One-to-One Counselling, Group Therapy, Psychodrama, Creative Art, Education, Recreational Therapy, Behavioural Therapy, EMDR, Peer Groups, Crisis Intervention, Motivational Interviewing, Meditation, Interagency Conferences, Family Conferences, and Health Promotion. Preparation for Independent Living, Social Skills, and Life Skills are also offered as tools for the clients in preparation for their life in recovery.

Continuum of Care – Young people and their families are also provided with a continuum of care plan upon completion of the primary treatment. This runs once weekly for two years and as a result of Covid-19 is now in a hybrid model which runs on zoom and/or in person. The online continuum of care appears to suit the young people and engagement has increased significantly since its introduction in 2020. Young people also have support via WhatsApp.





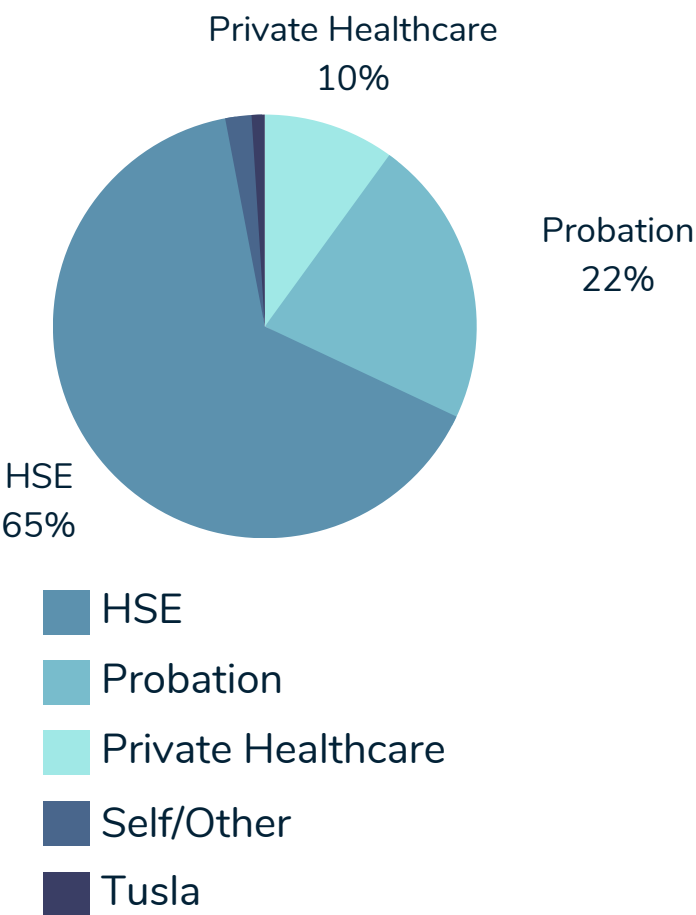
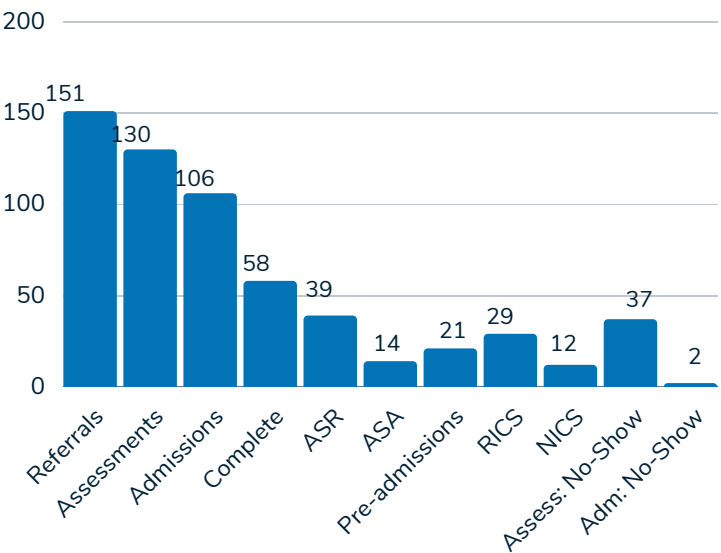
Aiséirí Aislinn Adolescent Treatment Centre, Co. Kilkenny.

In 2021, Aiséirí Aislinn, admitted 112 young people into residential treatment for addiction. The primary addiction for those seeking help was predominantly cannabis.



Young people in 2021 also presented for treatment due to polysubstance misuse including alcohol, cocaine, benzodiazepines and opiates. There is an increase in young people who have a dual diagnosis of mental health issues and addiction issues. Predominant diagnoses are anxiety, ADHD, PTSD and depression. Young people who require a medication review also increased in 2021 to approximately 70%. Consultant Child Psychiatrist, Dr Bobby Smyth is onsite bi-weekly to assess and monitor this. Trauma and adverse childhood events are often a significant issue for young people seeking treatment. Aiséirí, Aislinn introduced EMDR therapy for young people who have suffered severe trauma in their lives. Family work is an integral part of treatment and despite Covid 19, Aislinn maintained their support to families throughout treatment, and on into their continuum of care.

AISLINN REFERRALS AND STATISTICS



Total Admissions	106	
Detox	94	89%
House:	12	11%
Gender Profile		
Male:	84	87%
Female:	22	21%
Main reason referral		
Drugs	102	96%
Alcohol	3	3%
Gambling:	1	1%
Multiple Addictions:	0	0%

TREATMENT FOR ADULTS

Treatment for Adults

We have two Primary Treatment Centres for Adults:

Aiséirí Cahir

- Residential Detoxification Programme
- Residential Primary Treatment
- Continuum of Care Programme

Aiséirí Wexford

- Residential Primary Treatment
- Continuum of Care Programme

Secondary Treatment

Aiséirí Waterford.

- Céim Eile; Residential Secondary Treatment for Men (6 months)
- Céim Eile; Residential Secondary Treatment for Women (6 months)
- Sober Living Programme for Men (6 months)
- Sober Living Programme for Women (6 months)
- Progression Programme – Community Based Special CE Scheme
- Continuum of Care Programme

Support for Families

- Family Day takes place each Wednesday in all Primary Treatment Centres.
- Two Year Continuum of Care Programme/ Concerned Persons Group



An aerial photograph of the Aiséirí Cahir facility, showing a large building complex surrounded by greenery and trees. The text "Aiséirí Cahir" is overlaid on the right side of the image.

Aiséirí Cahir

In 2021, Aiséirí Cahir had the highest number of admissions since its establishment in 1983, with 199 admissions and 152 completing treatment.

In line with national trends, there was an increase of clients presenting with cocaine use as their primary addiction. Previously, alcohol has always been the primary addiction people accessed treatment for.



The average age profile continues to remain at under 30 years of age.

75 clients completed residential detoxification in 2021. We can safely detox clients from alcohol, opiates, benzodiazepines, cannabis, cocaine and various prescription drugs such as lyrica & zimovane.

Family Days happen every Wednesday, and continued to be conducted using a hybrid model, as were all our Continuum Of Care Groups. These groups were conducted using online platforms and teleconferences. Staff were diligent and patient and committed to ensuring the service ran smoothly for all clients

The Continuum of Care, Family Programme ran every Monday evening, with full capacity throughout 2021. This resulted in a busy and recovery filled medallion Day in August. Our team is committed to whole family recovery. So while an individual is in treatment, we recognise the loved ones of this individual also needs healing and recovery. Once again the message from

Aiséirí, Cahir is that we are here to help not only the addict, but their family too.

Outcomes from 2021 demonstrates an increased need for addiction treatment services, with increased inquiries, increased number accessing treatment an increase in families accessing the Continuum of Care Programme and changes in trends of primary addictions. This conveys the current landscape of addiction in Ireland and perhaps the consequences of Covid-19 being revealed.



John Tobin Operations Manager, Cahir

“Our multi-disciplinary team of Addiction Counsellors, Nursing Staff, Care Workers, Consultant Doctor, Consultant Psychiatrist and Support Services all work together to provide the best possible outcome towards recovery for our clients.

