

2020

Recovery from Addiction

Aiséirí Annual Report 2020



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Serenity is not freedom from the storm but peace amid the storm.

First things first – Our Vision, Mission and Values

Vision

Aiséirí believes in the priceless potential of people and that recovery from addiction is possible for everyone.

Mission

Aiséirí provides community and residential services to help young people, adults and families overcome addiction and lead meaningful lives in recovery.

Values

Hope

By promoting abstinence, we inspire hope for recovery in a safe, non-judgemental environment.

Compassion

Compassion leads us to empathise with our clients as we journey with them in trust and confidence.

Respect

We honour the unique dignity of each person as we support them in addressing their needs.

Recovery

We believe everyone has the potential to recover and have a fulfilled, worthwhile future, transforming their lives and that of their families.

Excellence

Our innovative, evidence-based therapies are delivered with a quality that seeks the highest standards at all times.

Aiséirí

Aiséirí means resurrection or new beginnings and our work is dedicated to bringing about change in people's lives. Aiséirí aims to transform their dependence on alcohol, drugs and gambling and helping them move away from the destructive impact it has had on themselves, their families and communities and to move towards living a meaningful life in recovery. Aiséirí is a 12-step treatment programme.

We are one of Ireland's longest established addiction treatment services. Our four centres of excellence combine experiences and expertise that provide us with a comprehensive understanding of the complexity of addiction. With a high success rate for lifetime recovery, Aiséirí has changed thousands of lives, not just those of addicts but those of the families and loved ones that also suffer because of addiction.

Throughout our four Centres we provide, detox, rehabilitation, secondary treatment and a sober living programme for people who have suffered mentally, emotionally, physically and spiritually as a result of alcohol, drug and gambling abuse. We provide a two-year Continuum of Care programme for residents and family members after residential treatment is complete.

Chairman's Address:

Principal activities and business review (including principal risks and uncertainties):

Aiséirí is a service agency that is informed by values and motivated to a mission; it believes in the priceless potential of people, and that recovery from addiction is possible for everyone. Aiséirí Cahir Designated Activity Company is a wholly owned subsidiary of Aiséirí, ('the Corporation'), and is responsible for the day to day management of the four treatment and support units – Aiséirí Aislínn in Ballyragget, Co. Kilkenny; Aiséirí Cahir in Co. Tipperary; Aiséirí Wexford at Roxborough, Co. Wexford; and Aiséirí Ceim Eile in Waterford City.

Aiséirí Cahir assists and supports adults over the age of 21 years who have addictions to alcohol, drugs and gambling to achieve and sustain recovery. The centre in Cahir provides a residential detoxification service to those that need this. In common with Cahir, Aiseiri Wexford provides residential rehabilitation to adults who want to recover from addiction. In Aislínn Ballyragget we provide and deliver detoxification and residential treatment to young people in the age range 15 – 21 years. In Ceim Eile, in Waterford, we provide Continuing Care, if required, for clients following completion of their residential treatment programme.

Continuing Care is a second-level service that focuses on practical vocational and living skills development and makes supported accommodation available to clients in recovery who need this. By bringing these four treatment centres together, we are now able to provide comprehensive care (from detox services to sober housing over a year long period) for clients and their families who are dealing with addiction.

The challenge during 2020 was to continue to consolidate the four separate units into one cohesive service system, sharing resources and putting Aiséirí on a viable path for the future.

The Chief Executive, with the support of the staff and under the direction of the Board, has the brief for ensuring that the services of Aiséirí evolve in a manner that best meets the changing needs and circumstances of the clients, while ensuring that the service operates in a financially prudent way.

The statement of income and expenditure and balance sheet at 31 December 2020 combine the results of the four treatment centres. The directors consider any events that could lead to a withdrawal of grant aid and/or contributions and donations as the principal financial risk faced by the Company.

On 11 March 2020, the World Health Organization declared the Coronavirus (COVID -19)

outbreak to be a pandemic in recognition of its rapid spread across the globe. Many governments have taken stringent steps to help contain or delay the spread of the virus. Currently, there is a significant increase in economic uncertainty and increased risks to the sector, where patients would be considered amongst the most vulnerable in society.

The Company continues to manage and mitigate the risk to all patients against infection or virus outbreaks within their care, however, COVID-19 poses a medium-term risk to the business. The Company remained open during COVID-19 and was deemed to be an essential service by the government. Due to the uncertainty of the outcome of the current events, the Company cannot reasonably estimate the impact these events will have on the Company's financial position, results of operations or cash flows in the future. The extent of the impact of COVID-19 on the financial results will also depend on future developments, including the duration and spread of the outbreak within the sector and the related impact.

A decision was taken by the shareholders, following the recommendation of the Board, to re-register the Company, pursuant to Part 20 of the Companies Act 2014, from a Designated Activity Company to a Company Limited by Guarantee. This company structure is adopted by a large number of charitable organisations and this will also facilitate the merger of the Company with the Aiséirí Trust (registered charity number: 20013479) in the future. Due to COVID 19 and the restrictions that have been place, it has not been possible to proceed with the re-registration of the Company. It is anticipated that this matter will be completed as soon as possible.

Results for the year:

In the year ending 31 December 2020 the Company recorded a surplus of €33,647 whilst in the year ending 31 December 2019 the Company recorded a surplus of €1,020. The movements on the income and expenditure statement result from increased state support during the COVID 19 pandemic.

No dividends or transfers to reserves are recommended by the directors.

In the year ending 31 December 2020, David Keane, Jerome Casey, Maurice Casey, John Forde, Peter Kiernan, Mary White and Jacqueline Walsh resigned from the Board. In the year ending 31 December 2020, Stephen Costello, Catherine O'Callaghan, Nicola Connery, Marie Walsh, Marie Ahearne, Ronan Fawsitt and Peter Finnegan were appointed to the Board. The directors did not have any interest in the shares of the Company at 31 December 2020.