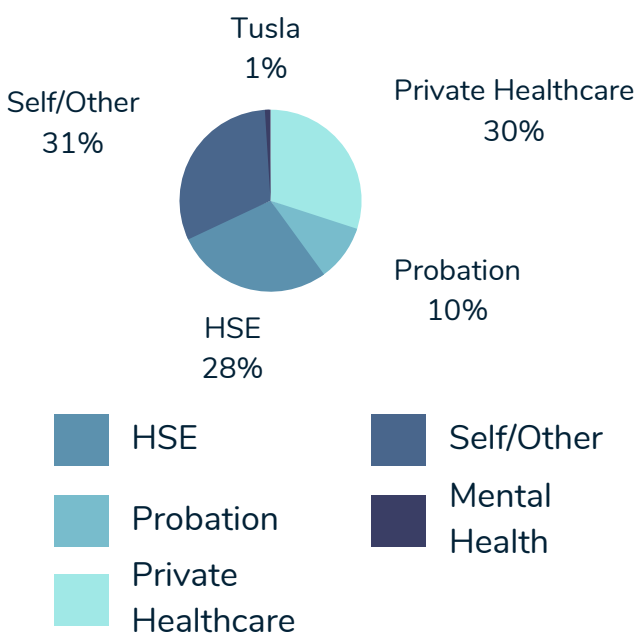
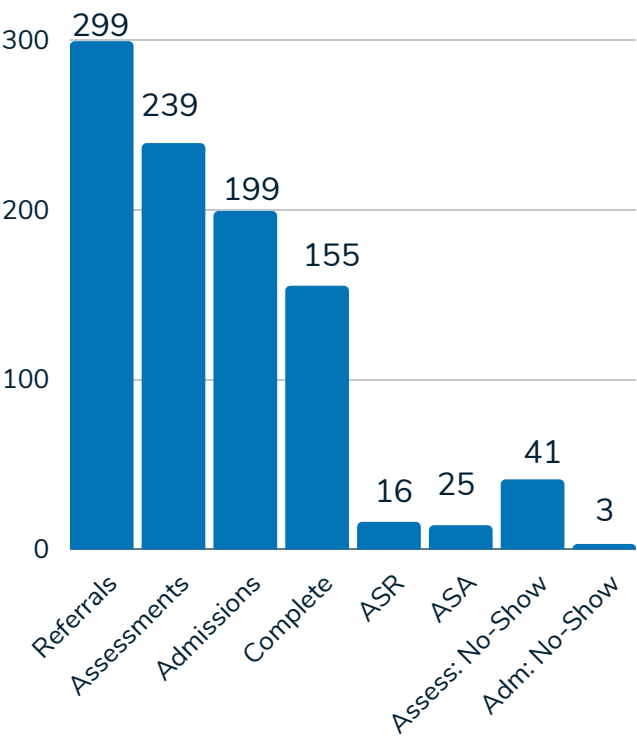
I wish to take this opportunity to sincerely thank all staff for their hard work, dedication and patience, it is remarkable how many lives have improved as a result of the services we provide in Aiséirí, Cahir in 2021”

John Tobin

Operations Manager, Cahir



CAHIR REFERRALS AND STATISTICS

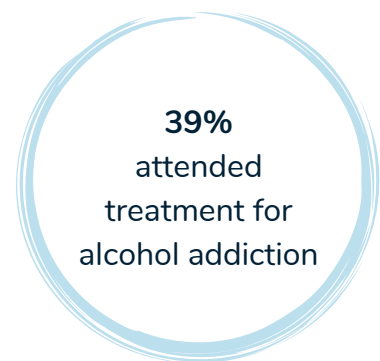


Total Admissions	199	
Detox	92	46%
House:	107	54%
Gender Profile		
Male:	134	67%
Female:	65	33%
Main reason referral		
Drugs	83	42%
Alcohol	90	45%
Gambling:	4	2%
Multiple Addictions:	22	11%



In line with trends throughout the organisation, Aiséirí Wexford experienced increased queries & referrals in 2021.

- 19% increase in referrals
- 32% increase in assessments
- 13% increase in admissions



Community and Family were strong themes that emerged from 2021.

The critical importance of family involvement was evident, and treating not just the client presenting for treatment, but their family members too. The pandemic and subsequent restrictions were beginning to lift allowing more family on-site involvement and a general feeling of freedom returning. The pandemic was a reminder of how important our Aiséirí community is and this of course, is one of the cornerstones of our 12-step programme. Sr. Maureen Freyne and Fr. Jim Curran continue to volunteer and their presence brings a lovely energy to the centre. Fr. Jim leads spiritual workshops and Sr. Maureen works with new clients and their families.



Medallion Day

Medallion day is a highlight and a really special occasion in Aiseiri. We were unable to hold it in person in 2020 with the rise in Covid-19 cases. 2021 saw a huge turnout, to our in person event, with inspiring words and actions from ex-residents and their families.



Laura and Mark welcoming clients and their families to Medallion Day



We launched our cookery book **“Keep It Simple”**, full of simple recipes to make gorgeous homemade food, and all proceeds went directly to Aiséirí Wexford. This cookbook was created by our chefs, Helen Cullen Myler, Deirdre Farrell and Jane Cullen.

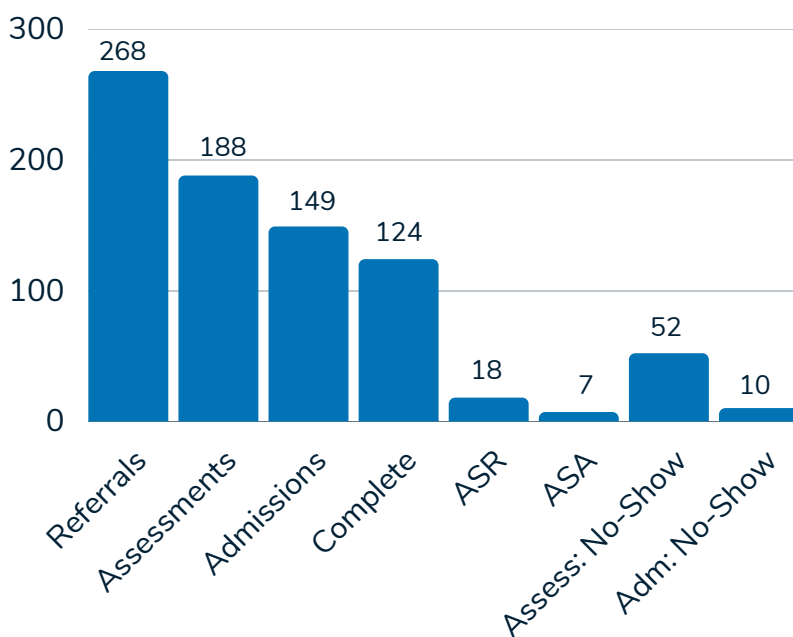
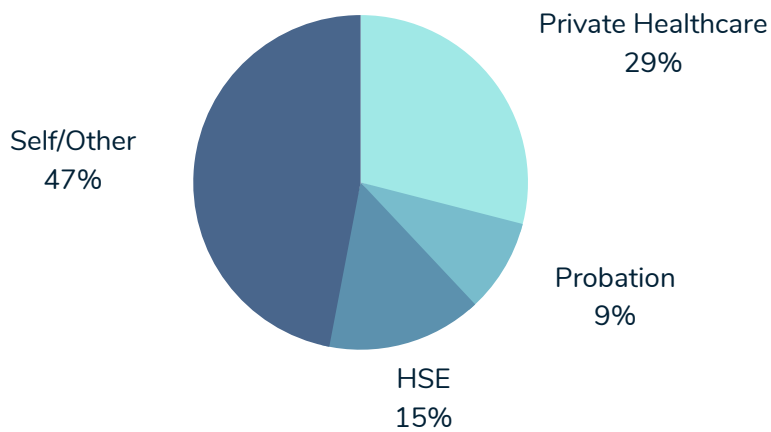
We would like to thank retired chef Mary Fowler for coming on board to support this project. The Aiséirí community grows every year, and it is wonderful to see its members support and empower one another.

"As Operations Manager of our Wexford service, I would like to thank all our staff for their continued hard work and professionalism. Each and every member contributes in their own unique way to help make our centre a safe, peaceful and ultimately a life changing experience."

David Curtin

Operations Manager, Wexford

WEXFORD REFERRALS AND STATISTICS



Total Admissions	147	
Gender Profile		
Male:	103	70%
Female:	44	30%
Main reason referral		
Drugs	20	14%
Alcohol	58	39%
Gambling:	1	1%
Multiple Addictions:	68	46%



Aiséirí Waterford – Céim Eile for Women, Céim Eile for Men, Sober Living & The Progression Programme.

Céim Eile Secondary Treatment

Céim Eile provides both men and women with the opportunity to extend their treatment journey. Secondary Treatment is for those who need additional time, support and treatment to gain the skills and confidence to build a life in early recovery. Clients in need of additional treatment are identified based on need in primary treatment. Following assessment, they may be offered a place in secondary treatment based on suitability, need and availability.

Secondary treatment provides residents the opportunity to solidify their recovery in a new supportive environment, explore challenges, identity, consequence, hopes, fears, motivations & learn new life skills. Secondary Treatment is for a six month period. Paralleling international best practice, we provide gender specific treatment settings.

Sober Living. Sober living is a collaboration with Waterford City Council. It provides a further 6 months step down living programme. The residents are supported by engagement in The Progression Programme, peer support and outreach support from Céim Eile.



Growth

The provision of a secondary treatment programme, followed by sober living and combined with extensive personalised support with training and education has created a very strong, vibrant recovery community in Waterford City.



**Mick and Gerry at
Celebration Day**

Developments

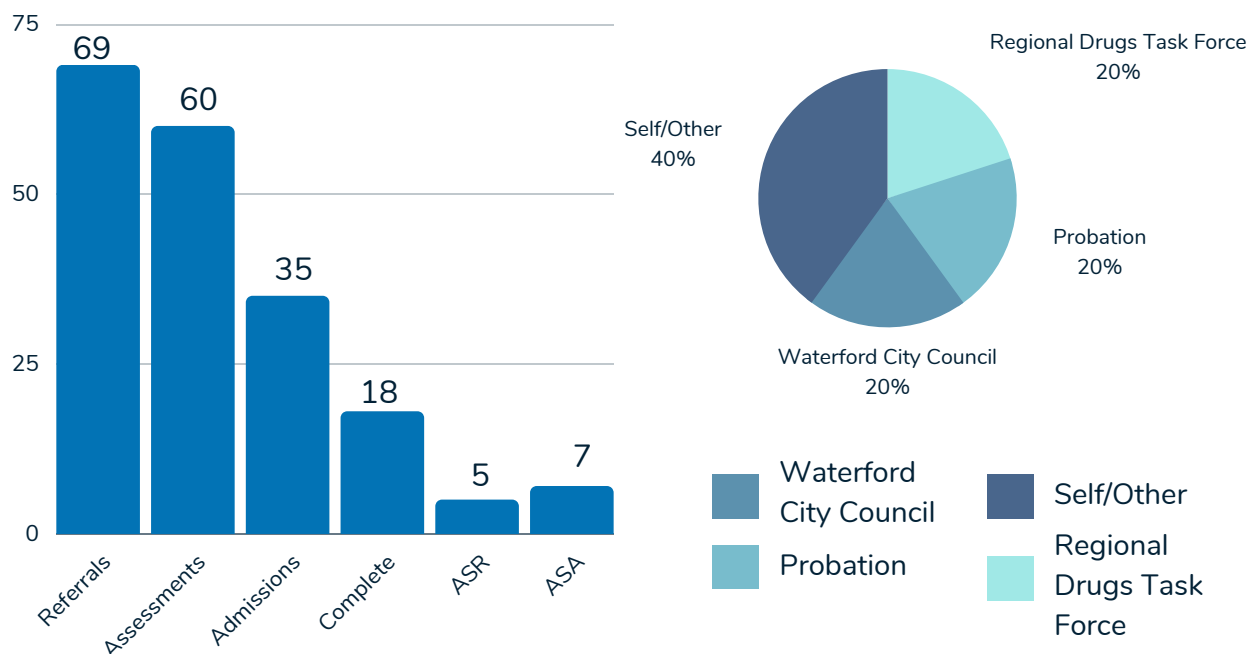
September 2021 brought the highlight of the Céim Eile calendar year. Celebration Day took place in Mount Congreve Gardens and proudly our staff team, resident's families and service providers watched on in delight to see our community of current and ex residents step forward to receive their medallions, tell their stories and be awarded a range of certificates of learning which demonstrate their innovation, diversity, and commitment.

Celebration Day is a true indication of the power of recovery and the miracles that unfold each day in Céim Eile - we are more than a Treatment Centre, we are a family and a recovery community.

The annual **3-day spiritual retreat** in Slí an Chroí in Kiltegan, Co Wicklow, is a favourite among residents and staff alike, and provides opportunity to come away from the busy to reconnect with nature and oneself through quietness, reflection and meditation.



CÉIM EILE REFERRALS AND STATISTICS



Total Admissions	35	
Gender Profile		
Male:	21	60%
Female:	14	40%
Main reason referral		
Drugs	25	71%
Alcohol	7	20%
Gambling:	0	0%
Multiple Addictions:	3	9%

Progression Programme



Increased Capacity

The Aiséirí Progression Programme increased capacity from 19 participants to 27 participants following a successful application to the Department of Social Protection.

Finance

Throughout 2021, the Progression Programme received additional funding totalling €63,500 towards training and education from funding providers including WWETB, Mitigating Against Education Disadvantage Fund, Waterford Area Partnership, the Department of Social Protection and MAED. €20,000 of this, from MAED, allowed us to create a purpose-built IT space in our building at the Mall as well as purchasing laptops for use by both residents and ex residents of Céim Eile. This funding also ensured each centre in Waterford had the appropriate presentation hardware for tutors and staff.

Programme Recognition & Achievements

In 2021, the Aiséirí Progression Programme was awarded the AONTAS Star award for Social Inclusion. AONTAS is Ireland's National Adult Learning Organisation. This national recognition highlighted the success of the programme in providing a holistic programme of education for both the residents and ex residents of Aiséirí Céim Eile.



89% of participants progressed into full-time employment or education.

Progression Employment Routes included childcare, construction, administration and maintenance while examples of education routes included Business, Social Care and Counselling & Psychotherapy.

Further developments of the residential education programme for the Aiséirí Céim Eile included Stable Management with Kilotteran Equitation Centre and our Outdoor Education Programme with Shielbaggan Outdoor Education & Training Centre. Individual programmes for ex-residents included courses in Counselling and Psychotherapy, Teaching English as a Foreign Language (TEFL) and QQI Awards in Horticulture, Social Studies and Law.

"It is indeed a privilege to work alongside the amazing staff team who truly encapsulate acceptance, loving kindness and care in everything they do in the face of such adversity, restrictions, masks, isolation, Céim Eile staff kept going – warriors!

The Céim Eile team strive to create an environment of safety, support, empowerment, non-judgement and dignity, but naturally the real successes come from our wonderful client group who each day essentially feel the fear and do it anyway! Our sincere hope is that for many years to come, Céim Eile has the opportunity to keep the doors open to the vast number of vulnerable men and women in our society who need the chance to turn their lives around in a programme that is proven to work."

Gerry Carroll

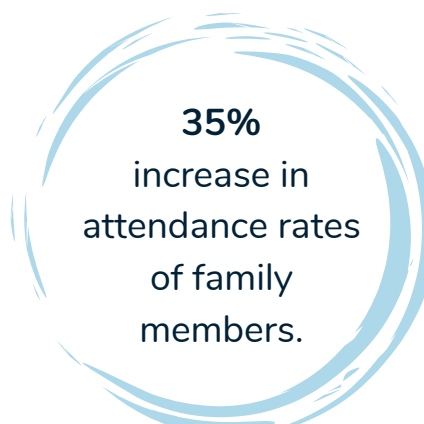
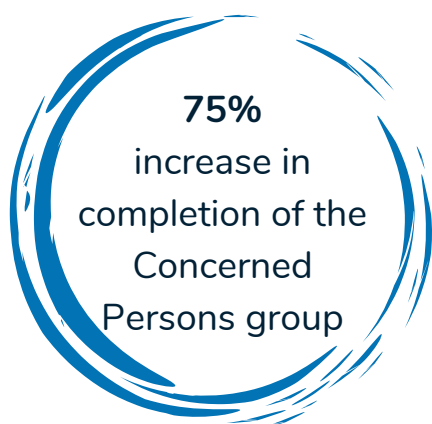
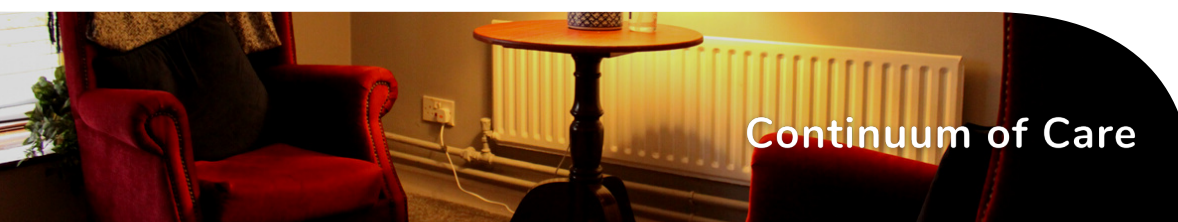
Head of Recovery Support Services.

Individual Courses examples 2021

- QQI Level 5 Major Award in Social Studies
- Regional Leaders Programme
- QQI Level 5 Major Award Level 5 in Early Childhood Care and Education
- Manual Handling Instructor Training
- Teaching English as a Foreign Language
- SafePass
- Yoga Teacher Training
- QQI Level 8 in Occupational Health and Wellbeing
- QQI Level 4 Major Award in Horticulture
- LAMH Sign Language Training
- Screen Acting Training
- Certificate In Counselling & Psychotherapy
- Special Purpose Award in Training and Education
- ICDL
- TIG, MIG and ARC Welding
- Literacy Supports
- Pre-Apprentice Maths Support
- Audio Transcription Training
- Barbering
- Child Psychology
- Supervisory Management
- Psychology

**Group Programmes 2021**

- Outdoor Education Programme
- Stable Management
- QQI Level 4 in IT Skills
- QQI level 4 in Personal and Interpersonal Development
- The Power of You
- QQI level 4 in Communications
- Start your own Business
- Drama
- Art
- Dance
- QQI level 6 Special Purpose Award in Training and Development



The Continuum of Care Programme provides a 2-year post treatment weekly group programme for three client groups:

- Continuum of Care for the client who has completed treatment and is in recovery.
- Recovery Programme - for the client who has completed treatment and is going through relapse.
- Concerned Persons Group – for the family members of the individual who has completed treatment (regardless of that individual's recovery status).

New Trends & Programme Developments

A key objective was to embed and maintain the new initiatives introduced in response to Covid 19, namely the use of online platforms. These responses included:

Early Recovery Group: An online weekly group for the first four weeks post treatment, facilitated by the continuum of care counsellor. This group prepares the individual for their continuum of care group and embeds the continuum of care plan. From this, the client transitions into the 2 year continuum of care programme.