Accounting records:

The directors believe that they have complied with the requirement of Section 281 to 285 of the Companies Act 2014 with regard to keeping adequate accounting records by employing accounting personnel with appropriate expertise and by providing adequate resources to the financial function. The accounting records of the Company are maintained at the Company's offices at Townspark, Cahir, Co. Tipperary.

Relevant audit information:

The directors believe that they have taken all necessary steps to make themselves aware of any relevant audit information and have established that the Company's statutory auditor is aware of that information. In so far as the directors are aware, there is no relevant audit information of which the Company's statutory auditor is unaware.

Post balance sheet events:

There have been no significant events affecting the Company since the balance sheet date that require disclosure in or adjustment to these financial statements.

Political donations:

The Company has made no disclosable political or charitable donations during the year.

I wish to thank my fellow Directors, the Trustees, staff and volunteers of Aiseiri for the support and hard work in 2020.

Thomas O'Dwyer Chairman of the Board.



Aiséirí Strategic Objectives 2020 – 2025

Aiséirí is committed to ensuring our strategic objectives are a constant focus and we have made substantial steps forward in delivering on these throughout 2020.

1. To deliver and enhance addiction treatment and recovery services in line with international best practice in terms of quality and effectiveness.
2. To progress and implement a HR strategy which values, respects and enhances the professional development of all staff and volunteers.
3. To improve the current services through continuous research and development.
4. To ensure the long-term financial sustainability of Aiséirí.

CEO Statement



ACEO Mary Hennessy

Aiséirí opened its first treatment centre in 1983 utilising the Minnesota Model which was innovative and offered alcoholics a new alternative to jail, asylums, or homelessness. The model played a major role in transforming treatment wards from abysmal pits into places where alcoholics and addicts could retain their dignity. Aiséirí began with the revolutionary idea of creating a humane, therapeutic community for alcoholics and addicts incorporating the idea of holistic treatment—looking after the body, mind and spirit. It would be easy to dismiss such a program. Yet behind this simple 12 step programme is a wealth of clinical wisdom. Aiséirí has

transformed the lives of 1000s of addicts and their families since it's humble beginnings without judgement, shame or stigma. Through international shared learning our professional practice has strengthened and deepened. We strive to constantly explore and identify evidence-based models of excellence in recovery.

Aiséirí is a CHKS (Caspé Healthcare Knowledge Systems) accredited and certified to ISO9001 organisation, this is an international quality benchmark. CHKS awards accreditation to health care organisations which demonstrate that they have fully complied with all the CHKS standards and criteria relating to governance, legal and professional requirements, safety of patients, staff and visitors, patients' rights and accepted sound organisational practice in health care.

All the major private healthcare insurers have contracts in place with Aiséirí, and recognise that a quality addiction treatment service is provided in all our centres.

Aiséirí also have service level agreements with the Health Service Executive, Probation Services, Waterford City & County Council, Educational Training Board and Department of Employment Affairs and Social Protection all of which have been met in 2020.

Quality is maintained by continuous auditing of the service, this is done through client surveys and focus groups. Each centre has a quality champion. There is a client forum (made up of former clients or family members) who meet quarterly with the CEO and Chairman of the Board. This coupled with the Whistleblowing policy, Complaints and Grievance policy and procedure all ensure there is open communication and transparency in all aspects of the service.

We have a multidisciplinary Management Team that are dynamic, resourceful with visionary insight, who work purposefully with staff, clients and their families to support and empower them to be the best they can be. This team is supported by the medical expertise of Psychiatrists Bobby Smyth, Geoffrey O'Donoghue, Doctors Miriam Hogan and Bastiaan Van Eynatten. We have a pathway of care that spans the whole continuum from detox to sober living. Aiséirí works with each individual and their family members to tailor their recovery pathway.

Mary Hennessy
MA BA FCCA ACEO

The highlight of 2020 for me was our 'Come to Believe' staff spirituality conference where we were addressed by our foundress Sr. Eileen Fahey; together with former clients and family members who shared their recovery journeys with us. We were reminded that each one of us individually are equally an integral part of the Aiséirí Team.

The value of our services lies in our staff who we strive to empower and support through continual professional development, training, group and individual supervision, occupational and employment assistant programmes.

I would like to take this opportunity to thank all the Aiséirí staff and volunteers for their continued support and dedication to our clients. Our work is helped by the support we receive from the Health Service Executive staff, Probation Services staff together with all the other interagency we collaborate on a daily basis.

Structure, Governance and Management.

Aiséirí is committed to maintaining the highest standard of governance in all of our activities. Aiséirí is a registered charity and is also a designated activity company limited by shares. Our purpose and objectives are laid out in our Memorandum of Association. Aiséirí's audited accounts are fully compliant with FRS 102, the financial reporting standard applicable in the UK and Republic of Ireland.

Aiséirí complies with the **Governance Code for Community, Voluntary and Charitable** organisations in Ireland. We confirm that a review of our organisation's compliance with the principles in the Code was conducted and was based on an assessment of our organisational practice against the recommended actions for each principle:

Principle 1. Leading our organisation.

Principle 2. Exercising control over our organisation.

Principle 3. Being transparent and accountable.

Principle 4. Working effectively.

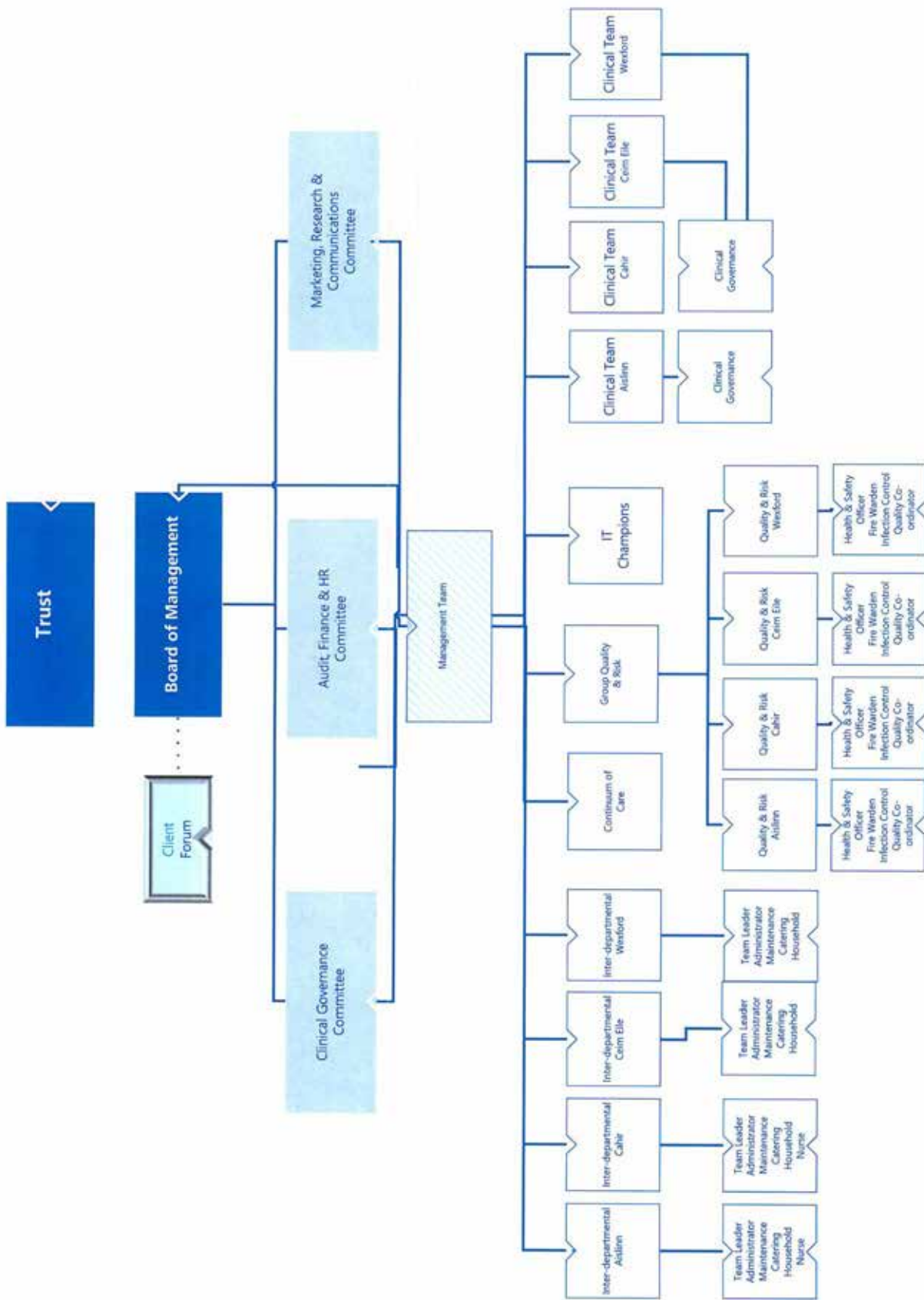
Principle 5. Behaving with integrity.

We confirm that our organisation is committed to the standards outlined in these principals. We commit to reviewing our organisational practice against the recommended actions for each principle every year.

In 2020, Aiséirí received full accreditation with **CHKS**. CHKS is a leading provider of healthcare intelligence and quality improvement services. CHKS assurance services combine data analysis with site assessments to benchmark care standards against national quality standards, and highlights areas of good practice and opportunities for improvement.

Board of Directors 2020

Tom O'Dwyer	Chairman of the Board	Marie Ahern	Board Member
Catherine O Callaghan	Board Member	Nicola Connery	Board Member
Anne Cuffe	Board Member	Matthew Breen	Board Member
Stephen Costello	Board Member	Peter Finnegan	Board Member
Ronan Fawsitt	Board Member	Jo O'Mara	Board Member
Marie Walsh	Board Member		



Version V1.3

An Attitude of Gratitude, Acknowledgement for our Supporters & Funders.

Aiséirí would like to offer our sincere gratitude to our partners, funders and supporters. The impact of your support has aided us in helping young people, men and women, their families and their communities to move forward in recovery. From state agencies, local organisations to individuals, we would like to say Thank You for being a significant part of this journey.



Centres and Service Reports

Aiséirí Aislínn Adolescent Detoxification and Treatment Services. Co. Kilkenny

Aiséirí Aislínn, Ballyragget, Co Kilkenny, is a residential addiction treatment centre for young people aged 15-21 years, with drug, alcohol and/ or gambling addictions. Addiction is an issue for many young people in Ireland today, and regrettably this number is on the increase.

Pre-admission – This a weekly support provided by Aiséirí Aislínn to support young people with the transition into treatment. This group provides support to both young people and their parents/ guardians or concerned persons.

Detoxification – The detoxification programme is a minimum of one week. The detoxification service provides medical, nursing and clinical support to young people during detoxification. This period of the person treatment provides psychosocial education and other relevant supports to prepare the young person for treatment. Aiséirí Aislínn provides benzodiazepine, alcohol, opioid and symptomatic detoxification from non-physically dependent substances. Medication may be administered to a client if deemed necessary upon the medical professional assessment. The medication regime can be prescribed for a number of days on a titrated dose. During this period, the clients are closely observed through objective and subjective assessments by the nursing and clinical team. When the client is safely finished their detox regime, they then move onto the therapeutic treatment programme.