Recovery Programme: This programme was restructured to best support the client who was relapsing. The programme was enhanced to include both a 4-week programme or the option of a 12-week programme to support the

individual who was struggling to return to maintain their alcohol/drug/gamble free status. All concerned person's groups are facilitated by volunteer facilitators and specialised training opportunities ensured that all facilitators were supported to facilitate groups on relapse preventions and relapse support.

Continuum of Care Programme for Adolescents: EMDR was integrated into the service to complement the weekly group and the family support – the individualise support plan for each young person is key to ensuring the young person has a support network.

A Continuum of Care service satisfaction survey for clients indicated a client satisfaction rate of 94%.

Volunteer Training & Development

70 volunteer facilitators run the continuum of care groups all around Ireland and online.

30 volunteers completed their training this year to sustain the team, approx. 20 – 30 volunteers will 'retire' each year having offered a minimum of a 2 year commitment. The training is a combination of in house '12 step' training & QQI

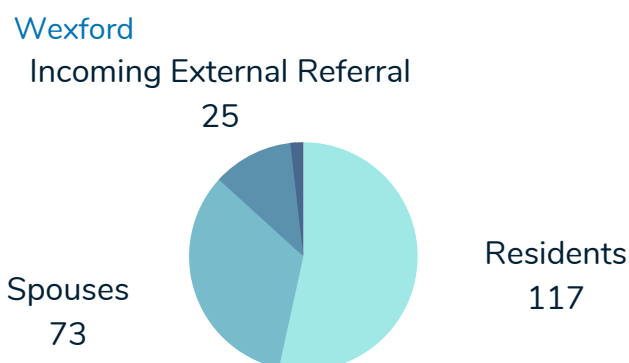
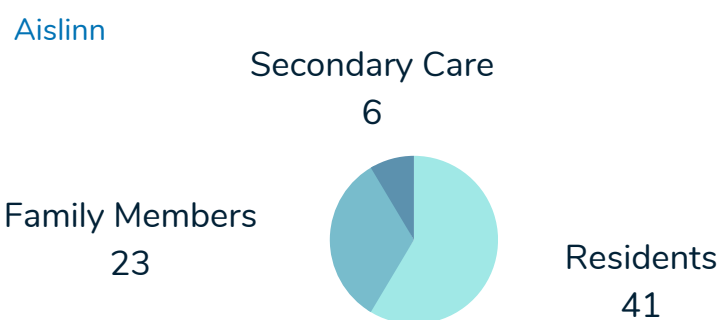
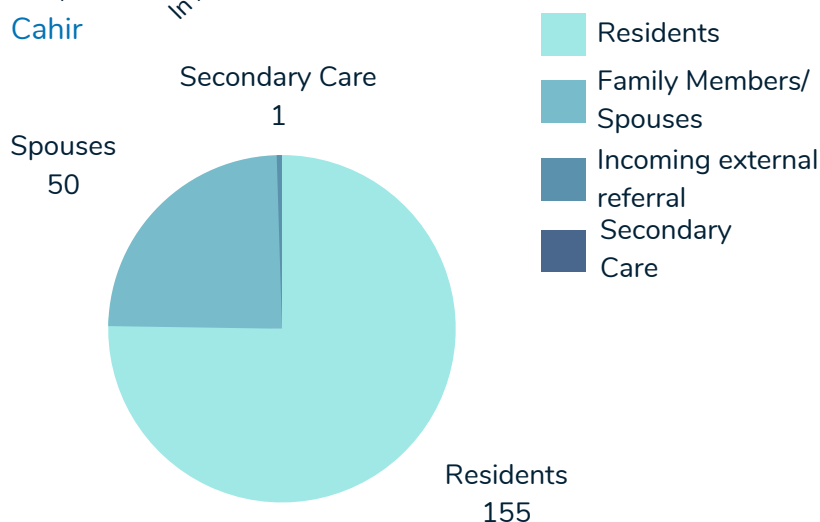
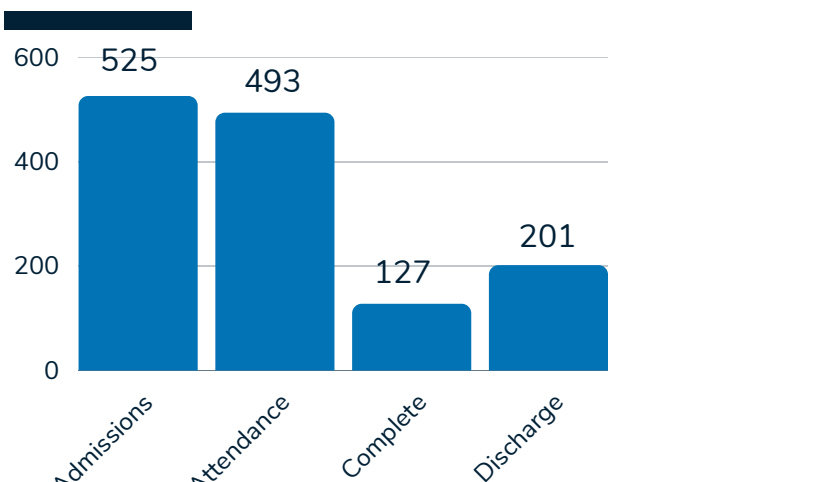
level 6 in Group Facilitation. Aiséirí and ICHAS collaborate on the delivery of this programme. Additional trainings undertaken by the volunteer team included Mental Health First Aid in collaboration with Mental Health Ireland, LGBTQI+ and '12 Steps, A Programme for Living'.

A survey of the satisfaction rate of the Aiséirí volunteer group facilitators indicated a 97% satisfaction rate. In particular, they felt supported, felt safe and felt heard.

Family Engagement: Supporting family members is really a really valuable and important part of the work of Aiséirí. Bringing the Concerned Persons group online as a result of Covid removed barriers such as access to the Centre, travel and time. This demonstrates the need and want that family members have to access and engage in support for their own recovery. We are committed to enhancing our service provision in response to this



CONTINUUM OF CARE REFERRALS AND STATISTICS



Total Admissions	525
Client:	332
Family Member:	163
External incoming Clients:	30
Gender Profile	332
Male under 18:	33
Male over 18	195
Female under 18:	4
Female Over 18	100
Main reason referral	332
Drugs	100
Alcohol	132
Gambling:	2
Multiple Addictions:	98

THE CLIENT EXPERIENCE

"My name is Sara. I am 35 years of age. I am from Dublin. Here is some of my story. I am from a family of nine, had both parents, three sisters and three brothers in my family home growing up. In my home drinking alcohol was normalized –a typical Irish household. It was strict and dysfunctional like most households to be honest - well I didn't know any different anyways as a young girl.

During my teenage years, I loved school. In my late teens I started getting in trouble. I was quite an angry young girl and at seventeen I left home. I then got introduced to heroin. Very quickly my life was taken over by drugs and the lifestyle that came with it. This continued for seventeen years. I ended up in prison for five years and had two children. I found out in a methadone clinic I was pregnant with my daughter who is now fourteen. My Mam has looked after her most of her life as I wasn't able. I then ended up homeless and found out I was pregnant again in my methadone clinic. I was living in a hostel and when I had my son and he was put in to the care system from hospital. I tried to get clean from here. I was thirty at this point with no coping skills and no life skills. I tried various treatments but came back to the same environment and back to using again. I had childhood trauma and so much more to deal with.

In May 2019 I got into Primary treatment again and wanted this so much. I had lost everything, had tried to take my own life and had had enough. I had done my detox and four weeks in treatment in Aiseiri Cahir and was accepted into Aiséirí Ceim Eile secondary treatment Programme. This changed my life. I knew I had to do more and was willing to go to any lengths to get through it there. I had buried my Dad while there and had great support. I was taught to be responsible, to cook and clean and in group work, I learned to talk about how I dealt with anger and behaviors that did not serve a purpose in my life. I then went on to Ceim Eile Sober living Programme for 6 months which taught me how to live independently. I had never lived alone, had always been in a toxic relationship or hostels before this. I grew so much as a person, helped too by using my fellowship meetings.

THE CLIENT EXPERIENCE

I also went through the Aiséirí Progression Programme – Training and Education Programme and did loads of Back to Education courses. I never thought I could go back to learning. I have five QQI accredited courses to date and twenty courses completed in total. I completed research work on homelessness and it has been published. I have also been involved in research work with sex-workers which has resulted in massive change in their lives and safety. I volunteer with the homeless, feeding them and in outreach – I helped to set this up with my local church. I am currently working on getting both my kids back and hoping to get into full time college in September to study Social Care. I also have my own apartment and my life is really good today.

To say I am grateful is an understatement. I am nearly two years in recovery and I have so much in my life today - not stuff I got back, but stuff I never had. Without the support I had from Aiséirí Céim Eile and The Aiséirí Progression Programme, I would never have achieved what I have today. For this, I am truly grateful. We definitely need more secondary treatment centres as Céim Eile has saved my life, has given my children a mother back, my mam a daughter and my family a sister.



THE CLIENT EXPERIENCE

Nearly two years on from when I came into Céim Eile and I am still sober. That is not something I thought I would be saying without all the support I got while in there and since I left. If I didn't get the opportunity to go to Céim Eile, I'm fairly confident I would have left treatment after my 28 days, gone home, would have isolated in my room, not done meetings and would have been back drinking in no time. Then after that who knows, but it wouldn't have been good. While in Céim Eile, I had a reason to get out of bed, take care of my personal hygiene, keep a good routine and had people to talk to.