Addiction Treatment – This is a six-week 12 step programme. It provides the young person with the knowledge, understanding and tools to live an abstinence-based life. It promotes and supports the young person's wellbeing in recovery. A range of the following

therapies are incorporated into the Resident's Treatment: One-to-One Counselling, Group Therapy, Psychodrama, Creative Art, Education, Recreational Therapy, Behavioural Therapy, Peer Groups, Crisis Intervention, Motivational Interviewing, Meditation, Interagency Conferences, Family Conferences, and Health Promotion. Preparation for Independent Living, Social Skills, and Life Skills are also offered as tools for the clients in preparation for their life in recovery.

Aiséirí Aislinn were involved in a trinity masters lecture on 12 steps and abstinence recovery. A Continuum of Care for adolescents steering committee established by Aiséirí Aislinn became part of the Care and Case Management committee in the South East and we focused on the development of a Continuum of Care Programme. Aiséirí are currently researching gaming addiction.

I would like to take this opportunity to thank staff for their continued support and hard work throughout 2020.

Dr. Sophia Keane – Manager, Aiséirí Aislinn.

Aiséirí Cahir Adult Detoxification and Primary Treatment Centre, Co. Tipperary.

In 2020, Aiséirí Cahir along with the rest of the world was subjected to the global pandemic of Covid-19. The demand for addiction treatment remained extremely high and a decision was made to remain open and continue the services. Aiséirí was the only 12 step adult residential addiction treatment that remained open throughout 2020. This required huge adjustments for staff and clients. The option of temporary layoff was in place for staff who were unwilling to continue working, this meant contractors/agency nurses were

required to fill gaps. Covid-19 guidelines and protocols were quickly put in place and the team were exceptional in coming together to continue the service. Information technology systems were put in place to facilitate parts of the service; family days were modified. This was achieved to great effect; 189 clients were admitted to treatment in Cahir and of these clients 88 utilised the residential detox service. Aiséirí, Cahir is proud to say that throughout 2020 no client was infected with Covid 19.

The Aiséirí Cahir team consists of addiction counsellors, nurses, care workers, a general practitioner, a consultant psychiatrist and other support services. The team works together to provide the best possible care for our clients. The whole multi-disciplinary team works within the Minnesota Model where it is understood by all that the ultimate goal is for our clients to be abstinent from all addictive mood altering chemical/ behaviours prior to beginning the 28-day residential addiction treatment program. The addition of the nursing team within the service means that Aiséirí Cahir can also safely manage other medical issues e.g. Type 1 diabetes. The service in Cahir has strengthened further in 2020 to where it provides a seamless service for clients to move from substance misuse into recovery in a supported and compassionate way.

A huge thank you to all staff on the team who have all contributed in 2020 to help clients to move from addiction into recovery. It is remarkable how many lives have improved as result of the services provided by Aiséirí, Cahir in 2020 despite a global pandemic.

Sara Cassidy - Manager, Aiséirí Cahir.

Aiséirí Primary Treatment Centre, Wexford.

Like most organisations, 2020 was a challenging year. The pandemic forced us to reduce our capacity by 25% to aid social distancing. There were many challenges regarding sick leave and general infection control. However, I am pleased to say that we managed to

stay open and, in many ways, it cemented our resilience and pride in being an essential service. The pandemic was not only our biggest challenge, but working through it, was also a great achievement. We are now back to full capacity and as restrictions decrease, we will shortly back to our full, pre-pandemic programme. The benefits of zoom and other communication mediums will only add to our options when working with clients and their families.

2020 saw a rise in numbers seeking treatment and the increase in cocaine use. The mean age of clients also appears to be gradually becoming lower. Alcohol however, is still the main drug of choice for adults contacting our service. The challenge moving forward is to keep progressing as a service and to continue helping individuals and their families recover from addiction.

I would like to take this opportunity to thank staff for their hard work and dedication to the service that we provide.

Mr. David Curtin - Manager, Aiséirí Wexford

Aiséirí Ceim Eile Secondary Treatment and Sober Living Programme, Waterford

Out of an Acorn, grows an Oak tree

The Aiséirí Ceim Eile Secondary Treatment Recovery Programme has seen another year go by in the blink of an eye and the pace in which it has moved certainly illustrates the need for a service of its kind. Now providing 24 recovery treatment beds in Waterford with on-going specialised training, education and employment pathways to over 35 participants living in the community. The Ceim Eile team strive to create an environment of safety, support, empowerment, non-judgement and



dignity but naturally the real successes come from our wonderful client group who each day essentially feel the fear and do it anyway!

Ceim Eile seeks to provide both men and women with the opportunity to further their recovery treatment options and thereby allowing the time to solidify their recovery base in a new supportive environment, explore challenges, identity consequences, hopes, fears, motivations, learning new life skills -and that's just the start of it!

Referrals for secondary treatment have increased dramatically over 2020, highlighting the need for a prolonged, continuum of care approach which is unique to the Aiséirí organisation in Ireland. This approach has proven exceptionally positive with treatment completions and outcomes substantially higher than the national or international statistics. The provision of a secondary treatment programme, followed by sober living and combined with extensive personalised support with training and education has created a very strong, vibrant recovery community in Waterford City.

July 2020 brought the highlight of the Ceim Eile calendar year. Celebration Day took place and proudly our staff team, resident's families and service providers watched on in delight to see a large number of current and ex residents take to the podium to collect medallions, tell their stories and be awarded a huge range of certificates of learning. That day was a true indication of the power of recovery and the miracles that unfold each day in Ceim Eile- We are more than a Treatment Centre.