Going into Céim Eile I was riddled with fear, didn't trust anyone and had fairly poor social skills. Oh, and I was blind with cataracts, too afraid to do the surgery, because I knew it would be a disaster, like everything in my life at that stage. While there I learned to develop my social skills, got to do a whole bunch of courses and activities, and even got my eye sight back. Céim Eile even put in the eye drops for me, multiple times a day, for two and half months before and after the cataract surgery. Céim Eile was so patient with me, I was very closed off going into the place. I left there with a good routine, a bit of belief in myself, the ability to be able to talk to people and a slightly less pessimistic attitude.

After that I went onto sober living while participating on the Progression C.E Program. In sober living I learned I like things my way, used my cleaning as a bit of a way to control. I had to develop a whole lot of acceptance around that in a house with five lads. On the C.E Scheme, I had an epic journey doing E.C.D.L, all while developing my computer skills and having the sense of achievement of completing it, eventually. I've got to do a bunch of psychology courses, moving towards my goal of going back to full time education. I hadn't done anything with education for about twenty years and didn't do great before that. So, all the support I get with that is greatly needed, and appreciated.

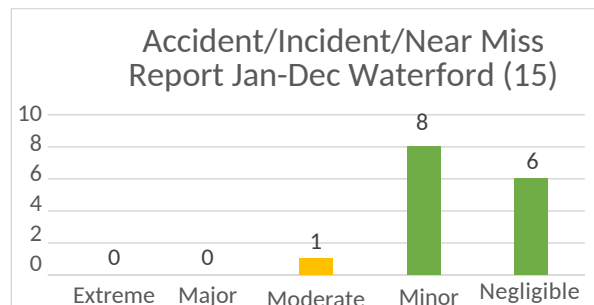
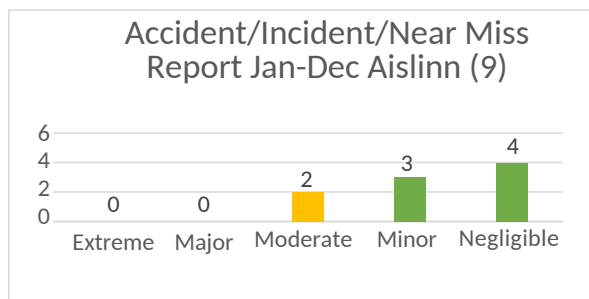
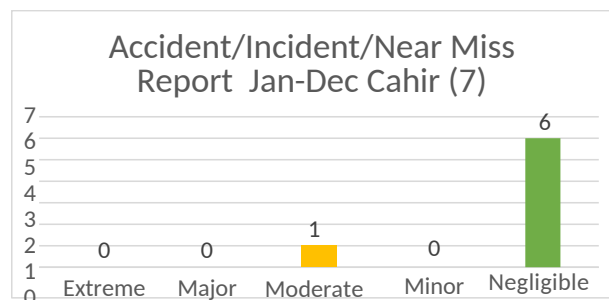
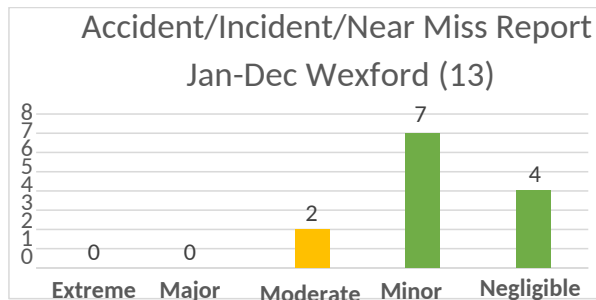
Through all this I have learned, that I might, maybe, be the one causing myself most of my problems. It actually makes me emotional trying to put

THE CLIENT EXPERIENCE

into words how much I've got from my Céim Eile/ Progression experience. I've got a life, direction, hope for the future and acceptance around myself. Looking back over the time in Céim Eile and since leaving, I've had some struggles that I don't feel I would have got through without the support and guidance."



Incidents reported – Jan-December



Aiséirí Cahir Designated Activity Company

Directors' report and financial statements

Year ended 31 December 2021

Registered number: 506175

Aiséirí Cahir Designated Activity Company

Directors' report and financial statements

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Aiséirí Cahir Designated Activity Company

Directors and other information

Directors

Catherine O'Callaghan
Nicola Connery
Marie Walsh
Marie Ahearne
Ronan Fawsitt
Peter Finnegan
Stephen Costello
Anne Cuffe
Josephine O'Mara (resigned 30 September 2021)
Thomas O'Dwyer
Matthew Breen
Paul Murray (appointed 5 January 2022)

Secretary

Mary Hennessy

Registered office

Townspark
Cahir
Co. Tipperary

Auditor

KPMG
Chartered Accountants
1 Stokes Place
St. Stephen's Green
Dublin 2

Bankers

Bank of Ireland
Cahir

CHY (Revenue) number

CHY 20096

Registered charity number

20079550

Registered company number

506175

Aiséirí Cahir Designated Activity Company

Directors' report

The directors present their annual report together with the audited financial statements of Aiséirí Cahir Designated Activity Company ("Aiséirí") for the year ended 31 December 2021.

Principal activities and business review (including principal risks and uncertainties)

Aiséirí is a service agency that is informed by values and motivated to a mission; it believes in the priceless potential of people, and that recovery from addiction is possible for everyone.

Aiséirí Cahir Designated Activity Company is a wholly owned subsidiary of Aiséirí, ('the Corporation'), and is responsible for the day to day management of the four treatment and support units – Aiséirí Aislinn in Ballyragget, Co. Kilkenny; Aiséirí Cahir in Co. Tipperary; Aiséirí Wexford at Roxborough, Co. Wexford; and Aiséirí Ceim Eile in Waterford City. Aiséirí Cahir assists and supports adults over the age of 21 years who have addictions to alcohol, drugs and gambling to achieve and sustain recovery. The centre in Cahir provides a residential detoxification service to those that need this. In common with Cahir, Aiséirí Wexford provides residential rehabilitation to adults who want to recover from addiction. In Aislinn Ballyragget we provide and deliver detoxification and residential treatment to young people in the age range 15 – 21 years. In Ceim Eile, in Waterford, we provide Continuing Care, if required, for clients following completion of their residential treatment programme. Continuing Care is a second-level service that focuses on practical vocational and living skills development and makes supported accommodation available to clients in recovery who need this.

By bringing these four treatment centres together, we are now able to provide comprehensive care (from detox services to sober housing over a year long period) for clients and their families who are dealing with addiction.

The Chief Executive, with the support of the staff and under the direction of the Board, has the brief for ensuring that the services of Aiséirí evolve in a manner that best meets the changing needs and circumstances of the clients, while ensuring that the service operates in a financially prudent way.

The statement of income and expenditure and balance sheet at 31 December 2021 combine the results of the four treatment centres.

The directors consider any events that could lead to a withdrawal of grant aid and/or contributions and donations as the principal financial risk faced by the Company.

A decision was taken by the shareholders, following the recommendation of the Board, to re-register the Company, pursuant to Part 20 of the Companies Act 2014, from a Designated Activity Company to a Company Limited by Guarantee. This company structure is adopted by a large number of charitable organisations and this will also facilitate the merger of the Company with the Aiséirí Trust (registered charity number: 20013479) in the future. Due to COVID-19 and the restrictions that have been place, it has not been possible to proceed with the re-registration of the Company. It is anticipated that this matter will be completed as soon as possible.

Results for the year

In the year ending 31 December 2021 the Company recorded a deficit of €497,502 whilst in the year ending 31 December 2020 the Company recorded a surplus of €33,647.

No dividends or transfers to reserves are recommended by the directors.

Aiséirí Cahir Designated Activity Company

Directors' report *(continued)*

Going concern

The Company incurred a loss of €497,502 in 2021, impacted by the delayed receipt of expected funding income.

The Company's ability to continue as a going concern is dependent on ongoing financial support from the HSE and other government agencies.

The Directors have reviewed financial projections and the underlying assumptions and considered the availability of continued finances and, on the basis of this review believe that appropriate funding will be made available to the Company to enable it to continue as a going concern.

The Directors believe that sufficient financial resources will be available to enable the Company to meet its obligations as they fall due, covering a period of not less than 12 months from the date of approval of the financial statements. In forming their view, the directors continue to adopt the going concern basis in preparing these financial statements. The directors considered the following factors in reaching this decision:

- The company received additional support funding from the HSE in December 2022(€480,000).
- The company will continue to avail fully of the Government Debt Warehouse Scheme.(now extended to 30 April 2024; and
- The directors are in the process of restructuring Aiseiri Cahir DAC with Aiseiri (Trust),and are confident that this will result in an improved financial position for Aiseiri Cahir DAC.

The Directors of the Company have concluded that the above factors are achieved and achievable while acknowledging that any failure to deliver on the above assumptions might impact adversely on the ability of the Company to trade as a going concern and to repay its obligations and liabilities as they fall due.

It is on this basis that the Directors consider it appropriate to prepare the financial statements on a going concern basis. These financial statement do not include any adjustment that would result from the going concern basis of preparation being inappropriate.

Directors, secretary and their interests

The directors and secretary who held office at the date of approval of the financial statements are listed on page 1.

In the year ending 31 December 2021, Josephine O'Mara resigned from the Board.

Subsequent to the year end, Paul Murray was appointed to the Board.

The directors did not have any interest in the shares of the Company at 31 December 2021.

Accounting records

The directors believe that they have complied with the requirement of Section 281 to 285 of the Companies Act 2014 with regard to keeping adequate accounting records by employing accounting personnel with appropriate expertise and by providing adequate resources to the financial function. The accounting records of the Company are maintained at the Company's offices at Townspark, Cahir, Co. Tipperary.

In so far as the directors are aware, there is no relevant audit information of which the Company's statutory auditor is unaware.

Aiséirí Cahir Designated Activity Company

Directors' report *(continued)*

Relevant audit information

The directors believe that they have taken all necessary steps to make themselves aware of any relevant audit information and have established that the Company's statutory auditor is aware of that information.

Post balance sheet events

There have been no significant events affecting the Company since the balance sheet date that require disclosure in or adjustment to these financial statements.

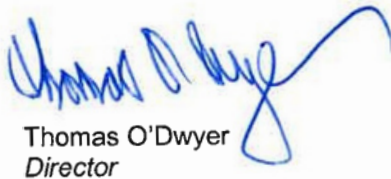
Political donations

The Company has made no disclosable political or charitable donations during the year.

Auditor

In accordance with Section 383(2) of the Companies Act 2014, the auditor, KPMG, Chartered Accountants, will continue in office.

On behalf of the board



Thomas O'Dwyer
Director



Catherine O'Callaghan
Director

21st Feb 2023

Aiséirí Cahir Designated Activity Company

Statement of directors' responsibilities in respect of the directors' report and the financial statements

The directors are responsible for preparing the directors' report and the financial statements in accordance with applicable law and regulations.

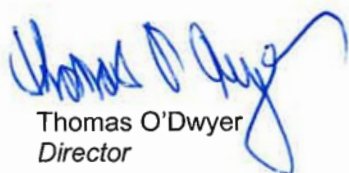
Company law requires the directors to prepare financial statements for each financial year. Under that law they have elected to prepare the financial statements in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland*.

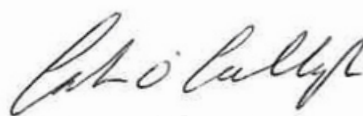
Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the assets, liabilities and financial position of the Company and of its profit or loss for that year. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- assess the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and
- use the going concern basis of accounting unless they either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

The directors are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the assets, liabilities, financial position and profit or loss of the Company and enable them to ensure that the financial statements comply with the Companies Act 2014. They are responsible for such internal controls as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error, and have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the Company and to prevent and detect fraud and other irregularities. The directors are also responsible for preparing a directors' report that complies with the requirements of the Companies Act 2014.

On behalf of the board


Thomas O'Dwyer
Director


Catherine O'Callaghan
Director

21st Feb 2023



Independent auditor's report to the members of Aiséirí Cahir Designated Activity Company *(continued)*

Independent auditor's report to the members of Aiséirí Cahir Designated Activity Company

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Aiséirí Cahir Designated Activity Company ("the Company") for the year ended 31 December 2021 set out on pages 10 to 23, which comprise the income and expenditure account and other comprehensive income, the balance sheet, the statement of changes in equity, the cash flow statement and related notes, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* issued in the United Kingdom by the Financial Reporting Council.

In our opinion:

- the financial statements give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2021 and of its deficit for the year then ended;
- the financial statements have been properly prepared in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland*; and
- the financial statements have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Material uncertainty related to going concern

We draw attention to the note 2 to the financial statements which indicates the Company's ability to continue as a going concern is dependent on obtaining further funding and cost reduction measures. Our opinion is not modified in respect of this matter. As stated in note 2, these events or conditions, along with the other matters explained in note 2, indicate that a material uncertainty exists that may cast significant doubt on the Company's ability to continue as a going concern. Our opinion is not modified in respect of this matter.

In auditing the financial statements, we have concluded that the director's use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.



Independent auditor's report to the members of Aiséirí Cahir Designated Activity Company (*continued*)

Report on the audit of the financial statements (*continued*)

Other information

The directors are responsible for the other information presented in the Annual Report together with the financial statements. The other information comprises the information included in the directors' report. The financial statements and our auditor's report thereon do not comprise part of the other information. Our opinion on the financial statements does not cover the other information and, accordingly, we do not express an audit opinion or, except as explicitly stated below, any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether, based on our financial statements audit work, the information therein is materially misstated or inconsistent with the financial statements or our audit knowledge. Based solely on that work we have not identified material misstatements in the other information.

Based solely on our work on the other information undertaken during the course of the audit, we report that:

- we have not identified material misstatements in the directors' report;
- in our opinion, the information given in the directors' report is consistent with the financial statements;
- in our opinion, the directors' report has been prepared in accordance with the Companies Act 2014.

Opinions on other matters prescribed by the Companies Act 2014

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by Sections 305 to 312 of the Act are not made. We have nothing to report in this regard.



Independent auditor's report to the members of Aiséirí Cahir Designated Activity Company (*continued*)

Respective responsibilities and restrictions on use

Responsibilities of directors for the financial statements

As explained more fully in the directors' responsibilities statement set out on page 5, the directors are responsible for: the preparation of the financial statements including being satisfied that they give a true and fair view; such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error; assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and using the going concern basis of accounting unless they either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A fuller description of our responsibilities is provided on IAASA's website at <https://iaasa.ie/publications/description-of-the-auditors-responsibilities-for-the-audit-of-the-financial-statements/>.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the Company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

2023

Ryan McCarthy
for and on behalf of
KPMG
Chartered Accountants, Statutory Audit Firm
1 Stokes Place
St. Stephen's Green
Dublin 2

Aiséirí Cahir Designated Activity Company

Income and expenditure account and other comprehensive income for the year ended 31 December 2021

	<i>Note</i>	2021 €	2020 €
Income	3	5,347,926	4,815,682
Expenses		(5,853,569)	(5,225,692)
		<hr/>	<hr/>
Net operating loss		(505,643)	(410,010)
		<hr/>	<hr/>
Other income			
Government grants	4	8,141	443,657
		<hr/>	<hr/>
Total other income		-	-
		<hr/>	<hr/>
(Loss)/profit for the year		(497,502)	33,647
		<hr/>	<hr/>

There are no recognised gains or losses other than the surplus for the year and accordingly no statement of other comprehensive income is presented.

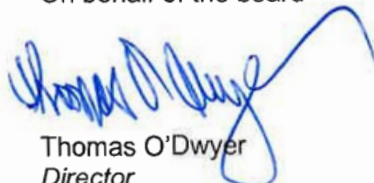
Aiséirí Cahir Designated Activity Company

Balance sheet

as at 31 December 2021

	Note	2021 €	2020 €
Tangible assets	7	2,766,159	2,745,211
Current assets			
Stocks – consumables	8	19,159	16,895
Debtors	9	699,224	834,109
Cash at bank and in hand	10	82,070	451,765
		800,453	1,302,769
Creditors: amounts falling due within one year	11	(1,982,574)	(1,907,190)
Net current liabilities		(1,182,121)	(604,421)
Total assets less current liabilities		1,584,038	2,140,790
Creditors: amounts falling due after one year	12	(513,268)	(572,518)
Net assets		1,070,770	1,568,272
Financed by			
Share capital	15	2	2
Accumulated (deficit)/surplus		(192,627)	304,875
Capital contribution		1,263,395	1,263,395
Total accumulated funds		1,070,770	1,568,272

On behalf of the board



Thomas O'Dwyer
Director



Catherine O'Callaghan
Director

Aiséirí Cahir Designated Activity Company

Statement of changes in equity for the year ended 31 December 2021

	Share capital €	Capital contribution €	Accumulated surplus/ (deficit) €	Total €
At 1 January 2020	2	1,263,395	271,228	1,534,625
Surplus for the year	-	-	33,647	33,647
Total comprehensive income for the year	-	-	33,647	33,647
At 31 December 2020	2	1,263,395	304,875	1,568,272
Deficit for the year	-	-	(497,502)	(497,502)
Total comprehensive loss for the year	-	-	(497,502)	(497,502)
Balance at 31 December 2021	2	1,263,395	(192,627)	1,070,770

The accompanying notes form an integral part of the financial statements.