In 2020 several participants from the Aiséirí Progression Programme moved into full time employment, with many participants returning to education to undertake major awards. In May 2020 The Progression Programme moved to its new premises at 18 The Mall Waterford. The building hosts daily programmes of education and training along with Aiséirí Continuum of Care meetings, Fellowship meetings and a Community based Drop in service for male and female clients of Aiséirí Ceim Eile.

The Aiséirí Progression Programme coordinated daily education programmes for the men and women's residential centres which included both formal and non-formal education.

Funding totalling 21,500 Euro towards education for the residential programme of Aiséirí Ceim Eile was secured from external grants in 2020. From January the Progression Programme operated at full capacity of 19 participants and provided on-going support to over 35 clients living in the community with all accredited and non-accredited group and individual training listed below, which truly provides a picture of the fantastic opportunities on offer by the Progression Programme.

QQI Accredited Modules	Unaccredited Modules
Employability Skills Major Level 3	GOMA Arts Programme
Woodcraft Skills Minor Level 4	Garner Lane Arts Programme
Conflict Resolution Minor Level 5	Study Skills
Interpersonal and Group Behaviour Minor Level 5	Horticulture
Peer Mentoring Minor Level 5	Psychodrama
Personal and Interpersonal Development Minor Level 4	Culinary Skills
ICT Skills Minor Level 4	Yoga
Health Related Fitness Minor Level 4	Personal and Career Development
Research and Study Skills Level 5	Start your own Enterprise
	12 Step Garden Programme
	Acupuncture
	Confidence through Movement
	CV and Interview Skills
	Advocacy Training
	Health Related Fitness
	Career Planning
	WCQ Arts Programme

Accredited Individual Training	Unaccredited Individual Training
Early Childcare and Education Major Level 5	Self Esteem
Applied Social Studies Major Level 5	Screen Acting
Project Management Minor Level 6	Introduction to Beauty Therapy
Mathematics Minor Level 4	Active Leadership
Application of Numbers Minor Level 3	Workshop In Child Welfare & Protection
Training needs identification and Design S.P Level 6	FAI Kick Start / PDP 1 Training
Training Delivery and Evaluation S.P Level 6	Social And Therapeutic Horticulture
ECDL	Criminal Disclosure Training
HACCP Food Hygiene	Personal & Ongoing Development
Four Stroke Engine Maintenance Minor Level 3	Yoga Teacher Training Programme
Restaurant Management S.P Level 7	Basic Book Keeping Using Excel
Community Education And Development Major Level 6	Personal Development
Palliative Care Support Minor Level 5	TIG Welding
Manual Handling	MIG Welding
SafePass	ARC Welding
Barista Training Level 1	BIM Basic Sea Safety Training
First Aid Responder	

It is indeed a privilege to work alongside the amazing staff team and residents of our programmes and I hope that 2020 will also provide us with the opportunity to keep our doors open to the vast number of vulnerable men and women in our society who need the chance to turn their lives around.

Gerry Carroll - Manager, Waterford Services.



Continuum of Care

Continuum of Care

Annual Report 2020

2020 was witness to one of the most dynamic alterations to the delivery of our Continuum of Care Programme in the history of Aiséirí. The lockdown of March 2020, in response to the Covid-19 pandemic resulted in the overnight closure of our 39 groups in 15 different locations covering the east, midlands, south and south-east of the country. In the following two weeks many online platforms were trialled and considered prior to adapting Zoom as our new method of delivery. This resulted in an extra-ordinary drive by the Continuum of Care team to assist in the transfer of over 500 clients and 80 volunteers to the Zoom platform. The initial change resulted in a loss of 30% of our clients, citing lack of IT skills, inconsistent WIFI, lack of privacy at home and not wishing to engage in the online platform. However due to the resilience and consistent support of the Continuum of Care team, many of the clients returned and by the end of 2020 the attendance was holding steadfast and the client numbers were back to over 500. The use of the online platforms is now highlighted as a primary factor in the increased up take of support. This has removed some of the previous barriers such as location, distance, transport, childcare and many of the outside costs.



As a result of this new platform, we were in a position to introduce new initiatives such as an early recovery group with added support for each client completing the residential treatment. We saw a 400% increase in the attendance of our concerned persons which resulted in the establishing of three new groups. Our accredited facilitator training programme was rolled out online with the completion of a further 19 facilitators. Role support and upskilling developments were also successfully transferred and adapted to the online platform.

2020, while turbulent at times, also saw the evidence of the passion, support and enthusiasm in our facilitators and staff for helping vulnerable people. The spirit of the Continuum of Care programme was strengthened and we are ready for 2021.

Helen O'Brien - Manager, Aiséirí Continuum of Care.

Covid-19 Response:

In March 2020, we were faced with our most difficult crisis to date, the Covid-19 global pandemic. Although this was both a daunting, difficult and unprecedented time for management, staff, residents and their families; Aiséirí made a commitment to ensuring the delivery of our service was not interrupted in anyway. Aiséirí would like to

acknowledge the hard work and dedication of each and every staff member throughout the Covid-19 pandemic. While the nation was on lockdown and asked to stay safe and stay home, Aiséirí carried on as an essential service. Aiséirí remained open to support our residents and their families. Aiséirí was committed to delivering our service as safely as possible, without interruption and thus, we altered many aspects of our daily working routine. We moved our initial assessment process to an online secure communication programme. Family conferences and family days, an essential aspect of the treatment programme, were also moved securely online to ensure there was no gap in our service provision. Aiséirí implemented a number of health and safety precautions throughout this period to ensure both client and staff safety and as a result, Aiséirí did not have any positive cases of Covid-19 amongst service users since March 2020. As an organisation, we would like to extend our thanks to the HSE for recognising the hard-work of our staff during this time and facilitating all staff vaccinations in an effective manner. Although Covid-19 is still an on-going national concern, Aiséirí has adapted to living with Covid-19 and will continue to do so to ensure the health and safety of all our staff and clients is of upmost importance. Aiséirí will continue to work in line with Public Health advice and will continue to keep updated with the regular changes in restrictions, guidelines and screening advice. From March 2020, Aiséirí put together a COVID-19 response plan to which is still being followed by staff, clients and visitors to date.