Aiséirí Cahir Designated Activity Company

Cash flow statement

for the year ended 31 December 2021

	Note	2021 €	2020 €
Cash flows from operating activities			
(Deficit)/surplus for the year		(497,502)	33,647
<i>Adjustments for:</i>			
Depreciation of tangible fixed assets		119,371	115,565
Amortisation of government grants		(28,748)	(28,746)
(Increase)/decrease in stock		(2,264)	4,441
Decrease in trade and other debtors		134,885	85,392
Increase in trade and other creditors		46,429	527,200
Net cash (outflow)/inflow from operating activities		(227,829)	737,499
Cash flows from investing activities			
Acquisition of tangible fixed assets		(141,866)	(158,571)
Net cash from investing activities		(141,866)	(158,571)
Net (decrease)/increase in cash equivalents		(369,695)	578,928
Net cash/(debt) at beginning of year	10	451,765	(127,163)
Net cash at end of year	10	82,070	451,765

Aiséirí Cahir Designated Activity Company

Notes (continued)

Notes

forming part of the financial statements

1 Structure and operations

Aiséirí Cahir Designated Activity Company was incorporated on 17 November 2011. The objectives of the Company are:

- (a) to provide and manage a centre or centres for the treatment, detoxification, care and rehabilitation of persons who are chemically dependent on alcohol and drugs, and to supply services for the treatment, care and rehabilitation of persons who are compulsive gamblers and to provide the appropriate support for such persons and their families based on fostering the dignity, self-worth and spiritual development of each individual;
- (b) to carry on research into all aspects of chemical dependencies and addictions including their treatment and to provide educational services and information relating to such matters;
- (c) to establish, operate and maintain hostels, sheltered accommodation and such other amenities for both men and women as are necessary to offer settlement.

2 Accounting policies

Aiséirí Cahir Designated Activity Company ("the Company") is a company limited by shares and incorporated, domiciled and registered in Ireland. The registered number of the Company is 506175 and the address of its registered office is Townspark, Cahir, Co. Tipperary.

These financial statements were prepared in accordance with Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* ("FRS 102"). There have been no material departures from the Standards. The presentation currency of these financial statements is Euro. The Company looks to the Charities Statement of Recommended Practice ("Charities SORP") for guidance in preparing its financial statements, however the Company does not apply the Charities SORP.

The accounting policies set out below have, unless otherwise stated, been applied consistently to all periods presented in these financial statements.

Judgements made by the directors, in the application of these accounting policies that have significant effect on the financial statements and estimates with a significant risk of material adjustment in the next year are disclosed in note 17.

In these financial statements the Company has not changed its accounting policies.

The financial statements are prepared on the historical cost basis.

Going concern

The Company incurred a loss of €497,502 in 2021, impacted by the delayed receipt of expected funding income.

The Company's ability to continue as a going concern is dependent on ongoing financial support from the HSE and other government agencies.

The Directors have reviewed financial projections and the underlying assumptions and considered the availability of continued finances and, on the basis of this review believe that appropriate funding will be made available to the Company to enable it to continue as a going concern.

Aiséirí Cahir Designated Activity Company

Notes *(continued)*

Going concern *(continued)*

The Directors believe that sufficient financial resources will be available to enable the Company to meet its obligations as they fall due, covering a period of not less than 12 months from the date of approval of the financial statements. In forming their view, the directors continue to adopt the going concern basis in preparing these financial statements. The directors considered the following factors in reaching this decision:

- The company received additional support funding from the HSE in December 2022(€480,000).
- The company will continue to avail fully of the Government Debt Warehouse Scheme.(now extended to 30 April 2024; and
- The directors are in the process of restructuring Aiseiri Cahir DAC with Aiseiri (Trust),and are confident that this will result in an improved financial position for Aiseiri Cahir DAC.

The Directors have concluded that the circumstances represents a material uncertainty that casts significant doubt upon the Company's ability to continue as a going concern and that, therefore the Company may be unable to continue realising its assets and discharging its liabilities in the normal course of business. Nevertheless, after making enquiries and considering the uncertainties described above, the directors have a reasonable expectation that the Company has adequate resources to continue in operational existence for the foreseeable future. For these reasons, they continue to adopt the going concern basis in preparing the annual financial statements.

Basic financial instruments

Trade and other debtors/creditors

Trade and other debtors are recognised initially at transaction price plus attributable transaction costs. Trade and other creditors are recognised initially at transaction price less attributable transaction costs. Subsequent to initial recognition they are measured at amortised cost using the effective interest method, less any impairment losses in the case of trade debtors. If the arrangement constitutes a financing transaction, for example if payment is deferred beyond normal business terms, then it is measured at the present value of future payments discounted at a market rate of interest for a similar debt instrument.

Cash and cash equivalents

Cash and cash equivalents comprise cash balances and call deposits. Bank overdrafts that are repayable on demand and form an integral part of the Company's cash management are included as a component of cash and cash equivalents for the purpose only of the cash flow statement.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses.

Where parts of an item of tangible fixed assets have different useful lives, they are accounted for as separate items of tangible fixed assets, for example land is treated separately from buildings.

Leases in which the entity assumes substantially all the risks and rewards of ownership of the leased asset are classified as finance leases. All other leases are classified as operating leases.

The entity assesses at each reporting date whether tangible fixed assets (including those leased under a finance lease) are impaired.

Aiséirí Cahir Designated Activity Company

Notes *(continued)*

2 Accounting policies *(continued)*

Tangible fixed assets *(continued)*

Depreciation is charged to the income and expenditure account on a straight-line basis over the estimated useful lives of each part of an item of tangible fixed assets. Leased assets are depreciated over the shorter of the lease term and their useful lives. The estimated useful lives are as follows:

• leasehold improvements	2%
• fixtures and fittings	10%
• machinery and equipment	10%
• motor vehicles	20%
• technology and software	20%

Depreciation methods, useful lives and residual values are reviewed if there is an indication of a significant change since the last annual reporting date in the pattern by which the Company expects to consume an asset's future economic benefits.

Government grants

Government grants are included within accruals and deferred income in the balance sheet and credited to the profit and loss account over the expected useful lives of the assets to which they relate or in periods in which the related costs are incurred.

Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost is based on the first-in first-out principle and includes expenditure incurred in acquiring the stocks.

Impairment excluding stocks

Non-financial assets

The carrying amounts of the entity's non-financial assets, other than stocks are reviewed at each reporting date to determine whether there is any indication of impairment. If any such indication exists, then the asset's recoverable amount is estimated. The recoverable amount of an asset or cash-generating unit is the greater of its value in use and its fair value less costs to sell.

Employee benefits

Defined contribution plans

A defined contribution plan is a post-employment benefit plan under which the Company pays fixed contributions into a separate entity and has no legal or constructive obligation to pay further amounts. Obligations for contributions to defined contribution pension plans are recognised as an expense in the income and expenditure account in the periods during which services are rendered by employees.

Aiséirí Cahir Designated Activity Company

Notes *(continued)*

2 Accounting policies *(continued)*

Provisions

A provision is recognised in the balance sheet when the entity has a present legal or constructive obligation as a result of a past event, that can be reliably measured and it is probable that an outflow of economic benefits will be required to settle the obligation. Provisions are recognised at the best estimate of the amount required to settle the obligation at the reporting date.

Reserves

General funds

General funds represent accumulated surpluses and deficits that are available for use at the discretion of the Company.

Designated funds are those part of the Company's unrestricted funds designated by the directors to be used for a particular purpose in the future. The directors have the power to reallocate such funds.

Restricted funds

Restricted funds represent donations received which can only be used for particular purposes. Such purposes are within the overall aims of the Company. Such funds are included separately on the face of the income and expenditure account and in reserves.

Income

The operating income comprises the following income streams:

- grants received from public bodies for the maintenance and care of service users;
- maintenance income from service users;
- aftercare income relating to the provision of aftercare services;
- fundraising and donations from individuals and public bodies;
- rental income; and
- other income.

Income from fees charged for services provided is recorded as operating income in the period in which it is received, except where fees charged are covered under a policy of health insurance when they are accrued as income on provision of the service. Contributions and donations are recorded as income in the year in which they are received. In the case the income is received in the form of guaranteed donations, the income is recorded in the year in which all conditions relating to the donation have been met. No value is attributed to the provision of services free of charge to the Company. Other items of income and expenditure are recorded on an accruals basis.

Expenses

Operating lease

Payments (excluding costs for services and insurance) made under operating leases are recognised in the income and expenditure account on a straight-line basis over the term of the lease.

Interest receivable and interest payable

Interest income and interest payable are recognised in the income or expenditure account as they accrue, using the effective interest rate method.

Aiséirí Cahir Designated Activity Company

Notes *(continued)*

3 Income	2021	2020
	€	€
Grants (see overleaf)	3,266,062	2,779,722
Maintenance	1,519,270	1,744,124
Aftercare	178,511	135,062
Fundraising and donations	105,952	58,671
Rental income	193,226	93,079
Other	84,905	5,024
	<hr/>	<hr/>
	5,347,926	4,815,682
	<hr/>	<hr/>

Aiséirí Cahir Designated Activity Company

Notes (continued)

3 Income (continued)

The following amounts were granted to Aiséirí Cahir Designated Activity Company during the year:

	2021 €	2020 €
Probation and Welfare Services (a), (b)	641,000	478,000
HSE & S. ER Drug Task Force (a)	2,534,562	2,101,722
Other grants (c)	90,500	200,000
	<u>3,266,062</u>	<u>2,779,722</u>

- (a) This income is included within operating income as these monies relate to the maintenance of persons treated by the Company.
- (b) The Department of Justice and Equality Reform through the Probation Service and Irish Youth Justice Service provided a grant as set out under Schedule 1 of the annual funding agreement for the purpose of providing detox and residential treatment programmes. The funds are applied to payroll, administration, direct and indirect costs. Funding in the amount of €641,000 in 2021 (2020: €478,000) was granted for a 12 month period and restricted in accordance with the terms and conditions of the funding agreement.
- (c) In 2021, other grants relate to funding received from Pobal and the Department of Rural and Community Development of €90,500 (2020: €200,000).

4 Other operating income	2021 €	2020 €
Government grants	8,141	443,657
	<u>8,141</u>	<u>443,657</u>

During the current and prior period, the entity availed of the temporary wage subsidy scheme.

5 Taxation

In accordance with Section 207 of the Taxes Consolidation Act 1997, the Company is not liable to taxation on income earned provided the income is applied solely for charitable purposes. In accordance with the first schedule of the VAT Act 1972, the Company is engaged in an exempt supply. The Corporation is therefore not entitled to recover VAT on inputs.

Aiséirí Cahir Designated Activity Company

Notes *(continued)*

6 Employees and remuneration	2021 Number	2020 Number
The average number of employees during the year was:		
Total employees	98	93
<hr/>		
The number of staff comprises of the four treatment centres.		
The staff costs are comprised of:	2021	2020
	€	€
Wages and salaries	3,670,090	3,361,252
Social welfare costs	395,166	272,882
Retirement benefits	111,256	96,893
	<hr/>	<hr/>
	4,176,512	3,731,027
	<hr/>	<hr/>

One employee earned in excess of €69,000 (2020: €66,000) during the year.

Aiséirí Cahir Designated Activity Company

Notes (continued)

7 Tangible assets

	Leasehold improvements €	Fixtures and fittings €	Machinery and equipment €	Motor vehicles €	Technology and software €	Total €
Cost						
At beginning of year	3,954,718	1,040,232	245,532	18,800	377,974	5,637,256
Additions	30,362	51,493	15,203	-	44,808	141,866
At 31 December 2021	3,985,080	1,091,725	260,735	18,800	422,782	5,779,122
Depreciation						
At beginning of year	1,634,138	787,246	214,724	18,169	237,768	2,892,045
Charge for the year	47,023	30,248	6,157	126	37,364	120,918
At 31 December 2021	1,681,161	817,494	220,881	18,295	275,132	3,012,963
Net book value						
At 31 December 2021	2,303,919	274,231	39,854	505	147,650	2,766,159
At 31 December 2020	2,320,580	252,986	30,808	631	140,206	2,745,211

Aiséirí Cahir Designated Activity Company

Notes (continued)

7 Tangible assets (continued)

On 1 January 2013 the treatment centres of Aiséirí Wexford Limited, Céim Eile Company Limited by Guarantee and Aislínn Adolescent Addiction Treatment Centre Company Limited by Guarantee were amalgamated with the treatment centre in Cahir operated by Aiséirí Cahir Designated Activity Company.

The premises in Cahir are owned by the Sisters of Mercy and had been leased to Aiséirí Cahir in 1983 for 99 years. This lease was transferred to Aiséirí Cahir Designated Activity Company on 1 January 2013.

On 1 January 1988, Aiséirí Wexford entered into a 35 year lease agreement with the HSE – South Eastern Area under the terms of which it has obtained use of its premises. The Company is not entitled to compensation for improvements or additions made to the premises during the period of the lease. The premises will revert to the HSE – South Eastern Area if the Company ceases to operate its treatment centre. This lease was transferred to Aiséirí Cahir Designated Activity Company on 1 January 2013. The directors note this lease is to expire on 31 December 2022 and are in negotiation with the HSE – South Eastern Area to extend this lease.

The lease in Céim Eile Company Limited by Guarantee is with the Good Shepherd Community and is due to expire on 31 July 2023. The Company is in discussion with the Good Shepherd Community to extend this lease. This lease was transferred to Aiséirí Cahir Designated Activity Company on 1 January 2013.

The lease in Aislínn Adolescent Addiction Treatment Centre Company Limited by Guarantee was also with the Sisters of Mercy entered into in 1999 for a term of 99 years. This lease was transferred to Aiséirí Cahir Designated Activity Company on 1 January 2013. The directors note the lease is to expire on 31 December 2022 and the directors are in negotiation with the HSE about its extension.

8 Stock	2021	2020
	€	€
Consumables	19,159	16,895
	<hr/>	<hr/>
9 Debtors	2021	2020
	€	€
Trade debtors	623,921	705,495
Accrued income	37,266	66,005
Prepayments	18,828	21,262
Other debtors	19,209	41,347
	<hr/>	<hr/>
	699,224	834,109
	<hr/>	<hr/>

Trade debtors are stated net of a provision for impairment of €61,108 (2020: €206,825).

Aiséirí Cahir Designated Activity Company

Notes (continued)

10 Cash and cash equivalents and bank overdrafts	2021	2020
	€	€

Cash and cash equivalents	82,070	451,765
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11 Creditors: amounts falling due within one year	2021	2020
	€	€

Trade creditors	253,877	168,944
Other creditors and accruals	331,204	709,932
PAYE	691,163	382,091
Deferred income	60,107	-
Due to Aiséirí (a)	646,223	646,223
Bank overdraft (b)	-	-

1,982,574	1,907,190
------------------	------------------

(a) Amounts due to Aiséirí relates to working capital loan received and is repayable on demand.

(b) The bank overdraft facility is secured over a term deposit account held by Aiséirí in the amount of €200,014.

12 Creditors: amounts falling due after more than one year	2021	2020
	€	€

Deferred income government grants (see note 14)	501,025	529,773
Provisions	12,243	42,745

513,268	572,518
----------------	----------------

13 Operating leases

Non-cancellable operating lease rentals are payable as follows:

	2021	2020
	€	€
Less than one year	31,312	6,385
Between one and five years	56,077	84,234
More than five years	-	-
	87,389	90,619

During the year €35,518 was recognised as an expense in the profit and loss account in respect of operating leases (2020: €22,033). The Company has a number of non-cancellable leases for a term of 99 years, these leases have an annual rent of €Nil.

Aiséirí Cahir Designated Activity Company

Notes (continued)

14 Government grants	2021 €	2020 €
At beginning of year	529,773	558,519
Amortised during the year	(28,748)	(28,746)
	<hr/>	<hr/>
At end of year	501,025	529,773
	<hr/>	<hr/>

Capital grants relate to the following:

- The Aislinn Addiction Treatment Centre received various government grants of €1m which are amortised €24,900 annually. The net book value of these grants at 31 December 2021 was €501,025 (2020: €525,925).
- The Wexford Treatment Centre received a capital grant of €50,000 from the Department of Community, Rural and Gaeltacht Affairs. This grant relates to leasehold improvement in respect of the premises leased by the Wexford treatment centre and is being released to the statement of income and expenditure over the life of the lease (13 years). The net book value of this grant was €Nil at 31 December (2020: €3,848).

15 Share capital	2021 €	2020 €
Authorised		
500,000 ordinary shares of €1.00 each	500,000	500,000
	<hr/>	<hr/>
Allotted, issued and fully paid		
2 ordinary shares of €1.00 each	2	2
	<hr/>	<hr/>

16 Related party transactions

There have been no related party transactions in the current or preceding accounting periods.

17 Accounting estimates and judgements

Key sources of estimation and uncertainty and critical accounting judgement in applying the Company's accounting policies

Recoverability of debtors

The Company made judgements when assessing the impairment of its debtors. Outstanding balances have been grouped on the basis of similar risk characteristics such as past-due status, and impairment has been reviewed with reference to historical loss experience updated for current conditions.

Aiséirí Cahir Designated Activity Company

Notes *(continued)*

18 Post balance sheet events

There have been no significant events since the balance sheet date which would require disclosure in or amendment of these financial statements.

19 Approval of financial statements

The board of directors approved these financial statements on 20th July 2022.

Appendix

The following information does not form part of the audited statutory financial statements and is included solely for the information of management.

Aiséirí Cahir Designated Activity Company

Appendix 1: Operating expenses for the year ended 31 December 2021

	Note	2021 €	2020 €
Operating expenses			
Salaries		4,176,511	3,731,027
Food		230,043	223,187
Household		82,940	94,644
Repairs and maintenance		167,644	139,680
Rent and rates		44,334	57,006
Motor travel		28,393	35,460
Oil, heat and gas		126,164	90,266
Staff training		56,470	29,705
Insurance		90,214	91,484
Telephone		19,455	49,800
Advertising, stationery and printing		49,810	40,008
Other treatment costs		370,292	262,456
Bank fees		9,609	19,205
Professional fees		72,188	59,035
Sundry expenses		148,579	144,475
Supervisory costs		29,790	24,952
Bad debt provision		53,400	38,900
Amortisation of grant		(28,748)	(28,746)
Depreciation		120,918	115,565
Subscriptions		5,563	7,583
		5,853,569	5,225,692



AISEIRÍ ANNUAL REPORT 2021 RECOVERING FROM ADDICTION



Phone Number: 00353 527441166
Email: info@aiseiri.ie
CHY (Revenue) No.: CHY 20096
Registered Charity No.: 20079550
Registered Company No.: 506175

Registered Address:
Aiséirí,
Townspark,
Cahir,
Co. Tipperary

Cahir: E21 E206 Roxborough: Y35 AH70 Aislinn: R95 R859 Céim Eile: X91 FH61V