The Aiséirí Management team would like to extend their gratitude to the staff whom worked tirelessly through these challenging times.

A Snippet of The Client Experience

"Coming into Aislinn changed everything for I was very nervous at the start but I was reassured that all would be grand. The staff and the ex-residents of Ceim Eile are great. We all link to help each other. I was asked at the start what would I like to achieve from coming on board. I wanted to improve my communication skills, I have come on a great deal because of the weekly interactions with the group. I'm starting horticulture in January and I'm doing courses that would not be possible without the help of the Progression team. All in all, I find being here gives me structure and I'm surrounded in recovery and in constant contact with other members. Great to be part of this, always moving forward. Thank you."



Some of the beautiful grounds in Aiséirí Aislinn.



Designated spaces for counselling and group therapy.

"I have found the freedom to unapologetically be myself. From selling bags of Heroin to Dancing on a Stage!! My name is Dean, I am an addict, my name is Dean I am an artist!!"



Sailing Programme with our friends in Sailing into Wellness.



Planting, growing & spending time outside.



An opportunity for expression through art.



"I feel more prepared as I have fine-tuned the skills required to manage my everyday life"

Aiséirí Activity Reports 2020- Accumulative Statistics:

Definitions:

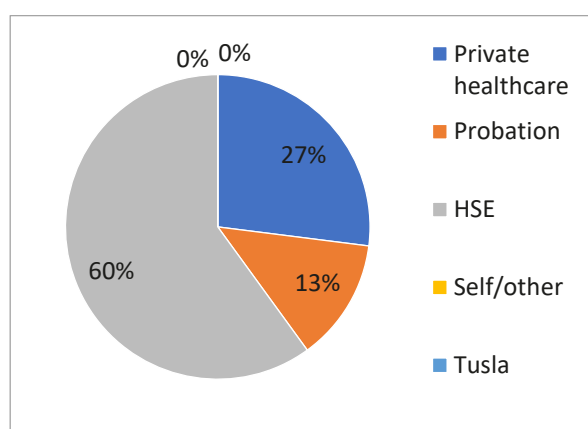
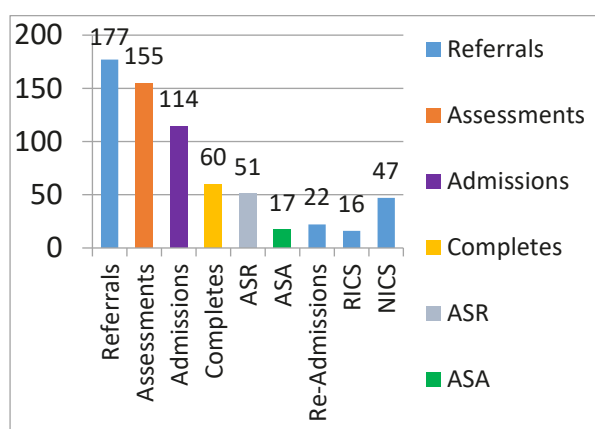
RICS-Retained in care system

NICS-Not in care system

ASR- At staff request'

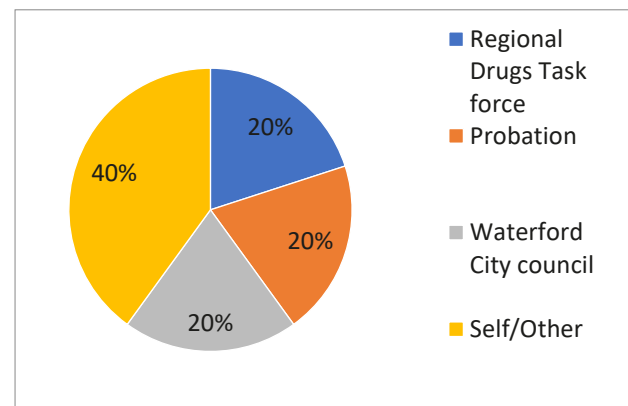
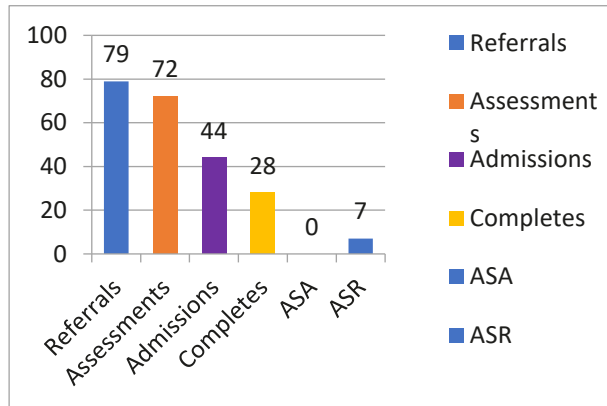
ASA-Against staff advice

Aislinn



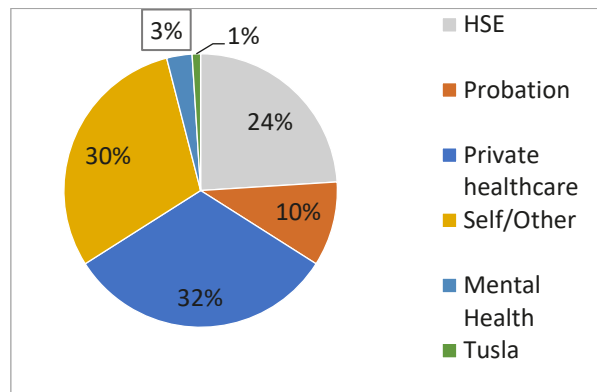
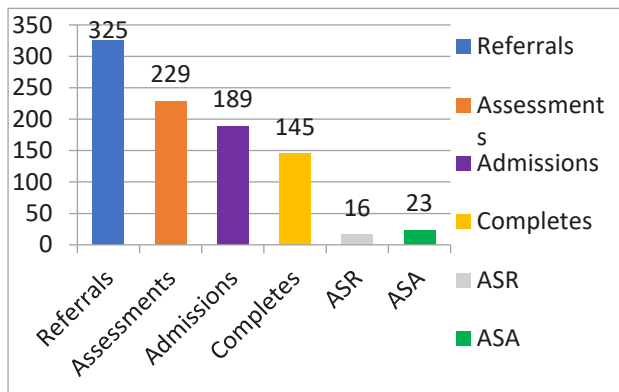
Aiséirí Aislinn		
Total admissions	114	
Detox:	112	98%
House:	2	2%
Gender Profile		
Male	95	83%
Female	19	17%
Main reason referral		
Drugs	92	81%
Alcohol	7	6%
Gambling	0	0%
Multiple Addictions	15	13%

Ceim Eile



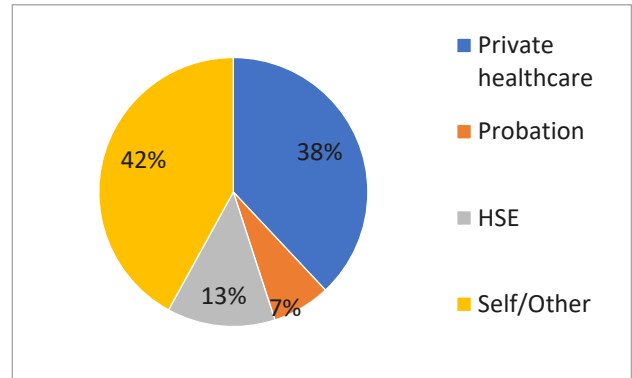
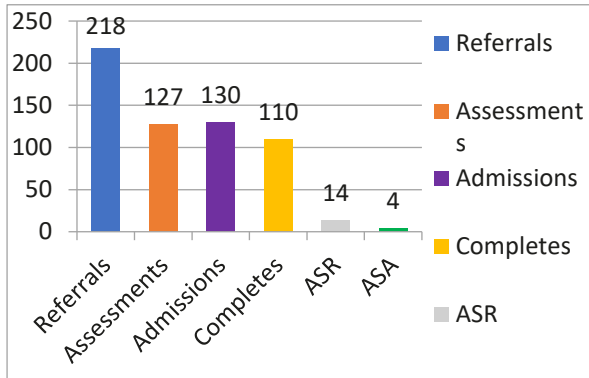
Aiséirí Waterford		
Total admissions	44	
Detox:	0	
House:	44	100%
Gender Profile		
Male	26	59%
Female	18	41%
Main reason referral		
Drugs	24	55%
Alcohol	7	16%
Gambling	0	0%
Multiple Addictions	13	39%

Cahir



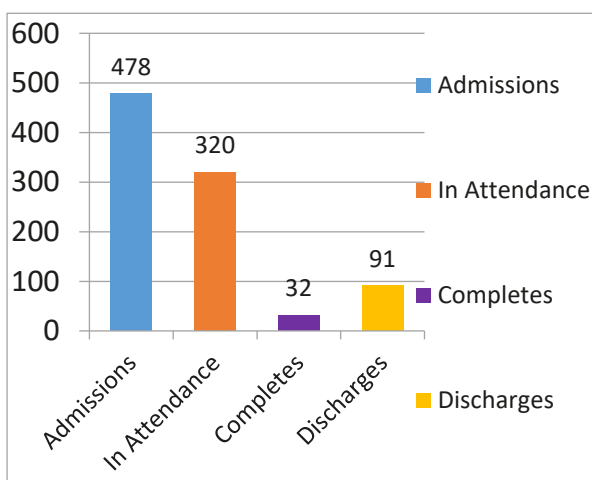
Aiséirí Cahir		
Total admissions	189	
Detox:	88	47%
House:	101	53%
Gender Profile		
Male	138	73%
Female	51	27%
Main reason referral		
Drugs	99	52%
Alcohol	65	34%
Gambling	5	3%
Multiple Addictions	20	11%

Wexford



Aiséirí Wexford		
Total admissions	130	
Detox:	0	
House:	130	100%
Gender Profile		
Male	93	72%
Female	37	28%
Main reason referral		
Drugs	23	18%
Alcohol	54	42%
Gambling	8	6%
Multiple Addictions	45	34%

Continuum of Care



Continuum of Care	
Total admissions	478
Client	291
Family member	165
External Incoming Clients	22
Gender Profile	291
Males under 18	27
Males over 18	174
Female under 18	3
Females over 18	87
Main reason referral	291
Drugs	50
Alcohol	104
Gambling	6
Multiple Addictions	131



**KPMG
Audit**
1 Stokes Place
St. Stephen's Green
Dublin 2
D02 DE03
Ireland

Independent auditor's report to the members of Aiséirí Cahir Designated Activity Company

Report on the audit of the financial statements

Opinion

We have audited the financial statements of Aiséirí Cahir Designated Activity Company ("the Company") for the year ended 31 December 2020 set out on pages 9 to 22, which comprise the income and expenditure account and other comprehensive income, the balance sheet, the statement of changes in equity, the cash flow statement and related notes, including the summary of significant accounting policies set out in note 2. The financial reporting framework that has been applied in their preparation is Irish Law and FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* issued in the United Kingdom by the Financial Reporting Council.

In our opinion:

- the financial statements give a true and fair view of the assets, liabilities and financial position of the Company as at 31 December 2020 and of its surplus for the year then ended;
- the financial statements have been properly prepared in accordance with FRS 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland*; and
- the financial statements have been properly prepared in accordance with the requirements of the Companies Act 2014.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (Ireland) (ISAs (Ireland)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Company in accordance with ethical requirements that are relevant to our audit of financial statements in Ireland, including the Ethical Standard issued by the Irish Auditing and Accounting Supervisory Authority (IAASA), and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the directors' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Company's ability to continue as a going concern for a period of at least twelve months from the date when the financial statements are authorised for issue.



Independent auditor's report to the members of Aiséirí Cahir Designated Activity Company *(continued)*

Report on the audit of the financial statements *(continued)*

Other information

The directors are responsible for the other information presented in the Annual Report together with the financial statements. The other information comprises the information included in the directors' report. The financial statements and our auditor's report thereon do not comprise part of the other information. Our opinion on the financial statements does not cover the other information and, accordingly, we do not express an audit opinion or, except as explicitly stated below, any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether, based on our financial statements audit work, the information therein is materially misstated or inconsistent with the financial statements or our audit knowledge. Based solely on that work we have not identified material misstatements in the other information.

Based solely on our work on the other information undertaken during the course of the audit, we report that:

- we have not identified material misstatements in the directors' report;
- in our opinion, the information given in the directors' report is consistent with the financial statements;
- in our opinion, the directors' report has been prepared in accordance with the Companies Act 2014.

Opinions on other matters prescribed by the Companies Act 2014

We have obtained all the information and explanations which we consider necessary for the purposes of our audit.

In our opinion the accounting records of the Company were sufficient to permit the financial statements to be readily and properly audited and the financial statements are in agreement with the accounting records.

Matters on which we are required to report by exception

The Companies Act 2014 requires us to report to you if, in our opinion, the disclosures of directors' remuneration and transactions required by Sections 305 to 312 of the Act are not made. We have nothing to report in this regard.



Independent auditor's report to the members of Aiséirí Cahir Designated Activity Company (*continued*)

Respective responsibilities and restrictions on use

Responsibilities of directors for the financial statements

As explained more fully in the directors' responsibilities statement set out on page 5, the directors are responsible for: the preparation of the financial statements including being satisfied that they give a true and fair view; such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error; assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern; and using the going concern basis of accounting unless they either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (Ireland) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A fuller description of our responsibilities is provided on IAASA's website at <http://www.iaasa.ie/Publications/Auditing-standards/International-Standards-on-Auditing-for-use-in-Ire/Description-of-the-auditor-s-responsibilities-for>.

The purpose of our audit work and to whom we owe our responsibilities

Our report is made solely to the Company's members, as a body, in accordance with Section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the Company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

C Byrne
for and on behalf of
KPMG
Chartered Accountants, Statutory Audit Firm
1 Stokes Place
St. Stephen's Green
Dublin 2

20 August 2021

Aiséirí Cahir Designated Activity Company

Income and expenditure account and other comprehensive income for the year ended 31 December 2020

	Note	2020 €	2019 €
Income	3	4,815,682	5,066,814
Expenses		(5,225,692)	(5,065,794)
		<hr/>	<hr/>
Net operating (deficit)/surplus		(410,010)	1,020
		<hr/>	<hr/>
Other income			
Government grants	4	443,657	-
		<hr/>	<hr/>
Total other income		-	-
		<hr/>	<hr/>
Surplus for the year		33,647	1,020
		<hr/> <hr/>	<hr/> <hr/>

There are no recognised gains or losses other than the surplus for the year and accordingly no statement of other comprehensive income is presented.

Aiséirí Cahir Designated Activity Company

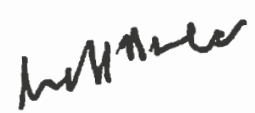
Balance sheet

as at 31 December 2020

	Note	2020 €	2019 €
Tangible assets	7	2,745,211	2,702,206
Current assets			
Stocks - consumables	8	16,895	21,336
Debtors	9	834,109	919,501
Cash at bank and in hand	10	451,765	7,987
		<u>1,302,769</u>	<u>948,824</u>
Creditors: amounts falling due within one year	11	(1,907,190)	(1,484,640)
Net current liabilities		<u>(604,421)</u>	<u>(535,817)</u>
Total assets less current liabilities		2,140,790	2,166,389
Creditors: amounts falling due after one year	12	(572,518)	(631,765)
Net assets		<u>1,568,272</u>	<u>1,534,625</u>
Financed by			
Share capital	15	2	2
Accumulated surplus		304,875	271,228
Capital contribution		1,263,395	1,263,395
Total accumulated funds		<u>1,568,272</u>	<u>1,534,625</u>

On behalf of the board


Thomas O'Dwyer
Director


Matthew Breen
Director

Aiséirí - Recovery from Addiction



Aiséirí/Aislín,
Ballyragget,
Co. Kilkenny.

Tel: 056-8833777

Email: info@aiseiri.ie
Website: www.aiseiri.ie

Aiséirí is a registered charity CHY20096

Aiséirí,
Roxborough,
Co. Wexford.

Tel: 053-9141818

Aiséirí,
Townspark,
Cahir,
Co. Tipperary.

Tel: 052-7441166

Aiséirí,
Ceim Eile,
The Priory, St. Saviours,
Ballybeg, Waterford City.

Tel: 051-370007